

Supplementary Table 1. STROBE statement: checklist of items that should be included in reports of observational studies

Section/topic	Item no.	Recommendation	Section & paragraph no.
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	Title & Abstract
Introduction			
Background/ rationale	2	Explain the scientific background and rationale for the investigation being reported	Intro. 1-2
Objectives	3	State specific objectives, including any prespecified hypotheses	Intro. 2
Methods			
Study design	4	Present key elements of study design early in the paper	Methods. 2
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Methods. 2-7
Participants	6	(a) Cohort study—give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up Case-control study—give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls Cross-sectional study—give the eligibility criteria, and the sources and methods of selection of participants	Methods. 2
		(b) Cohort study—for matched studies, give matching criteria and number of exposed and unexposed Case-control study—for matched studies, give matching criteria and the number of controls per case	NA
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Methods. 3,6
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Methods. 3-7
Bias	9	Describe any efforts to address potential sources of bias	Methods. 6
Study size	10	Explain how the study size was arrived at	Methods. 2
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Methods. 6-7
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	Methods. 8
		(b) Describe any methods used to examine subgroups and interactions	NA
		(c) Explain how missing data were addressed	NA
		(d) Cohort study—if applicable, explain how loss to follow-up was addressed Case-control study—if applicable, explain how matching of cases and controls was addressed Cross-sectional study—if applicable, describe analytical methods taking account of sampling strategy	Methods. 8
		(e) Describe any sensitivity analyses	NA
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—e.g., numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Methods. 2, Results. 1
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	NA

Supplementary Table 1. Continued

Section/topic	Item no.	Recommendation	Section & paragraph no.
Descriptive data	14*	(a) Give characteristics of study participants (e.g., demographic, clinical, social) and information on exposures and potential confounders	Results. 1, Table 1
		(b) Indicate number of participants with missing data for each variable of interest	NA
		(c) Cohort study—summarize follow-up time (e.g., average and total amount)	NA
Outcome data	15*	Cohort study—report numbers of outcome events or summary measures over time	
		Case-control study—report numbers in each exposure category, or summary measures of exposure	
		Cross-sectional study—report numbers of outcome events or summary measures	Results. 2-7, Figure 1-3, Table 2-3
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (e.g., 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Results. 4-5, Table 3
		(b) Report category boundaries when continuous variables were categorized	Table 3
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	NA
Other analyses	17	Report other analyses done—e.g., analyses of subgroups and interactions, and sensitivity analyses	NA
Discussion			
Key results	18	Summarise key results with reference to study objectives	Discussion. 1
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Discussion. 5
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Discussion. 2-4
Generalisability	21	Discuss the generalisability (external validity) of the study results	NA
Other Information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	NA

NA, not available.

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.