



# Identification of volatile organic compound as a novel modality for cervical cancer detection

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## Objective

In this study, we developed a novel detection strategy based on volatile organic compound (VOC) sensing. Persistent infection by human papillomavirus (HPV) may cause biological changes in the cervical epithelium, leading to VOC production.

## Methods

This study included 200 urine samples from cervical cancer patients and controls that were HPV-negative. Urine samples were collected and measured using a gas sensor array composed of a matrix of 10 sensors. For each analyzed sample, the instrument produced a vector signal encoding the VOC emitted from the urine (urine prints). The urine prints of cervical cancer patients were differentiated from those of healthy controls.

## Results

Identification of VOC for cervical cancer detection showed reliable accuracy (91% sensitivity, 85% specificity, and 89% accuracy).

## Conclusion

Our results demonstrated the applicability of VOC sensing for cervical cancer detection and its potential application in treatment monitoring.

**Keywords:** Artificial intelligence; Cancer screening test; Cervical cancer; Volatile organic compounds

## Introduction

Cervical cancer is the second most common malignancy in women and one of the leading causes of death, especially in developing countries. Its estimated incidence is 348,809 cases, with a mortality rate of approximately 60% (207,210 deaths) [1]. Cervical cancer-related deaths are expected to reach 12 million by 2030. Approximately 18,000 new cases of cervical cancer are reported annually in Indonesia, with a first-year mortality rate of 75%. The majority of newly diagnosed patients at an advanced stage at the time of diagnosis (70% of cases) and those with terminal cancer account for this death rate [2].

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Cervical cancer can be prevented and controlled by screening and human papillomavirus (HPV) vaccination. Effective screening programs, such as Papanicolaou smear, have significantly reduced cervical cancer rates in developed countries [3]. In South Korea, the incidence of cervical cancer is decreasing annually owing to screening and prophylactic vaccination [4]. Cervical cancer remains an extremely important disease in developing countries [5]. However, such programs are not widely available in developing nations. The World Health Organization (WHO) advocates for national programs that use visual inspection with acetic acid (VIA) examinations to detect and manage precancerous lesions, particularly in low-resource countries. Therefore, sexually active women with a positive VIA test result should undergo cryoablation [6]. Meta-analysis showed an VIA sensitivity of 49-98% and specificity of 75-91% [7].

Several undeveloped and developing countries have failed to meet the WHO recommendations for screening 80% of the targeted population for cervical cancer. There is an urgent need for a reliable and convenient detection method for volatile biomarkers of cervical cancer. Volatile organic compounds (VOCs) are present in biological matrices such as urine and blood under various conditions, including cancer [8]. Detection methods such as gas chromatography-mass spectrometry (GC-MS) and electronic noses have been developed. An electronic nose, which uses arrays of chemical sensors, employs artificial intelligence to differentiate and classify chemical vapor samples using multivariate statistical techniques [9].

Persistent HPV infection may cause biological changes in the cervical epithelium, leading to VOC production. In this study, we developed a novel strategy for detecting cervical cancer using VOC sensing. Subsequently, we aimed to quantitatively study volatile biomarkers in the urine samples of women with cervical cancer and healthy controls using an electronic nose.

## Materials and methods

This quantitative and experimental case-control study included 200 urine samples from HPV-negative patients. This study was conducted in Indonesia between May and July 2022. The eligibility criteria for the cervical cancer group were as follows: 1) patients with a histopathological diagnosis of

cervical cancer; 2) patients who had not undergone or were not undergoing any standard treatment, such as radiation therapy, concurrent chemoradiotherapy, or surgery; 3) patients who had not been cytologically diagnosed according to lesion type (Bethesda classification: low grade squamous intraepithelial lesion or high grade squamous intraepithelial lesion); and 4) patients who signed an informed consent form.

The eligibility criteria for the healthy control group were as follows: 1) women negative for HPV infection and 2) patients who signed an informed consent form. The exclusion criteria were as follows: 1) insufficient sample collection; 2) death during follow-up; and 3) comorbidities (liver disease, diabetes mellitus, hypercholesterolemia, and other malignancies). Our study included cervical cancer patients admitted to a tertiary university hospital. Control participants were recruited through cervical cancer screening programs at primary healthcare centers and underwent a thorough clinical assessment to evaluate potential risk factors, followed by a physical examination using visual inspection with acetic acid. This was complemented by an HPV DNA test to confirm the absence of HPV infection both clinically and at the molecular level. The collected samples reflected the clinical settings and study design. As inpatients, multiple urine samples were collected from cervical cancer participants at various time points during their hospital stay. This strategy was intended to capture temporal variations in urinary VOCs, potentially associated with disease progression, treatment response, and physiological changes. Healthy control participants were outpatients who provided only a single urine sample per individual, as their VOC profiles were presumed to be more stable over time. Samples from both groups were collected using standardized protocols to ensure consistency and reliability of VOC analysis.

