종양 영상에서 PET/CT의 바른 이용

The Proper Use of PET/CT in Tumoring Imaging

134

Mijin Yun, M.D. • Jong Doo Lee, M.D.

Department of Radiology / Division of Nuclear Medicine

Yonsei University College of Medicine, Severance Hospital

E - mail : yunmijin@yumc.yonsei.ac.kr

Abstract

TET using FDG has been proposed as a functional whole body imaging modality that images various types of malignancies with relatively high sensitivity and specificity in a reasonably short time. It depicts a lesion based on abnormal glucose metabolism whereas CT as a high - resolution anatomical imaging detects malignant process mostly based on altered anatomy. PETYCT combines the advantages of PET and CT, and has a great value in early detection of disease, accurate staging or restaging, early assessment of treatment response, decision on therapeutic plans, and rapid localization of recurrence. Exact anatomical localization of a lesion with increased FDG uptake by CT is considered to be the most important factor that improves the diagnostic accuracy of PET/CT. So far, limited studies have been reported using PETYCT in comparison with PET only and mainly proved additional value of PET/CT in malignant tumors in which conventional PET already had advantages over anatomical imaging. PET/CT appears to have a promising role in the field of radiotherapy planning. Another potential of PET/CT would be in the evaluation of tumors with low FDG uptake by way of CT or new PET tracers. PET/CT is in the stage of its early infancy and further studies remain to be performed to establish applications of PET/CT in clinical oncology. In this review, we will discuss the principle of PET, the background of the emergency of PET/CT, advantages, pitfalls, and debates of PET/CT along with clinical applications and future perspectives of thereof.

Keywords: PET/CT; CT; PET; FDG

; ;

