

Supplemental Table S1. Clinical Characteristics of the Study Subjects Divided by Age, Gender, and Result of Handgrip Strength

Characteristic	Age		Sex		Handgrip strength	
	<70 years (n=13)	≥70 years (n=13)	Male (n=18)	Female (n=8)	>20 kg (n=13)	≤20 kg (n=13)
Age, yr	56.00±2.76	79.86±1.73	60.88±3.52	77.33±2.86	58.23±3.05	75.84±3.83
Sex						
Male	11 (78.6)	5 (35.7)	-	-	11 (84.6)	3 (23.1)
Female	3 (21.4)	9 (64.3)	-	-	2 (15.4)	10 (76.9)
Height, cm	156.31±12.25	135.95±15.53	168.89±1.95	154.39±1.71	169.02±2.33	157.87±2.32
Weight, kg	64.86±5.91	52.44±6.16	69.52±2.70	58.87±2.37	72.01±2.64	58.83±2.18
BMI, kg/m ²	22.79±1.95	20.86±2.43	24.31±0.74	24.68±0.90	25.23±0.83	23.58±0.71
Calf circumference, cm	31.27±1.74	29.93±1.64	31.56±1.70	29.31±1.57	32.49±1.72	29.59±1.90
Thigh circumference, cm	42.28±1.50	40.50±1.29	42.60±1.42	39.78±1.22	44.10±1.21	39.92±1.42
Handgrip strength (Lt), kg	21.20±3.12	14.41±1.78	21.99±2.68	12.23±1.63	-	-
Handgrip strength (Rt), kg	22.87±3.13	12.66±2.22	22.06±3.09	12.04±1.78	-	-

Values are expressed as mean±standard deviation or number (%).
BMI, body mass index; Lt, left; Rt, right.