Informed consent was obtained from all participants and the study was approved by the Medical and Health Research Ethics Committee. In accordance with the journal's guidelines, we will provide our data for independent analysis by a team selected by the editorial team for the purpose of additional data analysis or for the reproducibility of this study in other centers, if requested.

### 1. Sample collection

The patients' first-void and midstream urine samples were collected after an 8-hour fast at home. The samples were

collected in sterile polypropylene cups (60 mL) and transported to the laboratory at 4°C. The samples were analyzed in the same week as collection, and VOC fingerprints were measured using an electronic nose composed of 10 sensors. A cervical smear was obtained from healthy controls for HPV genotyping.

## 2. VOC determination in the urine samples

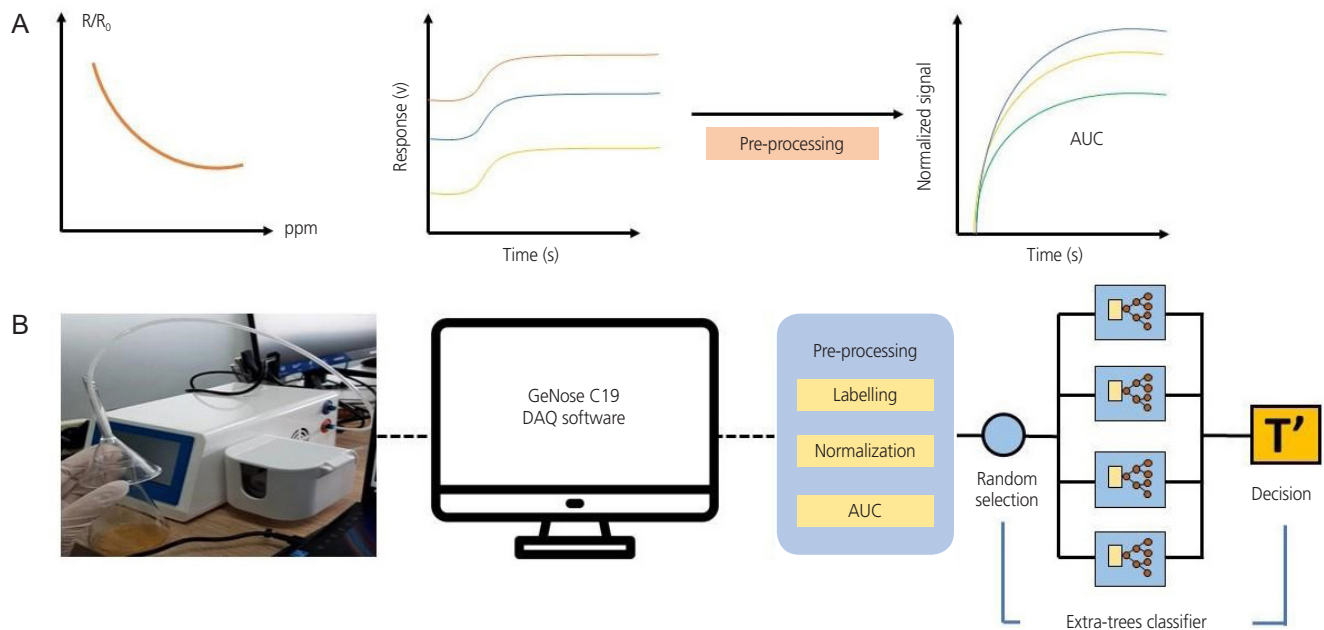
Urine (25 mL) was heated to 70°C for 5 minutes using a thermomagnetic stirrer. This produced a vector signal encoding the VOCs emitted from the urine. The VOC components in the urine samples from healthy controls were compared with those in the urine samples from cervical cancer patients, as determined by GC-MS. The VOCs in urine were detected using GeNose (Python, Amsterdam, Netherlands), which contains 10 chemical nanosensors that specify certain functional VOC groups present in the sample. Resistance changes across the array were captured as a digital pattern representative of the test smell. The overall response to a particular sample ("smell print") was specific to a stimulus. In a study

mentioned by Díaz de León-Martínez et al. [10], analysis for the detection of the VOC fingerprint in urine was performed using an electronic nose. The Shapley additive explanations (SHAP) summary plot visually ranks the sensors (S1-S10) based on their individual contributions to the model's predictive power.

The configuration of urine prints for cervical cancer is shown in Fig. 1. The sensor conductivity changes because of redox reactions between the active metal-oxide-semiconductor material and absorbed gas molecules. Real-time signal monitoring of VOC exposure on the sensor surface was performed using a data logging software (Python). The data were analyzed using the ExtraTreesClassifier (Python). A hybrid learning algorithm combining hierarchical agglomerative clustering and permutation feature importance enhances the GeNose performance (Python) and simultaneously reduces the required sensor number.

