



Supplemental Fig. S5. Differences in type I fibers in vastus lateralis based on age, gender, and handgrip strength. (A) The proportion of type I fiber was compared between young and old group. (B) The proportion of type I fiber was compared between men and women. (C) The proportion of type I fiber was compared between the top 50% and bottom 50% of handgrip strength. Data are expressed as mean \pm standard error of the mean.