Brain parameter	ND	HFD	P value
Mitochondrial metabolism at week 28			
PGC-1α protein expression	0.70 ± 0.04	0.47 ± 0.06	0.0010
p-AMPK/Total AMPK protein expression	0.92 ± 0.02	0.95 ± 0.01	NS
Insulin signaling at week 28			
p-IRS/Total IRS expression	0.93 ± 0.07	0.55 ± 0.53	0.0015
p-AKT/Total AKT protein expression	0.67 ± 0.11	0.83 ± 0.07	NS
Mitochondrial dynamics at week 28			
MFN1 protein expression	0.83 ± 0.04	0.67 ± 0.02	0.0077
MFN2 protein expression	0.91 ± 0.08	0.71 ± 0.04	0.0491
OPA1 protein expression	0.76 ± 0.06	0.67 ± 0.03	NS
p-DRP1ser616/total DRP1 protein expression	0.81 ± 0.05	0.90 ± 0.04	NS
Mitophagy at week 28			
PINK 1/Parkin protein expression	0.79 ± 0.05	1.39 ± 0.08	0.0001
Autophagy at week 28			
Beclin-1 protein expression	1.03 ± 0.02	0.73 ± 0.02	< 0.0001
LC3-II protein expression	0.96 ± 0.02	0.72 ± 0.03	0.0002
p62 protein expression	0.97 ± 0.03	0.79 ± 0.03	0.0005
Apoptosis at week 28			
Bax/Bcl-2 protein expression	0.73 ± 0.04	1.27 ± 0.06	< 0.0001
Cleaved caspase 3/Procaspase 3 protein expression	0.50 ± 0.03	0.95 ± 0.09	0.0010
Antioxidant at week 28			
GPX4 protein expression	1.08 ± 0.05	0.81 ± 0.03	0.0008
SOD2 protein expression	1.01 ± 0.05	0.73 ± 0.04	NS
Oxidative stress at week 28			
ROS level, arbitrary unit	91.23 ± 9.17	276.93 ± 11.28	< 0.0001
MDA level, mmol/g protein	196.05 ± 39.61	392.44 ± 24.01	0.0017
Inflammation at week 28			
TNF-α protein expression	0.68 ± 0.07	0.77 ± 0.01	NS
p-NFκB/Total NFκB protein expression	0.83 ± 0.04	0.86 ± 0.03	NS
Blood brain barrier at week 28			
Claudin-5 protein expression	0.98 ± 0.06	0.57 ± 0.06	0.0004
Synapse at week 28			
Synaptophysin protein expression	0.96 ± 0.03	0.72 ± 0.04	0.0005
PSD-95 protein expression	0.92 ± 0.03	0.87 ± 0.04	0.0371
Neurogenesis at week 28			
p-TrкB/Total TrкB protein expression	0.77 ± 0.06	0.52 ± 0.04	0.0077
BDNF protein expression	0.91 ± 0.08	0.65 ± 0.08	0.0462
DCX protein expression	0.81 ± 0.04	0.90 ± 0.06	NS
			(Continued to the next pa



Supplemental Table S4. Continued				
Brain parameter	ND	HFD	P value	
Alzheimer's disease marker at week 28				
p-Tau/Total Tau protein expression	1.16 ± 0.07	1.43 ± 0.06	0.0250	
APP protein expression	0.91 ± 0.03	1.18 ± 0.02	< 0.0001	
Aβ protein expression	0.43 ± 0.06	0.62 ± 0.07	0.0431	
BACE-1 protein expression	0.89 ± 0.06	1.19 ± 0.05	0.0027	
Anti-aging marker at week 28				
sRAGE protein expression	0.87 ± 0.02	0.75 ± 0.01	0.0002	
Behavior at week 28				
Anxiety-like behavior; time in central zone, sec	29.10 ± 9.06	25.77 ± 3.64	NS	
%Preference index of novel location	55.29 ± 2.08	34.10 ± 2.25	< 0.0001	
%Preference index of novel recognition	55.42 ± 1.62	38.06 ± 1.42	< 0.0001	

Values are expressed as mean \pm standard error of the mean (n=8 per group). Week 12, baseline; Week 28, follow-up. All protein expressions are normalized to the expression of housekeeping proteins.

ND, normal diet-fed rats; HFD, high-fat diet-fed rats; PGC- 1α , peroxisome proliferator-activated receptor gamma coactivator- 1α ; p-AMPK, phosphory-lated-activated protein kinase; AMPK, activated protein kinase; NS, no significance; p-IRS, phosphorylated-insulin receptor substrate 1; IRS, insulin receptor substrate 1; MFN1, mitofusin 1; MFN2, mitofusin 2; OPA1, optic atrophy 1; p-DRP1 ser616 , phosphorylated-dynamin-related at serine 616 ; DRP1, dynamin-related protein 1; PINK1, PTEN-induced kinase 1; LC3-II, light chain 3-II; Bax/Bcl, Bcl-2-associated X protein/B-cell lymphoma; GPX4, glutathione peroxidase 4; SOD2, superoxide dismutase 2; ROS, reactive oxygen species; MDA, malondialdehyde; TNF- α , tumor necrosis factor- α ; p-NF κ B, phosphorylated-nuclear factor kappa-light-chain-enhancer of activated B cells; NF κ B, nuclear factor kappa-light-chain-enhancer of activated B cells; PSD-95, postsynaptic density protein 95; p-Tr κ B, phosphorylated-tropomyosin receptor kinase B; Tr κ B, tropomyosin receptor kinase B; BDNF, brain-derived neurotrophic factor; DCX, doublecortin; p-Tau, phosphorylated-Tau; APP, amyloid-beta precursor protein; A β , amyloid β ; BACE-1, beta-site amyloid precursor protein cleaving enzyme 1; sRAGE, soluble-receptor for advanced glycation end product.