## 3. Statistical analysis

Descriptive statistics for the study groups were calculated us-



**Fig. 1.** Configuration of a portable e-nose for cervical cancer detection. (A) Output signal characteristics of chemoresistive metal-oxide-semiconductor (MOS) gas sensors. The sensor conductivity changes because of redox reactions between the active MOS material and adsorbed gas molecules. (B) The real-time signal monitoring regarding VOC exposure to the sensor surface is performed using data logging software (DAQ software [Python, Amsterdam, Netherlands]). Procedure to collect urine samples and process the data utilizing an extra-trees classifier. A hybrid learning algorithm combining hierarchical agglomerative clustering analysis and permutation feature importance method enhances the GeNose performance (Python) and simultaneously reduces the required sensor number. ppm, parts per million; AUC, area under the curve; C19, covid-19; VOC, volatile organic compounds.

ing SPSS version 24 (IBM, Armonk, NY, USA), and the means and standard deviations of the anthropometric parameters were recorded. Principal component analysis (PCA) was performed using a multivariate data cloud to differentiate the predefined groups. Different models were applied to overcome statistical bias. The two methods for preprocessing the data were feature extraction for maximum different values and standardization for the scale data. We used model selection data via train-test splits and classification using XGBoost (Python). This analysis identified correlations among the included variables.

Linear discriminant analysis (LDA) is a supervised method that leverages class labels to identify the linear combination of features that best differentiates between classes. To verify the findings and conduct a more complex classification analysis, an XGBoost model (Python) was employed to differentiate between the negative and positive classes. By leveraging the insights gained from PCA and LDA, the XGBoost model

(Python) effectively learned intricate patterns and optimized the classification accuracy. This approach ensured a comprehensive and rigorous analysis, leading to a more robust and reliable classification model for distinguishing between the two classes. The performance of the XGBoost model (Python) was further evaluated using a separate testing dataset to assess its generalizability.

## Result

We obtained 95 urine samples from healthy controls and 235 urine samples from cervical cancer patients. The age of the study participants ranged from 20 years to 58 years, as shown in Table 1.

The data were projected onto the first two principal components (PC1 and PC2) to capture the differences among the groups from the PCA plot and the most salient variance within the dataset (Fig. 2). PC1 accounted for 76.83% of the observed variance, while PC2 accounted for 9.22% of the observed variance. This revealed a degree of overlap, suggesting that PCA may not optimally differentiate between these classes. However, a clear separation between the “negative” and “positive” classes was evident along linear discriminant 1 (LD1).

The performance of the XGBoost model (Python) on the training data describes key metrics such as precision, recall, and F1-score for each class, as well as the overall accuracy and weighted averages. The model achieved high precision and recall for both classes, as listed in Table 2.

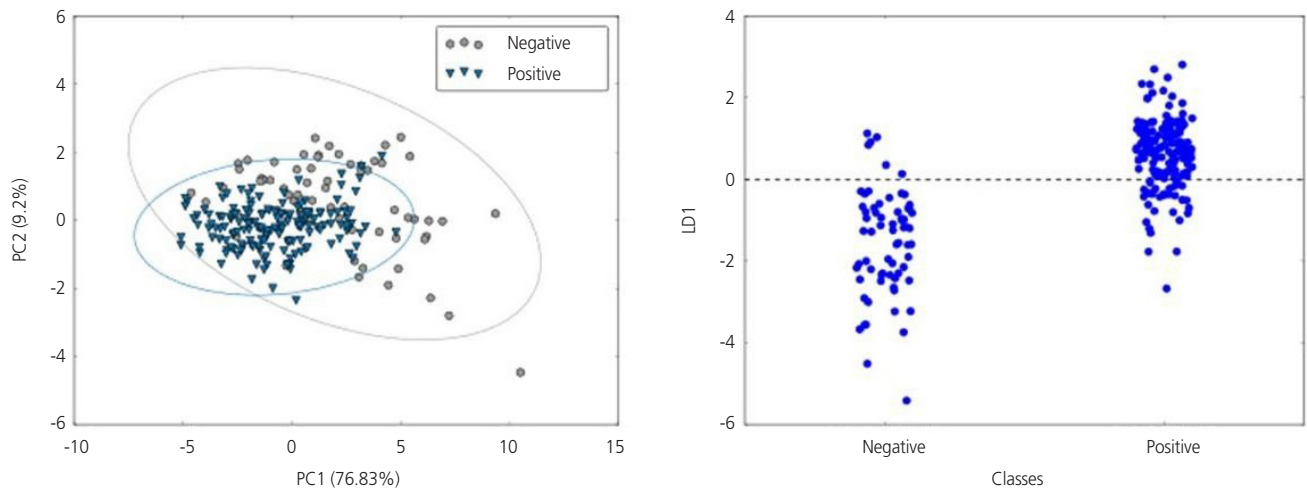
The model maintained a high level of performance and achieved an overall accuracy of 0.89. The results indicated that the model is effectively generalizable, demonstrating its robustness and reliability in real-world scenarios. Although the precision and recall for the “negative” class using the test data were slightly lower than those using the training data, they remained respectable, indicating that the model can still effectively identify the majority of negative instances. The continued strong performance for the “positive” class further emphasizes the model’s ability to accurately classify positive instances.