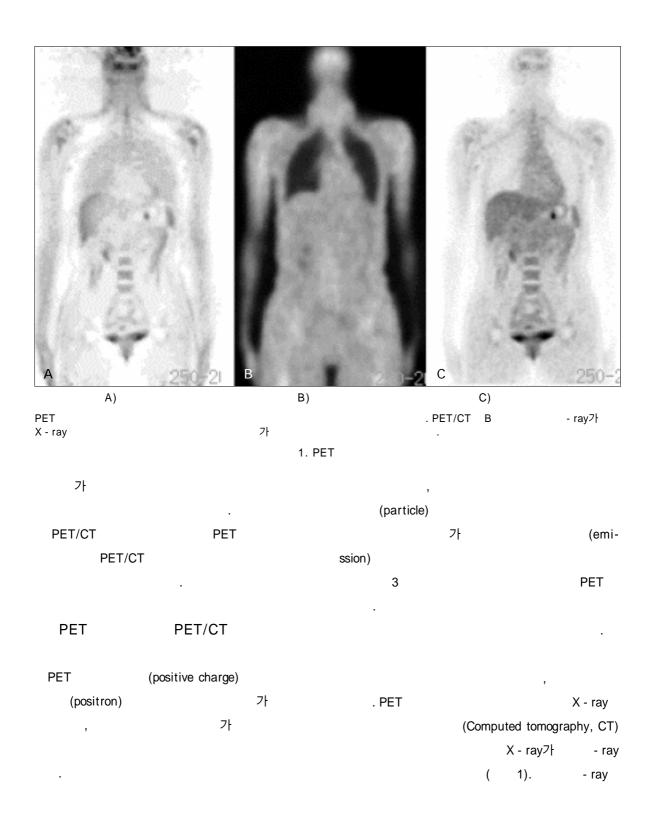
가

가

Positron

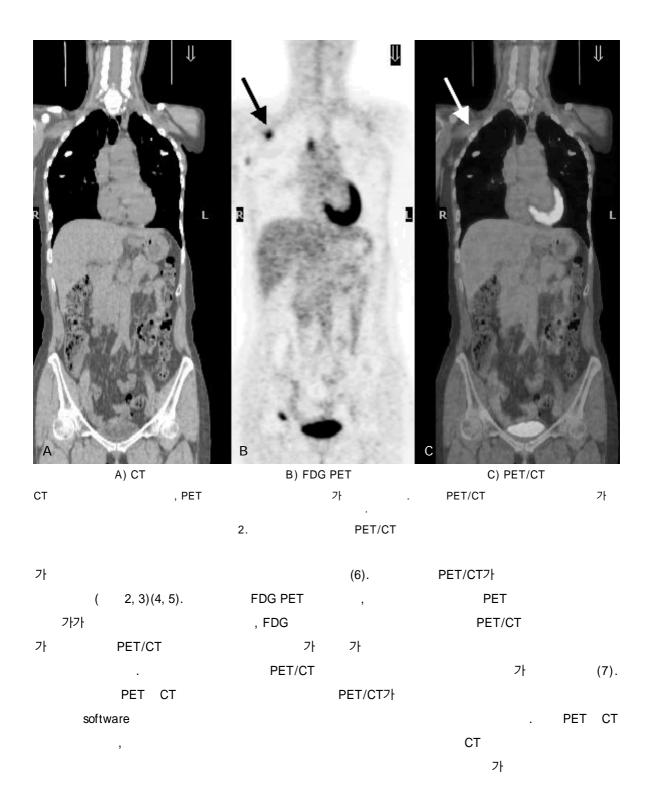
Emission Tomography(PET,

)

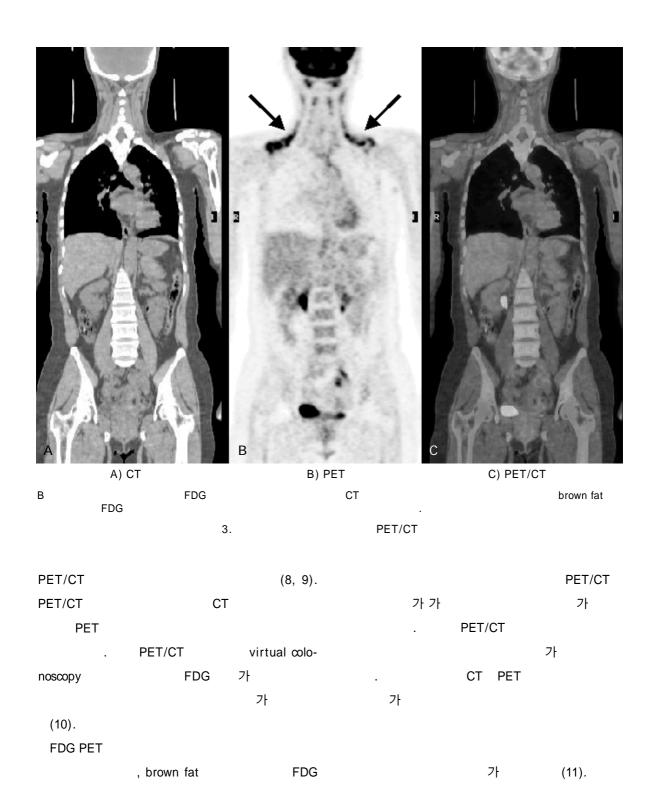


864

가 가 PET FDG PET X - ray (2). 가 X - ray CT PET 1999 University of Pittsburgh PET/CT (1). PET/CT CT 가 가 (3). PET 가 . PET/CT PET 가 - ray CT가 20 30 X - ray CT 1 CT 가 가 PET 10 가 가 1 10 가 가 FDG PET PET F - 18 fluorodeoxy-FDG glucose(FDG) PET 가 . FDG (molecule of century) 가 (transporter) PET/CT 가 PET/CT가 . FDG가 PET 가 Т FDG FDG 1930 Warburg



