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TyG Predicts Future ASCVI

EnM

Variable –	HDL-C \leq 50 mg/dL			HDL-C $> 50 \text{ mg/dL}$		
	HR	95% CI	P value	HR	95% CI	P value
Univariate						
TyG index	1.54	1.35-1.74	< 0.001	1.63	1.30-2.06	< 0.001
Multivariate						
TyG index	1.17	1.00-1.37	0.050	1.09	0.80-1.48	0.595
Age	1.06	1.05-1.07	< 0.001	1.07	1.05-1.08	< 0.001
Sex	0.92	0.75-1.12	0.385	0.81	0.58-1.15	0.238
Body mass index	1.03	1.00-1.06	0.057	1.01	0.96-1.05	0.795
Diabetes mellitus	1.34	1.07-1.67	0.012	1.57	1.01–2.43	0.043
Hypertension	1.64	1.38–1.94	< 0.001	2.05	1.55-2.73	< 0.001
Total cholesterol	1.003	1.001-1.006	0.006	1.002	0.998-1.006	0.304
Smoking	1.39	1.13-1.70	0.002	1.38	0.95-2.01	0.092
Alcohol	0.93	0.75-1.15	0.476	0.69	0.47-1.01	0.056
Exercise	0.90	0.76–1.07	0.237	0.78	0.58-1.04	0.093
hsCRP	1.08	1.00-1.18	0.064	1.09	0.91-1.30	0.358

Supplemental Table S4. Hazard Ratios for Cardiovascular Disease according to High-Density Lipoprotein Cholesterol Concentrations

HRs of cardiovascular disease (n=8,551; 931 [10.9%] developed cardiovascular disease) for median 15.6 years of follow-up were evaluated with Cox proportional hazard model according to HDL-C cut-off of 50 mg/dL. TyG index was evaluated as a continuous variable. Multivariate analysis was adjusted for age, sex, body mass index, diabetes mellitus, hypertension, total cholesterol, smoking, alcohol, exercise, and hsCRP. HDL-C, high-density lipoprotein cholesterol; HR, hazard ratio; CI, confidence interval; TyG, triglyceride-glucose; hsCRP, high-sensitivity C-reactive protein.