Supplementary Table 3. Risk Factors for Mucosal Healing in Patients with Ulcerative Colitis

Variable -	Univariate regression		Multivariate regression	
	HR (95% CI)	<i>P</i> -value	HR (95% CI)	<i>P</i> -value
Sex				
Male	Reference		Not included	
Female	1.094 (0.862-1.388)	0.459		
Age at diagnosis				
≤ 16 yr	Reference		Not included	
17-40 yr	1.022 (0.543-1.923)	0.946		
> 40 yr	0.877 (0.356-2.157)	0.774		
Montreal classification				
E1	Reference		Reference	
E2	0.597 (0.448-0.797)	< 0.001	0.571 (0.427-0.763)	< 0.001
E3	0.554 (0.417-0.736)	< 0.001	0.515 (0.386-0.687)	< 0.001
Baseline endoscopic activity				
Mild	Reference		Not included	
Moderate	0.822 (0.634–1.225)	0.453		
Severe	0.965 (0.680-1.367)	0.839		
Clinical classification				
Initial onset	Reference		Reference	
Chronic relapse	0.722 (0.551-0.948)	0.019	0.795 (0.604–1.047)	0.102
Family history				
No	Reference		Not included	
Yes	1.403 (0.579-3.401)	0.453		
5 moking				
No	Reference		Not included	
Current smoker	0.951 (0.653-1.383)	0.791		
Former smoker	0.574 (0.143-2.307)	0.434		
Use of glucocorticoids at diagnosis				
No	Reference		Not included	
Yes	0.852 (0.653-1.111)	0.237		
Use of biologics within 1 yr after diagnosis				
No	Reference		Reference	
Yes	1.877 (1.210-2.914)	0.005	1.792 (1.139–2.820)	0.012
Cohort				
2007–2011	Reference		Reference	
2012–2016	2.036 (1.271-3.263)	0.003	1.876 (1.164–3.026)	0.010
2017–2021	3.473 (2.125-5.678)	< 0.001	3.166 (1.922-5.216)	< 0.001

HR, hazard ratio; CI, confidence interval.