



Study	Risk of bias domains					Overall
	D1	D2	D3	D4	D5	
Menek MY (2024)	-	+	+	+	+	-
He Y (2024)	-	-	X	+	+	X
Huifen Z (2022)	+	+	+	+	+	+
Xiufang He (2022)	+	+	+	+	+	+
Ying J (2022)	+	+	+	+	+	+
Yaping X (2021)	+	+	+	+	+	+
Meng Y (2021)	-	+	+	+	-	-
Bo S (2014)	-	+	+	+	+	-
Halse RE (2014)	+	+	-	+	+	-
Youngwanichsetha S (2014)	+	+	+	+	+	+
de Barros MC (2010)	+	+	+	+	+	+
Brankston GN (2004)	+	+	+	+	+	+
Avery MD (1997)	+	-	X	+	+	X
Bung P (1991)	-	+	+	+	+	-
Jovanovic P.L (1991)	-	+	+	-	-	-

Domains:
 D1: Bias arising from the randomization process.
 D2: Bias due to deviations from intended intervention.
 D3: Bias due to missing outcome data.
 D4: Bias in measurement of the outcome.
 D5: Bias in selection of the reported result.

Judgement
 High (Red X)
 Some concerns (Yellow -)
 Low (Green +)

Supplementary Figure 1. Risk of bias in included studies.