Fig. 3A, B show the GC-MS analysis of two samples from the healthy group, which revealed that carbon monoxide and nitrogen compounds were the predominant components detected at a retention time of two seconds. Fig. 3C, D show

**Table 1.** Clinical parameters of the study groups

Parameter	Healthy controls	CC patients	P-value
Samples	20	20	
Age (yr)	48.5±1.6	37.0±1.6	0.28
Weight (kg)	60.2±13.3	59.95±12.9	0.306
Height (cm)	1.55±0.05	1.55±0.05	0.71
BMI (kg/m <sup>2</sup> )	23.19±2.7	25.3±3.25	0.265
Urine samples	95	235	
Parity	2	3	0.447
Comorbid			1
Yes	0 (0.0)	0 (0.0)	
No	20 (100.0)	20 (100.0)	
Histopathology			
SCC		14 (70.0)	
Non-SCC		6 (30.0)	
Grade			
I		2 (10.0)	
II		6 (30.0)	
III		12 (60.0)	
Stage			
IA-IIA		11 (55.0)	
IIB-IV		9 (45.0)	

Values are presented as mean±standard deviation or number (%). CC, cervical cancer; BMI, body mass index; SCC, squamous cell cancer.



**Fig. 2.** Principal component analysis and linear discriminant analysis. PC, principal component; LD1, near discriminant 1.

**Table 2.** Performance of the XGBoost model (Python, Amsterdam, Netherlands) was further evaluated on a separate testing dataset, providing a crucial assessment of its generalization ability

	Precision	Recall	F1-score	Support
Negative	0.79	0.85	0.81	13
Positive	0.94	0.91	0.92	33
Accuracy			0.89	46
Macro avg	0.86	0.88	0.87	46
Weighted avg	0.89	0.89	0.89	46

the components identified in two samples obtained from the asymptomatic individuals. GC-MS identified carbon monoxide, nitrogen, and nickel tetracarbonyl in the first, second, and third hits, respectively.

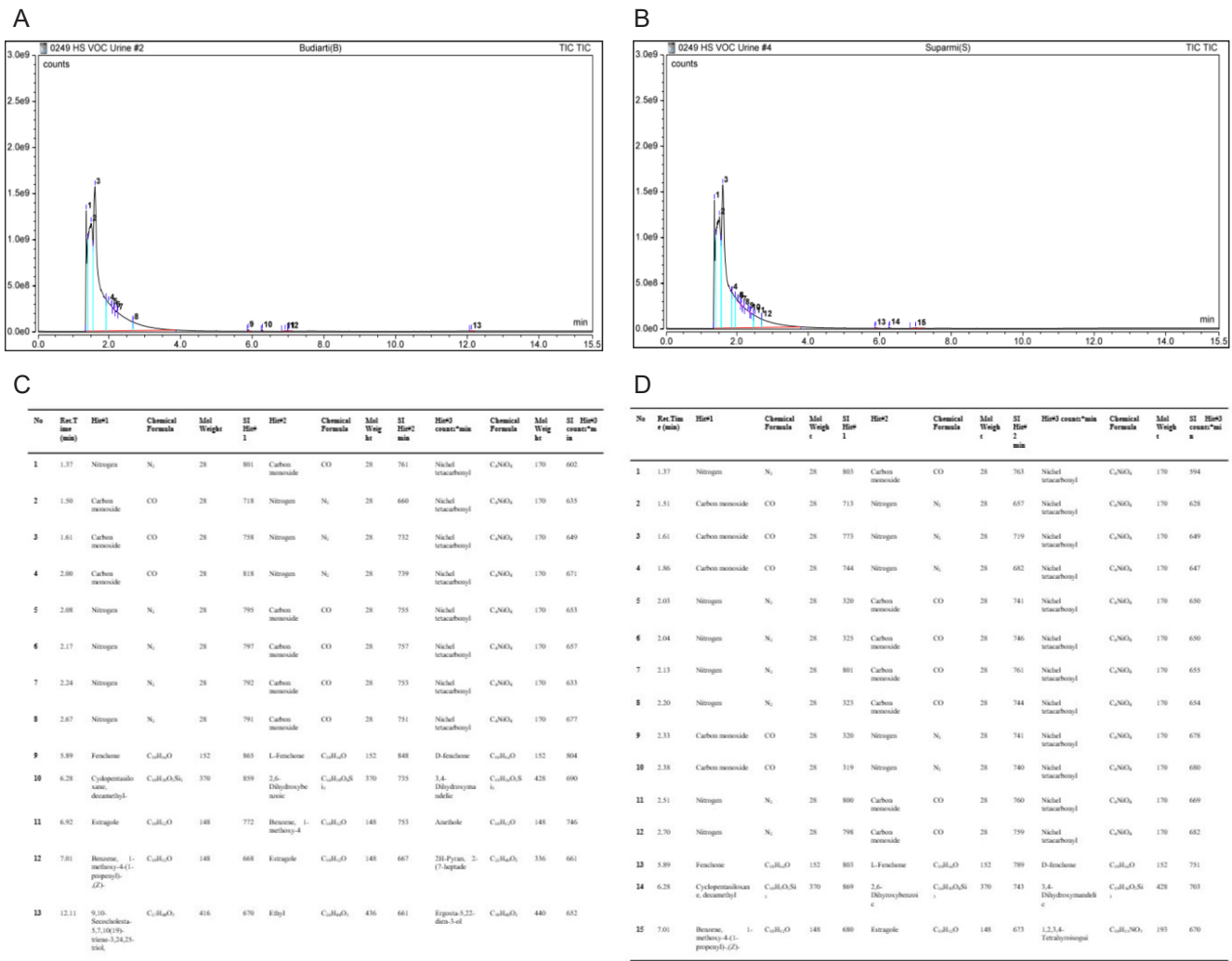
The GC-MS analysis of two samples from cervical cancer patients revealed the presence of carbon monoxide, nitrogen, and nickel tetracarbonyl over a retention period of two seconds (Fig. 4A, B). Table 3 summarises identical and varying VOCs between groups. The GC-MS analysis of urine samples from two other patients diagnosed with cervical cancer revealed the presence of carbon monoxide, nitrogen, and trisilaxane (Fig. 4C, D). Comprehensive overview of global feature importance in the XGBoost model (Python) to validate the LDA results. The SHAP plot revealed the dominance of sensors S3, S2, and S10. Conversely, sensors S4 and S6 demonstrated relatively low SHAP values, implying a less significant role in the decision-making process of the model.

