

SUPPLEMENTARY MATERIALS

Supplement A. Searching databases

Scopus databases:

“home-based physical activity” OR “home-based exercise therapy” OR “home-based physical exercise” OR “home-based exercise” OR “home-based exercise training” OR “aerobic exercise” OR “resistance exercise” AND “diabetes mellitus” OR “type 2 diabetes mellitus” AND NOT “type 1 diabetes mellitus” OR “gestational diabetes mellitus”

Cochrane Library:

“daily physical activity” OR “home-based physical activity” OR “home-based exercise therapy” OR “home-based physical exercise” OR “home-based exercise” OR “home-based exercise training” “aerobic exercise” OR “resistance exercise” AND “diabetes mellitus” OR “type 2 diabetes mellitus”

Springer Link:

home-based physical activity in type 2 diabetes mellitus
home-based walking in type 2 diabetes mellitus
home-based exercise in type 2 diabetes mellitus
home-based aerobic exercise in type 2 diabetes mellitus
home-based resistance exercise in type 2 diabetes mellitus

ProQuest Health & Medical Complete:

“daily physical activity” OR “home-based physical activity” OR “home-based exercise therapy” OR “home-based physical exercise” OR “home-based walking” OR “home-based exercise” OR “home-based exercise training” “aerobic exercise” OR “resistance exercise” AND “diabetes mellitus” OR “type 2 diabetes mellitus”

Science Direct:

“home-based physical activity” OR “home-based exercise therapy” OR “home-based physical exercise” OR “home-based exercise” OR “home-based exercise training” “aerobic exercise” OR “resistance exercise” AND “diabetes mellitus” OR “type 2 diabetes mellitus” AND NOT “type 1 diabetes mellitus” OR “gestational diabetes mellitus”

Google Scholar

home-based physical activity in type 2 diabetes mellitus
home-based walking in type 2 diabetes mellitus
home-based exercise in type 2 diabetes mellitus
home-based aerobic exercise in type 2 diabetes mellitus
home-based resistance exercise in type 2 diabetes mellitus