

**Supplemental Table S2.** Sensitivity Analyses of the Effects of Individual Studies on the Pooled Standardized Mean Difference in the Volume Reduction Ratio

Study	Standardized mean difference	95% Confidence interval	<i>P</i> value
Sung et al. (2011) [8]	0.444	0.042 to 0.846	0.030
Sung et al. (2013) [10]	0.341	-0.041 to 0.723	0.080
Baek et al. (2015) [13]	0.476	0.089 to 0.862	0.016
Gong et al. (2018) [9]	0.493	0.149 to 0.837	0.005
Verde et al. (1994) [32]	0.268	-0.064 to 0.600	0.114
Bennedbaek et al. (2003) [11]	0.320	-0.055 to 0.695	0.094
Valcavi et al. (2004) [31]	0.410	-0.056 to 0.857	0.085
Ferreira et al. (2016) [6]	0.381	0.003 to 0.758	0.048