

Table S1. Association between sociodemographic factors and negative changes of cardiovascular-related health behaviors after the end of social distancing

Variable	Negative change											
	Smoking		Drinking		Diet		Exercise		Stress		Healthcare service use	
	aOR	95% CI	aOR	95% CI	aOR	95% CI	aOR	95% CI	aOR	95% CI	aOR	95% CI
Age (yr)												
20-29	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-
30-39	1.778*	1.070-2.956*	1.385	0.980-1.958	0.696	0.484-1.002	1.100	0.792-1.527	1.035	0.778-1.377	0.711	0.441-1.149
40-49	0.924	0.506-1.688	1.444	0.989-2.108	0.588*	0.391-0.884*	0.819	0.567-1.182	0.961	0.704-1.311	0.664	0.390-1.131
≥50	0.747	0.391-1.426	0.590*	0.380-0.918*	0.274*	0.170-0.443*	0.524*	0.349-0.788*	0.558*	0.398-0.782*	0.416*	0.228-0.760*
Sex												
Male	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-
Female	0.395*	0.268-0.583*	0.991	0.784-1.253	1.618*	1.252-2.091*	1.260*	1.009-1.574*	1.008	0.836-1.216	1.345	0.964-1.877
Marital status												
Married	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-
Single	1.279	0.804-2.033	1.323	0.974-1.797	0.933	0.661-1.315	1.008	0.750-1.355	1.198	0.932-1.539	1.004	0.640-1.575
Bereaved/separated/divorced	1.248	0.513-3.034	1.145	0.633-2.071	1.095	0.582-2.057	1.222	0.726-2.056	1.869*	1.213-2.880*	0.923	0.406-2.097
Education												
Middle school or lower	1.276	0.161-10.137	0.747	0.164-3.410	0.465	0.060-3.589	0.921	0.257-3.296	1.035	0.366-2.928	2.007	0.442-9.113
High school graduate	1.534*	1.009-2.333*	0.818	0.601-1.114	0.812	0.584-1.128	0.802	0.602-1.068	1.044	0.828-1.316	1.095	0.736-1.631
College graduate or higher	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-
Monthly household income (KRW)												
<3 million	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-
3 to <6 million	0.939	0.616-1.432	0.957	0.724-1.266	0.946	0.705-1.270	1.018	0.786-1.318	0.897	0.721-1.116	0.745	0.511-1.086
≥6 million	1.233	0.744-2.044	1.335	0.962-1.853	0.882	0.613-1.269	0.868	0.629-1.198	0.760*	0.580-0.995*	0.695	0.431-1.120
Cardiometabolic disease												
Yes	1.314	0.902-1.915	1.105	0.853-1.431	1.226	0.920-1.633	1.210	0.947-1.546	0.987	0.803-1.213	1.370	0.952-1.973
No	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-	1.000	-

Models were assessed using multivariable logistic regression and were adjusted for other sociodemographic factors.

aOR, adjusted odds ratio; CI, confidence interval.

*P<0.05 (statistically significant).