

**Supplemental Table S2.** Changes in Clinical and Laboratory Parameters before and after Treatment in the Placebo Group

Variable	Pre-treatment	Post-treatment	<i>P</i> value
Right PWV, m/sec	1,630.3±326.1	1,564.5±300.6	0.13
Left PWV, m/sec	1,622.0±303.7	1,562.8±322.1	0.20
Microalbuminuria, µg/mg Cr	182.1±225.3	216.6±325.4	0.25
Weight, kg	78.7±17.5	79.2±18.7	0.26
BMI, kg/m <sup>2</sup>	28.2±4.7	28.4±4.9	0.31
Waist, cm	96.4±11.4	97.7±12.3	0.10
Systolic blood pressure, mm Hg	133.6±11.0	126.0±10.2	<0.01
Fasting blood glucose, mg/dL	147.9±28.1	142.6±39.4	0.34
HbA1c, %	7.4±1.2	7.6±1.5	0.16
Total cholesterol, mg/dL	156.4±34.3	160.8±29.0	0.43
HDL-C, mg/dL	44.8±11.8	43.2±12.5	0.28
LDL-C, mg/dL	88.1±26.2	86.8±28.0	0.66
Triglycerides, mg/dL	185.8±225.3	202.1±239.5	0.12
Creatinine, mg/dL	1.0±0.2	1.0±0.2	0.85

Values are expressed as mean ± standard deviation.

PWV, pulse wave velocity; BMI, body mass index; HbA1c, hemoglobin A1c; HDL-C, high density lipoprotein cholesterol; LDL-C, low density lipoprotein cholesterol.