Fig. 5A, which consists of 5X, shows the force plot of the impact of individual sensors on the XGBoost model's (Python)

prediction and Fig. 5 presents a compelling visualization of the complex interplay between individual sensor responses and the XGBoost model's (Python) prediction for both negative and positive classes. Fig. 5 shows that S1 exerted a strong negative influence, pushing the prediction to be significantly lower. Conversely, sensors S3 and S2 counteracted this effect, driving the prediction toward the positive class. Despite their opposing influences, the combined effect of all the sensors resulted in a final prediction ( $f(x)=-1.56$ ), which remained within the negative range.

The bottom plot, representing a positive sample, reveals a different pattern of sensor contributions. Sensor S10 was the primary driver of positive classification and exerted a strong positive influence. S2 also contributed positively, albeit to a lesser extent. In addition, S3 exerted a slightly positive influence. This contrasting behavior highlights the complex relationships between the sensor responses and sample classification.

Additionally, Fig. 5B, using boxplot analysis, further highlights these findings by providing the distribution and variability of the sensor responses, aiding in the identification of sensors with higher discriminatory power. The boxplot distribution of the sensor responses for the positive and negative samples illustrates the maximum response increase from the baseline for each sensor (S1-S10) in the electronic nose array. This analysis displays the range and variability of the maximum response increase for each sensor. By comparing the positive and negative samples, distinct patterns emerged across the different sensors. Notably, sensors S2, S3, and S10



**Fig. 3.** GC-MS analysis comparing two samples from healthy patients. (A, B) The gas chromatography-mass spectrometry (GCMS) analysis of two samples from healthy patients revealed that carbon monoxide and nitrogen compounds were the predominant components detected at a retention duration of two seconds. (C, D) Components were identified in two urine samples obtained from asymptomatic individuals. The GCMS analysis detected the following compounds: carbon monoxide, nitrogen, trisilaxane, 3 acetocy-p-methan-1-ol, nickel tetracarbonyl, fenchone, cyclopentasiloxane, and dematehyl. The chemical compound is (Z)-1-methoxy-4-(1-propenyl) benzene, also known as estragole, with the molecular formula C<sub>10</sub>H<sub>12</sub>O. The compound-triene-3,24,25-triol was identified first, followed by the compounds carbon monoxide, nitrogen, ethyl iso-alcoholate, 2,6-dihydroxybenzoic acid, benzene, 1-methoxy-4-(1-propenyl)-, L-fenchone, and estragole in the second hit. Finally, nickel tetracarbonyl, D-fenchone, 3,4-dihydroxymandelic acid, 1,2,3,4-tetrahydroisoquinone, anethole, 2H-pyran, and ergosta were identified in the third hit. GC-MS analysis comparing two samples from healthy patients. HS, head space gas chromatography; VOC, volatile organic compound; TIC, total ion chromatogram; GC-MS, gas chromatography-mass spectrometry.