866 PET/CT



```
가
            СТ
                                      , 가
                                               PET/CT가
                                                               (4).
                                         가
PET/CT
              CT
                                                             가가
                 가
                                     CT
              CT
                   PET
                                                PET
                                                         PET/CT
                        CT가 PET/CT
                          가
                                                            PET PET/CT
        가
               (12).
                         СТ
                                                       (6, 10, 13, 14).
                                                 FDG
                                                        가
                                                           PET
                                가,
                                СТ
                                     PET/CT
                                           가
                                                        가
                                                             가 .
         FDG가
                                     FDG
                                           가
                                                 PET CT
                                               PET/CT
                                                             FDG PET
                                                 PET/CT
CT
                           (12).
                                                                 FDG PET
                           FDG
            가
                   가
                                                                   FDG
                            CT
                                      가
                                                                     가
                                                             가
                                                          FDG PET
                       가
                                                             FDG
                            가
                                        40~50%
FDG 가
   CT가
                                                               가
        PET/CT
                                     (15). , Edmonson Steiner
                                                              grade I
                                     grade II
                                                   FDG 가
                                                               grade III
PET/CT
                                     grade IV가
                                                     FDG
                                                                가
      PET
                                     FDG PET
    PET
                         PET/CT
                                     FDG PET
```

868 PET/CT

(19).FDG 가 PET/CT PET CT (16). FDG PET peripheral type hilar type 가 FDG PET CT 가 lipiodol . Peripheral type hilar type (17). FDG 가 . FDG PET 가 C - 11 acetate Но FDG peripheral type , hilar FDG C-11 acetate type FDG (15). C - 11acetate cyclotron 가 , hilar type 가 C - 11 acetate (20, 21). 가 F - 18 fluoroacetate . FDG PET FDG (22).peripheral type FDG PET FDG . Kinkel meta - analysis 가 (23).FDG PET , CT, MR FDG 가 가 가 (18). FDG PET 가 FDG PET FDG 가 가 (22). FDG 가

869

가 가 PET/CT CT가 CT가 **TNM** PET 가 PET **PET** 가 PET/CT **FDG PET** 가 가 **FDG** 가 FDG 가 .00 가 PET/CT 가 가

> . PET system F - 18, C - 11, N - 13, O - 15

가 . C - 11 F - 18 choline, acetate, thymidine, , PET/CT

.
PET PET/CT

. FDG PET

- Kinahan PE, Townsend DW, Beyer T, Sashin D. Attenuation correction for a combined 3D PET/CT scanner. Med Phys 1998; 25: 2046 - 53
- 2. Warburg O, Wind F, Negleis E. On the metabolism of tumors in the body. The metabolism of tumours, 1930 : 254 70
- 3. Mac Manus M, Hicks R, Ball D, Kalff V, Matthews J, McKenzie A, et al. F 18 fluorodeoxyglucose positron emission tomography staging in radical radiotherapy candidates with nonsmall cell lung carcinoma: powerful correlation with survival and high impact on treatment. Cancer 2001; 92:886-95
- 4. Schoder H, Erdi YE, Larson SM, Yeung HW. PET/CT : a new imaging technology in nuclear medicine. Eur J Nucl Med Mol Imaging 2003 ; 30 : 1419 - 37
- Cohade C, Osman M, Pannu HK, Wahl RL. Uptake in supraclavicular area fat ("USA - Fat"): description on 18F - FDG PET/CT. J Nucl Med 2003; 44:170-6
- 6. Lardinois D, Weder W, Hany TF, Kamel EM, Korom S, Steinert HC, et al. Staging of non - small - cell lung cancer with integrated positron - emission tomography and computed tomo-

