

Supplementary Table 3. Population characteristics by fruit juice/drink consumption

	None (n=14,627)	≤1/day (n=11,346)	2/day (n=660)	>2/day (n=317)	P
Age (yr)	62.1±12.5	61.2±14.4	63.3±14.7	61.3±15.9	<0.001
Male sex	8,624 (59.0)	6,877 (60.6)	367 (55.6)	188 (59.3)	0.009
Education					<0.001
<8 years	8,451 (57.8)	4,243 (37.4)	231 (35.0)	93 (29.3)	
9–12 years	3,593 (24.6)	3,164 (27.9)	180 (27.3)	97 (30.6)	
Trade/college/university	2,580 (17.6)	3,936 (34.7)	249 (37.7)	127 (40.1)	
Occupation					<0.001
Skilled/gen labour/farmer	8,696 (59.5)	4,622 (40.8)	222 (33.6)	94 (29.7)	
Police/military/clerical	551 (3.8)	810 (7.2)	52 (7.9)	23 (7.3)	
Professional/business	2,274 (15.6)	2,758 (24.3)	180 (27.3)	96 (30.3)	
Housewife	2,287 (15.6)	1,934 (17.1)	97 (14.7)	48 (15.1)	
Disability/social security	240 (1.6)	354 (3.1)	42 (6.4)	21 (6.6)	
Other	574 (3.9)	855 (7.5)	67 (10.2)	35 (11.0)	
Smoking					<0.001
Never	8,389 (57.4)	6,900 (60.9)	369 (55.9)	158 (49.8)	
Former	1,509 (10.3)	2,227 (19.6)	186 (28.2)	103 (32.5)	
Current	4,722 (32.3)	2,212 (19.5)	105 (15.9)	56 (17.7)	
Mainly inactive	13,170 (90.1)	9,435 (83.2)	486 (73.6)	248 (78.2)	<0.001
Diet–AHEI tertile					<0.001
1	5,567 (38.1)	3,839 (33.8)	184 (27.9)	89 (28.1)	
2	5,088 (34.8)	3,712 (32.7)	191 (28.9)	83 (26.2)	
3	3,972 (27.2)	3,795 (33.5)	285 (43.2)	145 (45.7)	
BMI (kg/m ²)	24.9±4.6	26.6±4.8	27.4±5.3	27.6±5.7	<0.001
WHR	0.92±0.07	0.94±0.08	0.94±0.08	0.94±0.09	<0.001
Hypertension	8,784 (60.1)	7,145 (63.0)	430 (65.2)	194 (61.2)	<0.001
Diabetes	3,641 (24.9)	2,873 (25.3)	159 (24.1)	60 (18.9)	0.064
Cardiac risk factors	1,014 (6.9)	1,374 (12.1)	119 (18.0)	50 (15.8)	<0.001
Myocardial infarction	349 (2.4)	526 (4.6)	45 (6.8)	20 (6.3)	<0.001
Atrial fibrillation	347 (2.4)	457 (4.0)	47 (7.1)	18 (5.7)	<0.001

Values are presented as mean±standard deviation or n (%). Totals for some categories may not sum to the respective group totals due to missing data. AHEI, Alternative Healthy Eating Index; BMI, body mass index; WHR, waist-to-hip ratio.