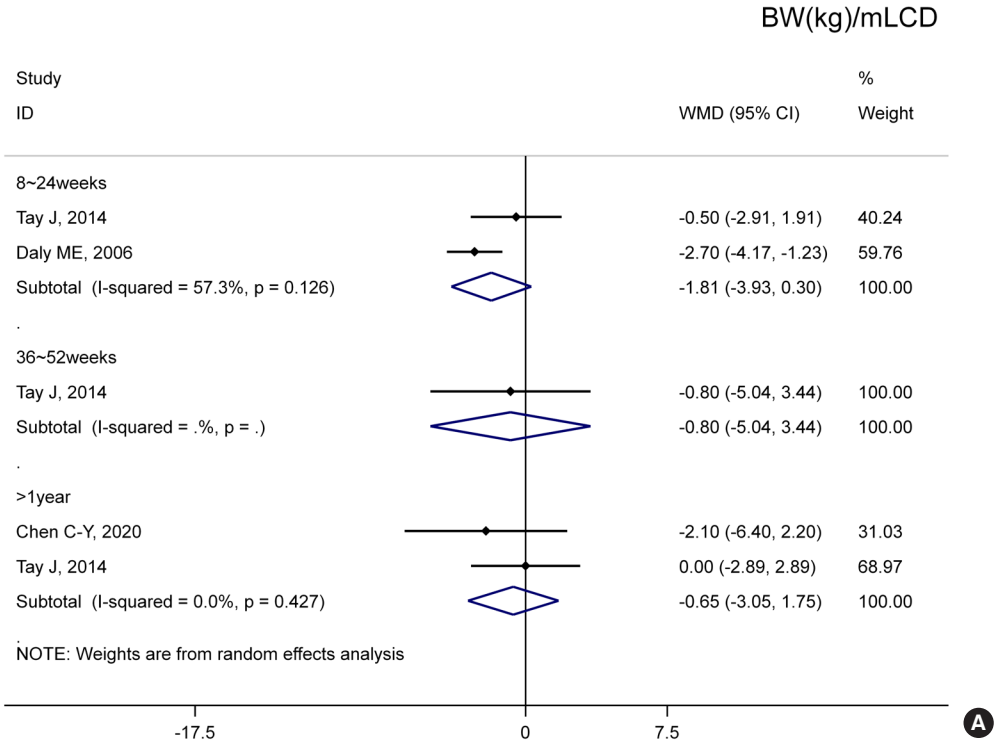

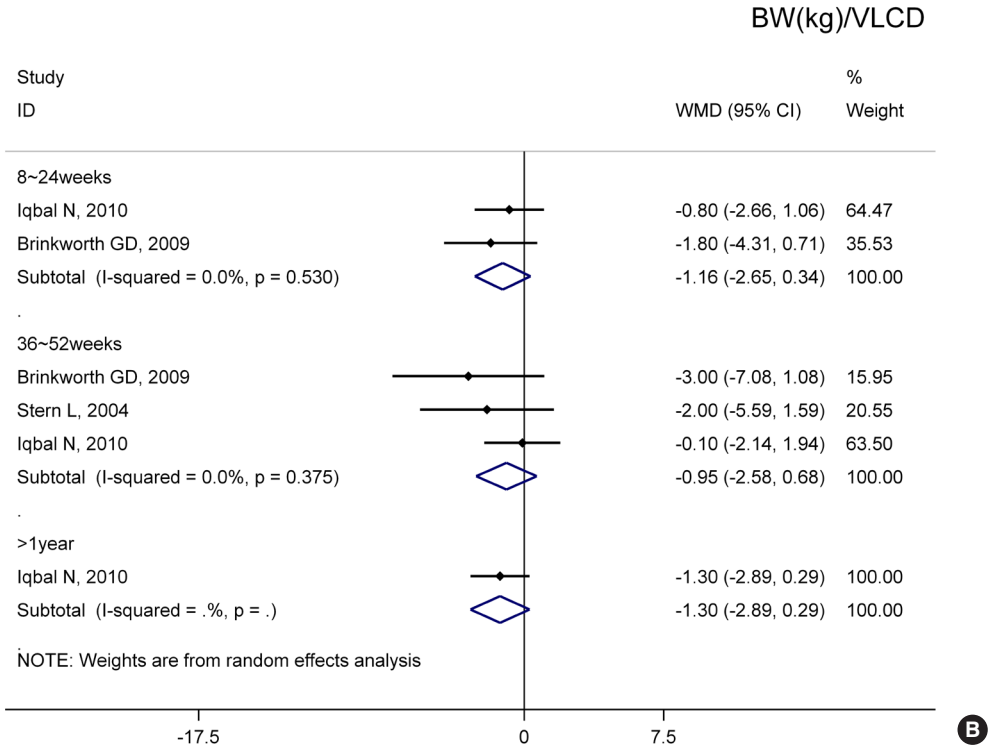

Supplementary Fig. 24. Effects of carbohydrate-restricted diets on body weight (BW) in adults with hypertension. (A) Moderately-low or low carbohydrate diets (mLCD). (B) Very-low carbohydrate diets (VLCD). WMD, weighted mean difference; CI, confidence interval.