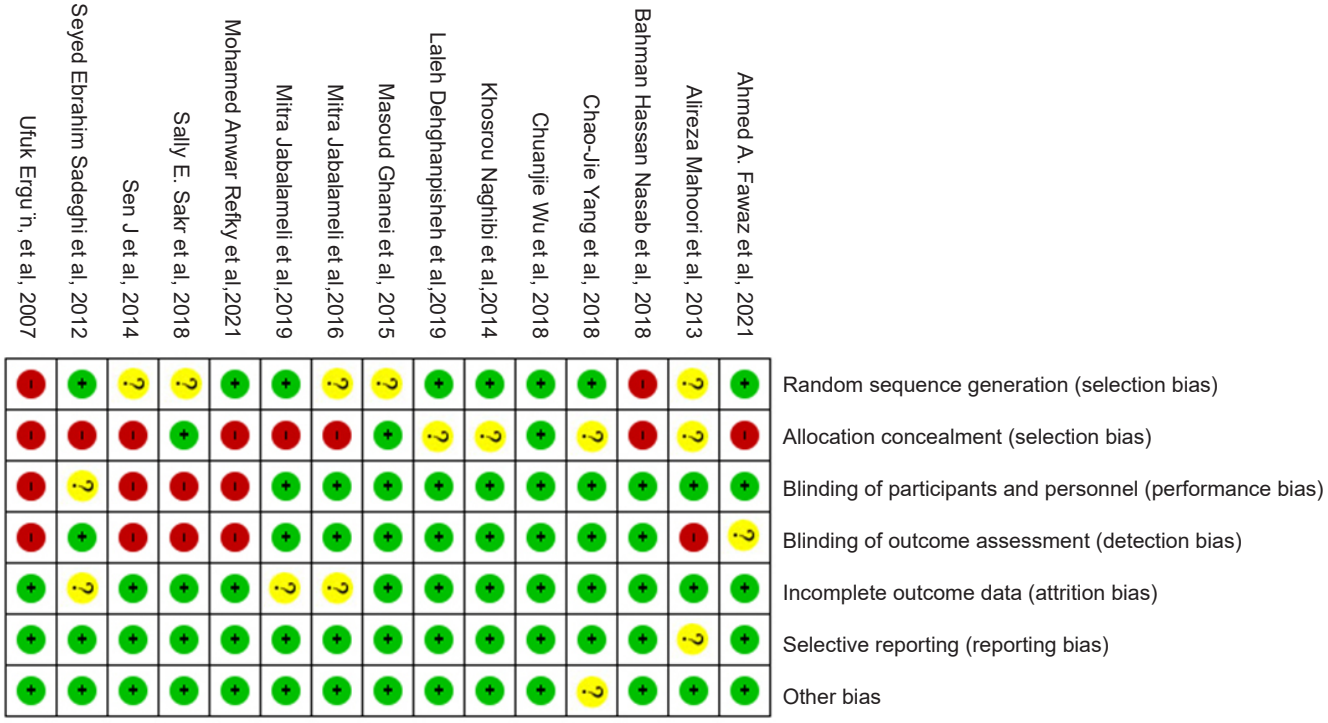

Supplementary Fig. 1. An overview of the authors' judgments about the risk of bias in each study.