

**Supplemental Table S1.** Prevalence of Diabetes by Age Groups in Korea, Based on 2011 to 2022 Data from the Korea National Health and Nutrition Examination Survey [2]

Age groups, yr	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
<b>Total</b>												
≥19	10.3	9.7	11.9	10.6	9.4	11.9	11.3	11.5	12.2	13.9	13.6	12.5
≥30	12.4	11.8	14.5	13.0	11.4	14.4	13.4	13.8	14.5	16.7	16.3	14.8
19–29	1.4	0.9	1.7	0.3	0.6	0.6	1.5	0.8	1.8	0.7	0.5	1.6
30–39	2.9	3.1	2.7	2.5	3.1	3.0	2.3	3.2	2.7	4.4	3.6	3.0
40–49	8.4	5.8	8.3	9.5	7.1	8.7	7.3	8.3	8.1	9.0	10.6	6.2
50–59	15.6	14.2	15.6	14.1	10.3	16.0	16.4	14.6	14.4	19.1	15.9	17.6
60–69	23.2	24.6	31.1	25.6	21.5	24.2	21.0	22.3	24.2	25.1	24.8	20.6
≥70	25.9	26.5	34.8	27.0	27.1	31.8	30.4	29.2	31.0	31.5	31.8	29.4
<b>Men</b>												
≥19	11.9	10.1	12.9	12.3	10.1	12.9	12.7	13.1	13.4	15.8	15.9	14.4
≥30	14.5	12.4	16.0	15.4	12.5	15.8	15.1	15.9	16.3	19.2	19.4	16.9
19–29	1.9	0.9	1.9	0.5	0.7	0.5	2.3	1.2	1.1	0.6	0.4	2.8
30–39	4.2	3.3	3.9	2.2	2.8	4.0	3.5	3.7	3.1	5.9	5.0	3.1
40–49	11.0	5.3	11.4	12.9	9.7	10.9	9.3	13.0	11.5	14.1	14.3	8.9
50–59	20.7	17.0	20.0	17.5	12.9	19.6	20.6	17.9	18.9	23.8	21.7	24.1
60–69	26.3	29.2	33.6	32.6	24.4	27.9	23.7	25.7	27.2	28.8	28.8	25.1
≥70	23.6	26.5	27.1	27.3	25.4	29.1	30.2	28.8	30.0	28.7	33.8	27.8
<b>Women</b>												
≥19	8.7	9.3	11.0	8.8	8.6	10.9	9.9	10.0	11.0	12.1	11.3	10.7
≥30	10.4	11.1	13.1	10.7	10.4	13.0	11.7	11.8	12.7	14.3	13.4	12.6
19–29	0.8	0.8	1.4	0.2	0.5	0.8	0.6	0.3	2.5	0.8	0.6	0.2
30–39	1.6	2.9	1.4	2.8	3.4	1.8	0.9	2.7	2.3	2.7	2.0	2.9
40–49	5.7	6.3	5.2	6.2	4.6	6.4	5.2	3.5	4.7	3.7	6.8	3.3
50–59	10.6	11.4	11.5	10.8	7.8	12.4	12.1	11.3	9.7	14.3	10.1	11.1
60–69	20.4	20.3	28.7	19.5	18.9	20.6	18.4	19.0	21.4	21.6	20.9	16.3
≥70	27.5	26.4	40.4	26.8	28.3	33.6	30.6	29.4	31.6	33.5	30.4	30.6

Values are expressed as percentage. Diabetes was defined as fasting glucose  $\geq 126$  mg/dL, glycated hemoglobin  $\geq 6.5\%$ , physician diagnosis, or being under treatment.