

Supplementary Table 2. Difference of the changes in clinical factors according to the regimen of insulin use at week -26

Variable	Basal insulin (n=105)		Basal-prandial insulin (n=20)		Premix insulin (n=71)		P value ^b
	Mean (95% CI)	P value ^a	Mean (95% CI)	P value ^a	Mean (95% CI)	P value ^a	
HbA1c, %							
Δ Pre-switching	0.43 (0.16 to 0.70)	0.002	0.15 (-0.36 to 0.65)	0.552	0.11 (-0.15 to 0.37)	0.397	0.235
Δ Post-switching	-0.60 (-0.81 to -0.38)	<0.001	-0.23 (-0.83 to 0.38)	0.445	-0.47 (-0.72 to -0.21)	<0.001	0.360
Change value ^f	-1.02 (-1.43 to -0.62)	<0.001	-0.37 (-1.30 to 0.56)	0.413	-0.58 (-1.01 to -0.14)	0.010	0.211
FPG, mg/dL							
Δ Pre-switching	5.56 (-10.99 to 22.12)	0.507	-1.53 (-29.45 to 26.39)	0.910	6.51 (-12.43 to 25.44)	0.495	0.927
Δ Post-switching	-12.98 (-26.49 to 0.53)	0.060	-16.68 (-52.01 to 18.64)	0.334	-39.49 (-60.91 to -18.08)	<0.001	0.085
Change value ^f	-18.54 (-44.54 to 7.45)	0.160	-15.16 (-62.29 to 31.98)	0.508	-46.00 (-83.09 to -8.91)	0.016	0.405
Body weight, kg							
Δ Pre-switching	0.03 (-0.57 to 0.64)	0.911	2.13 (-1.07 to 5.32)	0.171	1.11 (0.45 to 1.77)	0.001	0.018 ^{c,d}
Δ Post-switching	0.45 (-0.04 to 0.93)	0.070	-0.53 (-2.35 to 1.30)	0.539	-0.47 (-1.19 to 0.24)	0.190	0.073
Change value ^f	0.41 (-0.55 to 1.37)	0.395	-2.65 (-7.38 to 2.08)	0.243	-1.58 (-2.74 to -0.42)	0.008	0.015 ^{c>e}
Insulin dose, U							
Δ Pre-switching	4.72 (2.85 to 6.60)	<0.001	-11.50 (-22.83 to -0.17)	0.047	1.01 (-1.98 to 4.01)	0.502	<0.001 ^{c,e>d}
Δ Post-switching	2.65 (1.11 to 4.19)	0.001	4.15 (-0.99 to 9.29)	0.108	0.39 (-1.61 to 2.40)	0.696	0.112
Change value ^f	-2.08 (-4.70 to 0.55)	0.120	15.65 (2.84 to 28.46)	0.019	-0.62 (-4.22 to 2.98)	0.732	<0.001 ^{c,e<d}
Insulin dose, U/kg							
Δ Pre-switching	0.07 (0.03 to 0.10)	0.001	-0.12 (-0.29 to 0.04)	0.129	0.01 (-0.04 to 0.06)	0.650	0.002 ^{c>d}
Δ Post-switching	0.03 (0.01 to 0.16)	0.006	0.04 (-0.04 to 0.11)	0.331	0.00 (-0.03 to 0.04)	0.865	0.295
Change value ^f	-0.03 (-0.08 to 0.02)	0.184	0.16 (-0.01 to 0.33)	0.067	-0.01 (-0.07 to 0.06)	0.799	0.024 ^{c<d}

CI, confidence interval; HbA1c, glycosylated hemoglobin; FPG, fasting plasma glucose; U, units.

^aPaired *t*-test between pre-switching (week -26 to week 0) and post-switching (week 0 to week 26) period repeatedly in the order from top to bottom, ^bOne-way analysis of variance (ANOVA) among (^c) basal insulin, (^d) basal-prandial insulin, and (^e) premix insulin group at week -26. The Bonferroni *post hoc* test was used for pairwise comparisons when the ANOVA test was significant, ^fThe difference between the change at pre- and post-switching (post-switching-pre-switching) period.