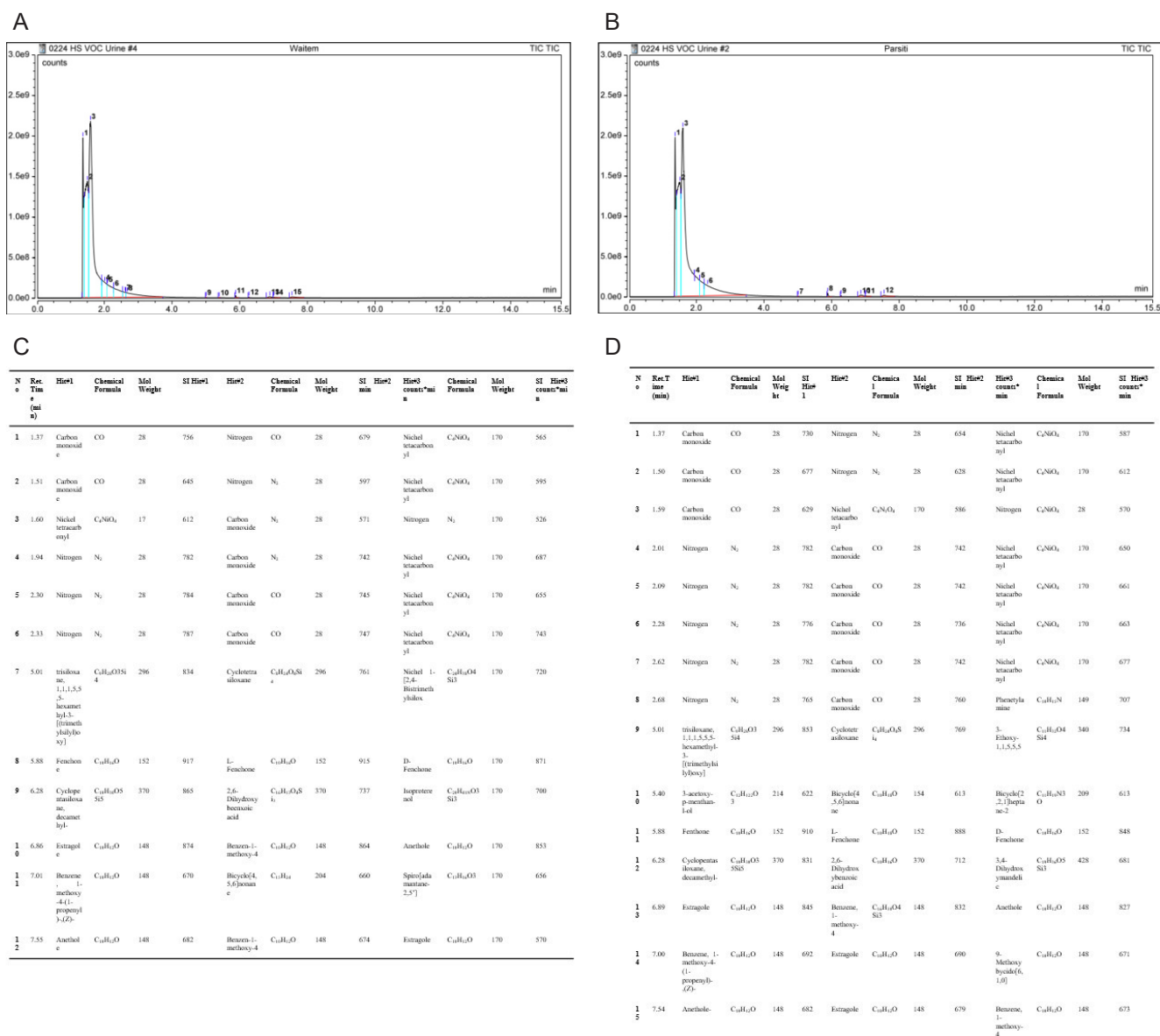
exhibited a clear separation between the median responses of the positive and negative samples. Conversely, sensors S4, S5, and S6 showed substantial overlap in their interquartile ranges, indicating a lower discriminatory power.

The presence of outliers, depicted as individual points beyond whiskers, highlighted the variability within each sample group. Furthermore, the varying lengths of the boxes and

whiskers across different sensors emphasized the differences in the dynamic ranges and sensitivities of the sensors.

