

Supplementary Table 4. Adjusted linear regression of waist circumference between children and parents

| Variable | 2016–2019 | | | 2020–2021 | | |
|-----------------------|-----------|---------|-----------|-----------|---------|----------|
| | Estimate | P-value | R square | Estimate | P-value | R square |
| Total | | | 0.260 | | | 0.261 |
| WC of father | 0.214 | <0.001 | | 0.242 | <0.001 | |
| WC of mother | 0.268 | <0.001 | | 0.287 | <0.001 | |
| Age group (yr) | | | | | | |
| Elementary (10–12) | -7.566 | <0.001 | | -6.471 | <0.001 | |
| Middle school (13–15) | -2.862 | <0.001 | | -2.918 | 0.027 | |
| High school (16–18) | | | Reference | | | |
| Sex | | | | | | |
| Male | 5.646 | <0.001 | | 8.121 | <0.001 | |
| Female | | | Reference | | | |
| Household income | | | | | | |
| Low | 1.272 | 0.317 | | -1.452 | 0.664 | |
| Low-middle | -0.483 | 0.483 | | 2.524 | 0.122 | |
| Middle-high | 0.505 | 0.392 | | -1.176 | 0.253 | |
| High | | | Reference | | | |

Model: WC of child = $\beta_1 \times$ WC of father + $\beta_2 \times$ WC of mother + age group + sex + household income (adjusted for sex, age, and household income); WC, waist circumference; β_1 , WC of Father; β_2 , WC of mother.

Supplementary Table 5. Proportion of children's BMI \geq 85th percentile among parents with obesity*

| Age group (yr) | BMI of mother ≥ 25 kg/m ² | | | BMI of father ≥ 25 kg/m ² | | |
|----------------|---|-----------|---------|---|-----------|---------|
| | 2016–2019 | 2020–2021 | P-value | 2016–2019 | 2020–2021 | P-value |
| 10–12 | 31.5% | 45% | 0.019 | 24.7% | 37.2% | 0.012 |
| 13–15 | 32.0% | 41.2% | 0.198 | 27.1% | 24.5% | 0.634 |
| 16–18 | 36.6% | 38.2% | 0.801 | 33.5% | 31.5% | 0.747 |
| 10–18 | 33.7% | 41.5% | 0.062 | 28.8% | 31.2% | 0.491 |

BMI, body mass index.

*In this table, parental obesity was defined as BMI ≥ 25 kg/m².

Supplementary Table 6. Adjusted linear regression of body mass index between children and parents

| Variable | 2016–2019 | | | 2020–2021 | | |
|-----------------------|-----------|---------|-----------|-----------|---------|----------|
| | Estimate | P-value | R square | Estimate | P-value | R square |
| Total | | | 0.224 | | | 0.220 |
| BMI of father | 0.249 | <0.001 | | 0.285 | <0.001 | |
| BMI of mother | 0.311 | <0.001 | | 0.326 | <0.001 | |
| Age group (years old) | | | | | | |
| Elementary (10–12) | -2.743 | <0.001 | | -2.361 | <0.001 | |
| Middle school (13–15) | -1.082 | <0.001 | | -1.359 | 0.01 | |
| High school (16–18) | | | reference | | | |
| Sex | | | | | | |
| Male | 0.818 | <0.001 | | 5.19 | | |
| Female | | | reference | | | |
| Household income | | | | | | |
| Low | 0.438 | 0.449 | | -1.14 | 0.292 | |
| Low-middle | -0.296 | 0.26 | | 0.854 | 0.176 | |
| Middle-high | 0.046 | 0.842 | | -0.499 | 0.199 | |
| High | | | reference | | | |

Model: BMI of child = $\beta_3 \times$ BMI of father + $\beta_4 \times$ BMI of mother + age group + sex + household income (adjusted for sex, age, and household income); BMI, body mass index; β_3 , BMI of Father; β_4 , BMI of mother