

Table S2. The most feared and the most likely disease according to the presence of CMD (n=2,000)

Disease	Most feared		Second most feared		Combined percentage ^{a)}		Most likely within 10 years		Second most likely within 10 years		Combined percentage ^{b)}	
	Without CMD	With CMD	P-value	Without CMD	With CMD	P-value	Without CMD	With CMD	P-value	Without CMD	With CMD	P-value
Cancer	570 (45.1)	315 (42.8)	<0.001	252 (19.9)	166 (22.6)	<0.001	32.5	32.7	<0.001	314 (24.8)	169 (23.0)	<0.001
Cardiovascular disease	177 (14.0)	213 (28.9)		308 (24.4)	233 (31.7)		19.2	30.3		157 (12.4)	227 (30.8)	
Musculoskeletal disorder	178 (14.1)	60 (8.2)		247 (19.5)	118 (16.0)		16.8	12.1		491 (38.8)	227 (30.8)	
Dementia	151 (12.0)	96 (13.0)		248 (19.6)	136 (18.5)		15.8	15.8		42 (3.3)	40 (5.4)	
Psychiatric disorder	188 (14.9)	52 (7.1)		209 (16.5)	83 (11.3)		15.7	9.2		260 (20.6)	73 (9.9)	

Values are presented as frequency (%) or %. For the combined data, the first and second choices were considered as equal contributions.

CMD, cardiometabolic diseases.

Combined percentage of ^{a)}the most feared and the second most feared and ^{b)}the most likely and the second most likely disease.