

## SUPPLEMENTARY MATERIALS

**Table S1.** Information about the assessment devices

<b>Device</b>	<b>Measurement item</b>	<b>Manufacturer (Country)</b>
Inbody S10	Body composition	Biospace (Korea)
FM-315	Height	CAS (Korea)
WCS-200	Body weight	CAS (Korea)
Pneumatic resistance machine	Strength (1RM)	HUR (Finland)
Stopwatch	Time	Casio (Japan)
MIO GO	Heart rate	MIO (China)
Personal wheelchair	-	-

RM, repetition maximum.