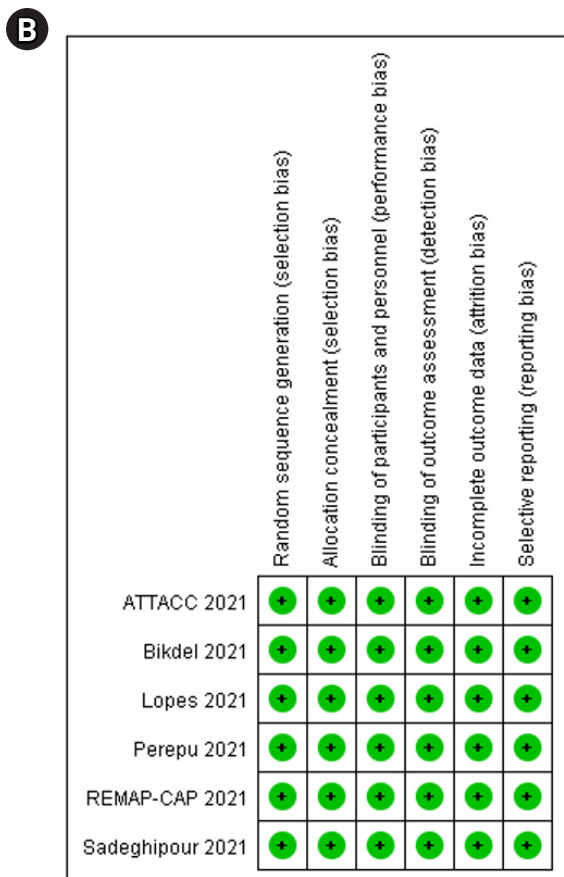
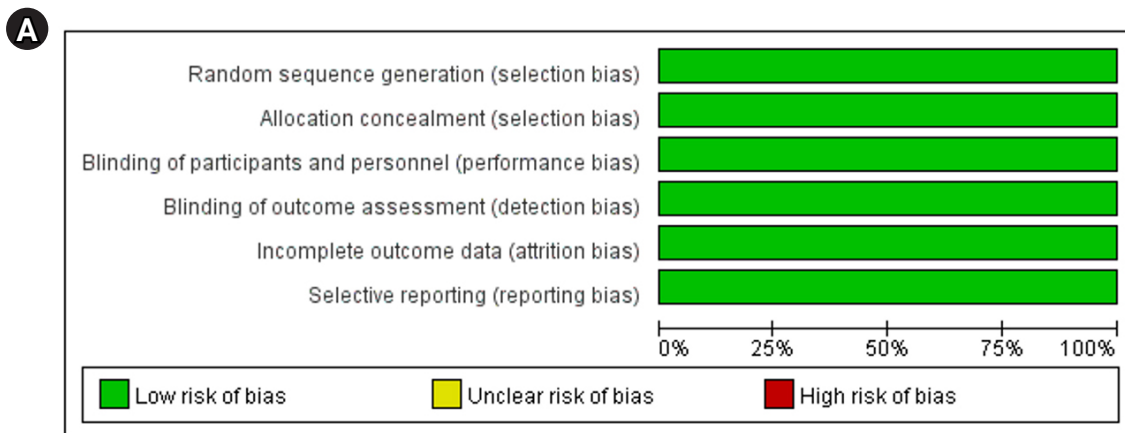
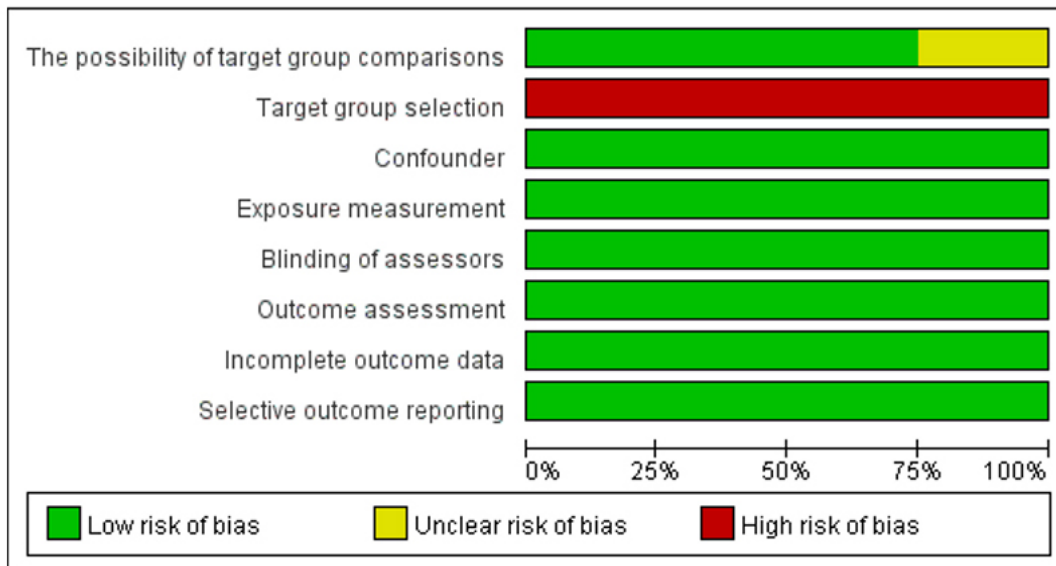


**Supplementary Figure 1.** Risk of bias of included randomized controlled trials (A, B) and cohort studies (C, D). ( A ) Risk of bias graph of randomized controlled trials: review authors' judgements about each risk of bias item presented as percentages across all included studies. (B) Risk of bias graph of randomized controlled trials: review authors' judgements about each risk of bias item for each included study. (C) Risk of bias graph of cohort studies: review authors' judgements about each risk of bias item presented as percentages across all included studies. (D) Risk of bias graph of cohort studies: review authors' judgements about each risk of bias item for each included study.



**C**



**D**

	The possibility of target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting
Helms 2021	+	-	+	+	+	+	+	+
Jonmaker 2020	+	-	+	+	+	+	+	+
Lavinio 2021	+	-	+	+	+	+	+	+
Taccone 2020	?	-	+	+	+	+	+	+