Supplementary Table 4. Baseline characteristics of the persistent and dropout groups

Characteristic	Persistent ($n=39$)	Dropout ($n=34$)	P value
Demographics			
Age, yr	62.3±4.9	61.9±7.4	0.774
Sex	20 (51.3)	13 (38.2)	0.264
Marriage	9 (23.1)	5 (14.7)	0.365
Living alone	25 (64.1)	19 (57.6)	0.571
Having an income	12 (33.3)	9 (27.3)	0.585
Having a job	9 (24.3)	7 (23.3)	0.925
Medical aid	25 (64.1)	21 (70.0)	0.606
Smoking			0.260
Never smoking	21 (53.8)	22 (64.7)	
Past smoking	9 (23.1)	9 (26.5)	
Current smoking	9 (23.1)	3 (8.8)	
Alcohol consumption	14 (35.9)	15 (44.1)	0.474
Medical history			
Diabetes duration, yr	9.5 (4.5–13.0)	9.5 (7.0–15.0)	0.410
Age at diabetes diagnosis, yr	53.5 (46–58)	51 (45–57)	0.572
Diabetes treatment			
Duration, yr	8.5 (4.0–13.0)	8.0 (5.0–17.0)	0.540
Oral antidiabetic drugs	34 (87.2)	26 (86.7)	>0.999
Insulin	4 (10.3)	4 (13.3)	0.720
Diabetes education within 1 year	6 (15.4)	3 (8.8)	0.386
Diabetic complications	11 (28.2)	7 (21.2)	0.495
Past medical history	34 (87.2)	32 (94.1)	0.438
Musculoskeletal	17 (43.6)	18 (52.9)	0.425
Gastrointestinal	12 (30.8)	11 (32.3)	0.885
Endocrine	19 (48.7)	24 (70.6)	0.058
Cardiovascular	21 (53.8)	18 (52.9)	0.938
Cerebrovascular	1 (2.6)	3 (8.8)	0.333
Respiratory	4 (10.3)	2 (5.9)	0.679
Hepatobiliary	2 (5.1)	1 (2.9)	>0.999
Renal	4 (10.3)	3 (8.8)	>0.999
Eye or ear	20 (51.3)	9 (26.5)	0.031
Psychiatric	9 (23.1)	6 (17.6)	0.567
Trauma or accident	3 (7.7)	2 (5.9)	>0.999
Laboratory tests			
Fasting plasma glucose, mg/dL	145.0±45.6	144.3±36.0	0.943
HbA1c, %	7.1±1.5	7.1±1.2	0.986
Total cholesterol, mg/dL	154.4±39.2	159.5±30.9	0.540
Triglycerides, mg/dL	109 (83–161)	141 (96–244)	0.075
AST, IU/L	26.1±9.3	36.5±35.7	0.106
ALT, IU/L	26.9±18.2	26.3±15.6	0.893
Creatinine, mg/dL	0.90±0.22 ($n=14$)	0.76±0.16 ($n=12$)	0.088

Values are presented as mean±standard deviation, number (%), or median (interquartile range).
HbA1c, glycosylated hemoglobin; AST, aspartate aminotransferase; ALT, alanine aminotransferase.