870

- graphy. N Engl J Med 2003; 348: 2500 7
- Czernin J. Summary of Selected PET/CT Abstracts from the 2003 Society of Nuclear Medicine Annual Meeting. J Nucl Med 2004: 45: S102 - 3
- Ciernik IF, Dizendorf E, Baumert BG, Reiner B, Burger C, Von Schulthess GK, et al. Radiation treatment planning with an integrated positron emission and computer tomography (PET/CT): a feasibility study. Int J Radiat Oncol Biol Phys 2003; 57: 853 - 63
- 9. Esthappan J, Mutic S, Malyapa RS, Grigsby PW, Zoberi I, Low DA, et al. Treatment planning guidelines regarding the use of CT/PET guided IMRT for cervical carcinoma with positive paraaortic lymph nodes. Int J Radiat Oncol Biol Phys 2004; 58: 1289 97
- Schoder H, Larson SM, Yeung HW. PET/CT in oncology: integration into clinical management of lymphoma, melanoma, and gastrointestinal malignancies. J Nucl Med 2004; 45 (Suppl 1): S72 81
- 11. Cook GJ, Wegner EA, Fogelman I. Pitfalls and artifacts in FDG PET and PET/CT oncologic imaging. Semin Nucl Med 2004; 34:122-33
- 12. Antoch G, Freudenberg LS, Beyer T, Bockisch A, Debatin JF. To enhance or not to enhance? 18F - FDG and CT contrast agents in dual - modality 18F - FDG PET/CT. J Nucl Med 2004; 45 (Suppl 1): S56 - 65
- Schoder H, Yeung HW, Gonen M, Kraus D, Larson SM. Head and Neck Cancer: Clinical Usefulness and Accuracy of PET/CT Image Fusion. Radiology 2004; 231: 65-72
- 14. Wahl RL. Why nearly all PET of abdominal and pelvic cancers will be performed as PET/CT. J Nucl Med 2004; 45 (Suppl 1): S82 - 95
- 15. Ho C, Yu S, Yeung D. 11C acetate PET imaging in hepatocellular carcinoma and other liver masses. J Nucl Med 2003; 44: 213 - 21

- 16. Shiomi S, Nishiguchi S, Ishizu H, Iwata Y, Sasaki N, Ochi H, et al. Usefulness of positron emission tomography with fluorine-18 fluorodeoxyglucose for predicting outcome in patients with hepatocellular carcinoma. Am J Gastroenterol 2001; 96: 1877 80
- 17. Torizuka T, Tamaki N, Inokuma T, Magata Y, Yonekura Y, Konishi J, et al. Value of fluorine - 18 - FDG - PET to monitor hepatocellular carcinoma after interventional therapy. J Nucl Med 1994: 35: 1965 - 9
- 18. Kinkel K, Lu Y, Both M, Warren RS, Thoeni RF. Detection of hepatic metastases from cancers of the gastrointestinal tract by using noninvasive imaging methods(US, CT, MR imaging, PET): a meta - analysis. Radiology 2002; 224: 748-56
- Donckier V, Van Laethem JL, Goldman S, Van Gansbeke D, Feron P, Gelin M, et al. [F - 18] fluorodeoxyglucose positron emission tomography as a tool for early recognition of incomplete tumor destruction after radiofrequency ablation for liver metastases. J Surg Oncol 2003; 84: 215 - 23
- 20. Kato T, Tsukamoto E, Kuge Y, Katoh C, Nambu T, Tamaki N, et al. Clinical role of (18)F FDG PET for initial staging of patients with extrahepatic bile duct cancer. Eur J Nucl Med Mol Imaging 2002; 29: 1047 54
- 21. Kluge R, Schmidt F, Caca K, Barthel H, Hesse S, Berr F, et al. Positron emission tomography with [(18)F]fluoro - 2 - deoxy -D - glucose for diagnosis and staging of bile duct cancer. Hepatology 2001; 33: 1029 - 35
- 22. Fritscher Ravens A, Bohuslavizki KH, Broering DC, Jenicke L, Schafer H, Clausen M, et al. FDG PET in the diagnosis of hilar cholangiocarcinoma. Nucl Med Commun 2001; 22:1277-85
- 23. Kim YJ, Yun M, Lee WJ, Kim KS, Lee JD. Usefulness of 18F - FDG PET in intrahepatic cholangiocarcinoma. Eur J Nucl Med Mol Imaging 2003; 30: 1467 - 72