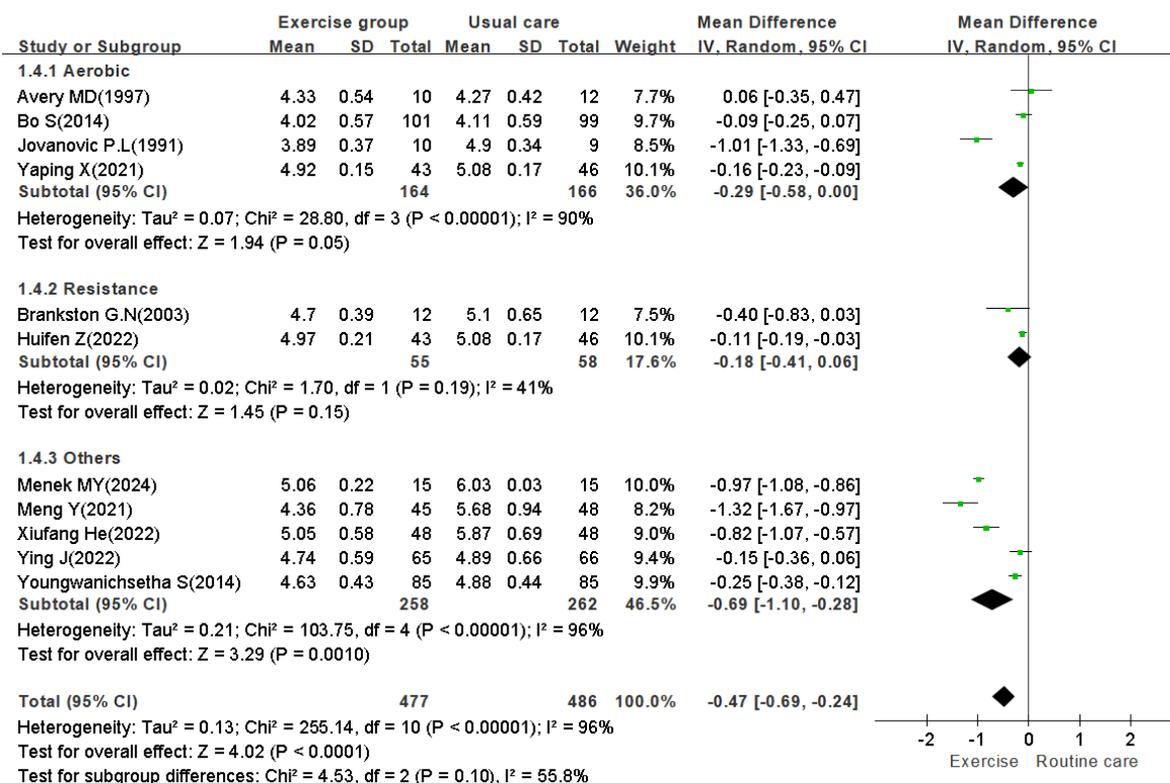


1.4 FBS(type)



Supplementary Figure 4. Forest plot of the effect of exercise type for fasting blood sugar.