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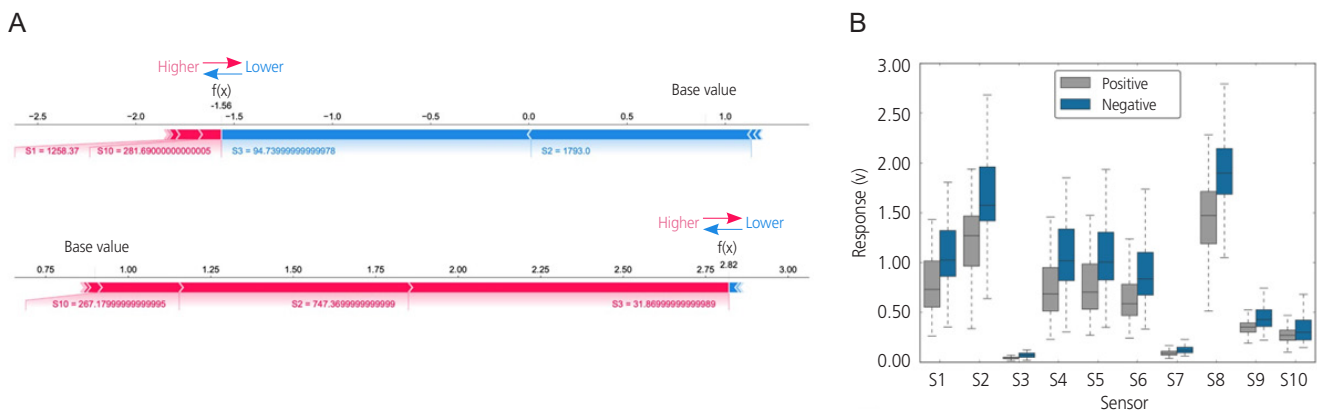


**Fig. 4.** GC-MS analysis of cervical cancer patients. (A, B) Analysis of two samples from cervical cancer patients revealed a prominent presence of carbon monoxide, nitrogen, and nickel tetracarbonyl components over a retention time of two seconds, as indicated by the GCMS pattern. (C, D) The GCMS analysis detected the following compounds: carbon monoxide, nitrogen, trisiloxane, 3 acetocy-p-methan-1-ol, nickel tetracarbonyl, fenchone, cyclopentasiloxane, and dematehyl-. The following compounds were identified in the first hit: estragole, benzene, 1-methoxy-4-(1-propenyl)-, (Z)-, and anethole. Additionally, carbon monoxide compounds, nitrogen, cyclo tetrasiloxane, 3 acetocy-p-methan-1-ol, nickel tetracarbonyl, bicydo (2,2,1) heptan-2-OH, 2,6-dihydroxybenzoic acid, benzene, 1-methoxy-4-(1-propenyl)-, and L-fenchone were also detected. The following compounds were identified in the second hit: estragole, nickel tetracarbonyl, nitrogen, phenethylamine, 3-ethoxy-1,1,1,5,5,5-hexane, bicyclo (2,2,1) heptan-2-OH, D-fenchone, 3,4-dihydroxymandelic acid, anethole, 9-methoxybicyclo, benzene, 1-methoxy-4-(1-propenyl), and 1-(2,4-bis(trimethylsilyloxy)-). Additionally, isoproterenol and spiro were identified in the third hit. HS, head space gas chromatography; VOC, volatile organic compound; GC-MS, gas chromatography-mass spectrometry; GCMS, gas chromatography-mass spectrometry.

**Table 3.** VOC urine components in healthy patients vs. cervical cancer patients

No	Identical elements	Varying elements
1	Carbon monoxide	9-methoxybicydo
2	Nitrogen	Phenethylamine
3	Fenchone	9,10-secocholesta-5,7,10(19)-triene-3,24,25-triol
4	Estragole	Ethyl iso-alocholate
5	Benzene, 1-methoxy-4-(1-propenyl)-, (Z)	3-ethoxy-1,1,1,5,5,5-hexane
6	Nickel tetracarbonyl	1-(2,4,-bis(trimethylsiloxane)
7	Anethole	1,2,3,4-tetrahydroisoquinone
8	Trisilaxane, 3 asetocy-p-methan-1-ol	2H-pyran
9	Cyclopentasiloxane, dematehyl	Ergosta
10	2,6-dihydroxibenzoic acid	Isoproterenol
11	Bicydo (2,2,1) heptan-2-OH	Spiro
12	3,4-dihydroxymandelic acid	

VOC, volatile organic compound.



**Fig. 5.** (A) SHAP force plot showing the impact of individual sensors on the XGBoost model's (Python, Amsterdam, Netherlands) prediction. Red/blue features push the prediction higher/lower (towards positive/negative classification). The top plot shows a negative sample, the bottom a positive sample. The base value is the average prediction.  $f(x)$  is the model's prediction for that sample. (B) Boxplot distribution of sensor responses for positive and negative samples. The plot displays the maximum response increase from the baseline for each sensor (S1-S10) in the electronic nose array. The grey boxes represent positive samples, while the blue boxes represent negative samples. The central line within each box indicates the median response, the box edges represent the interquartile range (IQR), and the whiskers extend to 1.5 times the IQR. Outliers beyond this range are plotted individually. SHAP, shapley additive explanations.

## Discussion

### 1. Summary of the main results

Our results indicate the applicability of VOC sensing for cervical cancer detection, as well as its potential application in treatment monitoring. In this study, an electronic nose was used to evaluate the impact of 10 sensors on the separation of patients into groups and the differences in VOCs between the control and cervical cancer groups. Urinary metabolites are the end products of a wide variety of metabolic activities

and are used to diagnose various illnesses.

