

Supplementary Table 2. The questionnaires for patient's compliance with treatments (n = 42)

| Compliance of treatments | Visit 2 (1st week) | | Visit 3 (2nd week) | | Visit 4 (4th week) | |
|------------------------------------|--------------------|------------------|--------------------|------------------|--------------------|------------------|
| | Anal care (n = 22) | Control (n = 20) | Anal care (n = 22) | Control (n = 20) | Anal care (n = 22) | Control (n = 20) |
| Q1. Taking the medicine | 99.1 | 95.0 | 99.1 | 97.0 | 95.2 | 87.0 |
| Q2. Taking pain killer for pain | 45.5 | 58.0 | 44.6 | 47.0 | 41.0 | 44.0 |
| Q3. Proper dietary management | 77.3 | 84.0 | 79.1 | 78.0 | 78.2 | 75.0 |
| Q4. Continuation of self-anal care | 81.0 | 79.0 | 78.1 | 83.0 | 72.7 | 75.0 |
| Only anal care group | Visit 2 (1st week) | | Visit 3 (2nd week) | | Visit 4 (4th week) | |
| Q5. Using anal skin protectants | 72.7 | | 75.4 | | 72.7 | |
| | | | | | | P-value |
| | | | | | | 0.008 |
| | | | | | | 0.287 |
| | | | | | | 0.747 |
| | | | | | | 0.716 |
| | | | | | | P-value |
| | | | | | | 0.589 |

The result shows the mean of the Likert scale score converted to score of 100.