

**Supplementary Table 3.** Quality assessment of included studies using the Newcastle–Ottawa Quality Assessment Scale for cross-sectional study

Study	Selection			Comparability			Outcome		Total scores
	Representativeness of the samples	Sample size	Non-responders	Ascertainment of the exposure (risk factor)	A: study controls for age and/or BMI B: control for any additional factor	Assessment of the outcome a) Independent blind assessment.** b) Record linkage.** c) Self report.*	Statistical test		
Erjavec et al. (2016) [65]	*		*	*		**	**	*	6*
Shand et al. (2008) [83]	*		*	*	**	**	**	*	8*

\*: one score; \*\*: two score.  
BMI, body mass index.