We highlighted the performance of PC1 and LD1 to discriminate positive and negative instances. Hereby, the XGBOOST system (Python) finalized all the results and validate the results coming from LD1 and PC1. This robust performance demonstrated the model's generalizability and accurate differentiation of the negative and positive classes in real-world applications. The XGBoost model (Python) effectively differentiated between the negative and positive classes, with the highest mean absolute SHAP values ob-

tained from the sensors. These sensors capture critical chemical information and provide valuable insights into the overall performance of the electronic nose system. For instance, it may inform sensor selection and optimization strategies to enhance the sensitivity and specificity of the electronic nose for target applications. By identifying intricate relationships, the SHAP force plots provide valuable insights for interpreting model predictions and understanding the underlying mechanisms driving sample classification. This analysis can guide future studies and development efforts by informing sensor selection and optimization strategies to enhance the sensitivity and specificity of the electronic nose for target applications.

The non-invasive nature of the test also contributes to the high acceptability of HPV testing among females. The WHO proposed that the development of screening methodologies for HPV-associated cervical cancer should focus on these aspects because cost-effective screening tests are crucial for boosting programs. Thus, our exploratory study is relevant because of its ease of analysis, accessibility to cervical cancer screening, and non-invasive method of sample collection.

## 2. Results in the context of the published literature

In a study by Rajasekaran et al. [11], in which steady-state and time-resolved fluorescence spectroscopy was used, cervical cancer patients (n=60) could not be differentiated from healthy controls (n=60) by evaluating the biomarkers indoxyl sulfate, neopterin, and riboflavin. The rate of correct classification was 96.4% [11]. Furthermore, they demonstrated low specificity of the discovered compounds, which have been associated with various diseases. For example, indoxyl sulfate is a biomarker of kidney disease. Changes in urine metabolic patterns may be associated with changes in the vaginal microbiota due to HPV infection, which releases VOCs into the urine. This explains the differences in urine samples between women with HPV and women who are controls.

In the present study, the sensitivity and specificity of the tools for detecting cervical cancer using the VOC assay were 91% and 85%, respectively. A previous study from Portugal demonstrated that VOCs exhibit a high sensitivity (89%) and specificity (83%) for prostate cancer detection [12]. A study from the USA Gao et al. [13] demonstrated that urinary VOCs exhibit a sensitivity and specificity of 87% and 77%, respectively, for prostate cancer detection. Díaz de León-Martínez et al. [10] evaluated the global chemical pattern of

VOCs in urine for the detection of cervical cancer. The sensitivity and specificity of the test in their study were 91.6% (range, 61.5-99.7%) and 100% (range, 73.5-100%), respectively [10].

Elia et al. [14] conducted a study using a GC-MS approach to identify certain VOCs in urine for the detection of HPV and cervical cancer. The study included 17 patients with cervical intraepithelial neoplasia one and nine healthy women. The detected VOCs differed between the two groups. These substances were consistent with those identified in the present study (ethanol, hexane, isobutane, and methane). Analysis of the 10 sensors in our study revealed distinct patterns between the healthy and cervical cancer groups. Specifically, sensors S3, S2, and S10 exhibited a tendency to have a positive predictive impact. Furthermore, S5 had the greatest impact on the prediction of the post-therapy data. However, sensor S3 had the greatest impact on predicting pre-therapy data. The metabolites shared between the two groups were ethanol, hydrogen, isobutane, and methane.

## 3. Strengths and weaknesses

This study represents a preliminary investigation of the utilization of electronic nose technology in Indonesia to demonstrate the potential of urinary VOCs as biomarkers for the detection of cervical cancer. The sensitivity of this method can be used to differentiate VOC patterns between cervical cancer patients and healthy controls. This analysis is rapid, cost-effective, and non-invasive. Furthermore, urine samples exhibit high potential for identifying biomarkers indicative of physiological conditions and generating high concentrations of VOCs that can serve as biomarkers for other cancers.

A limitation of this study was the small sample size and inability to compare the sensitivity and specificity of the test against standard benchmarks. Thus, future studies should include an expanded study population and post-therapy patients should be validated via routine cytological examinations or HPV testing.

## 4. Implications for practice and future studies

The identification of VOCs as a novel modality for cervical cancer detection holds significant promise in clinical practice and future studies. The integration of VOC analysis could enhance the sensitivity and specificity of cervical cancer screening, potentially leading to earlier detection and improved patient outcomes. This non-invasive approach presents sig-

nificant potential advantages, especially in resource-limited settings where screening methods are less accessible.

## Conflicts of interest

The authors declare no conflicts of interest.

## Ethical approval

This study was approved by the Medical and Health Research Ethics Committee of the Faculty of Medicine, Public Health, and Nursing (reference number: KE/FK/0509/EC/2022).

## Patient consent

Prior to participation, the patient received a detailed explanation of the study's objectives, procedures, potential risks, and benefits. The patient was given the opportunity to ask questions and subsequently provided written informed consent. By signing the consent form, the patient confirmed voluntary participation as a subject in this research.

## Funding information

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