

Supplementary Table 2. Estimated prevalence of diabetes mellitus and prediabetes among young and older adults, KNHANES 2019 to 2022

Age, yr	Diabetes, %			Prediabetes, %		
	Total	Men	Women	Total	Men	Women
Young adults						
19–39	2.2±0.2	2.7±0.3	1.7±0.3	21.8±0.7	26.5±1.0	16.7±0.8
19–29	1.1±0.2	1.2±0.3	1.0±0.3	14.3±0.8	16.4±1.2	12.0±1.1
30–39	3.4±0.4	4.3±0.6	2.4±0.4	29.8±1.0	37.2±1.5	21.7±1.2
Older adults						
≥65	29.4±0.6	30.2±1.0	28.9±0.8	49.0±0.7	48.2±1.1	49.6±0.9
65–74	28.1±0.8	30.3±1.3	26.0±1.1	49.8±1.0	48.2±1.5	51.3±1.2
≥75	31.4±1.0	30.0±1.6	32.3±1.3	47.8±1.2	48.1±1.7	47.5±1.5

Values are presented as mean±standard error.
KNHANES, Korea National Health and Nutrition Examination Survey.