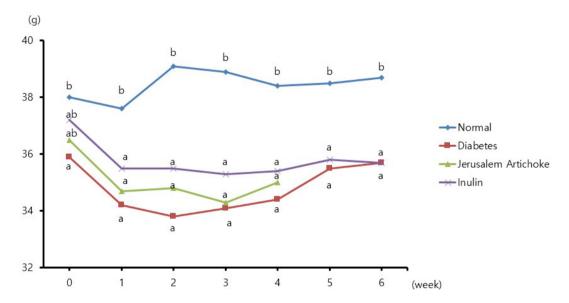
## Supplements

Supplementary Table 1. The change of food intake in normal, diabetes, Jerusalem Artichoke, and inulin group

Week	Normal (g/wk)	Diabetes (g/wk)	Jerusalem Artichoke (g/wk)	Inulin (g/wk)
1	$4.4 \pm 0.3^{a}$	$5.5 \pm 1.0^{b}$	$5.0 \pm 0.7^{ab}$	$5.6 \pm 0.9^{b}$
2	$6.0 \pm 0.3^{a}$	$7.5 \pm 0.8^{b}$	$6.6 \pm 1.2^{ab}$	$7.3 \pm 0.9^{b}$
3	$5.8 \pm 0.3^{a}$	$8.2 \pm 1.1^{b}$	$7.0 \pm 1.7^{ab}$	$7.6 \pm 1.6^{b}$
4	$5.6 \pm 0.3^{a}$	$8.8 \pm 1.7^{\rm b}$	$6.8 \pm 1.6^{a}$	$8.3 \pm 1.4^{b}$
5	$5.9 \pm 0.4^{a}$	$8.5 \pm 1.8^{b}$		$8.1 \pm 1.6^{b}$
6	$5.8 \pm 0.5^{a}$	$8.0 \pm 2.2^{b}$		$8.2 \pm 2.0^{b}$

Values are presented as mean  $\pm$  standard deviation.

<sup>&</sup>lt;sup>a,b</sup>Means in the same row not sharing a common superscript are significantly different among groups (P < 0.05).



**Supplementary Fig. 1.** Change of the body weight in normal, diabetes, Jerusalem Artichoke, and inulin group. <sup>a,b</sup>Means not sharing a common letter are significantly different among groups (P < 0.05).