Supplementary Table 1. Risk Factors for Proximal Disease Extension in Patients with Ulcerative Colitis

Variable	Univariate regression		Multivariate regression	
	HR (95% CI)	*P*-value	HR (95% CI)	*P*-value
Sex				
Male	Reference		Not included	
Female	1.167 (0.915–1.488)	0.215		
Age at diagnosis				
≤ 16 yr	Reference		Not included	
17–40 yr	0.735 (0.378–1.431)	0.365		
> 40 yr	1.013 (0.433–2.370)	0.976		
Montreal classification				
E1	Reference		Reference	
E2	0.446 (0.348–0.571)	< 0.001	0.438 (0.342–0.562)	< 0.001
Baseline endoscopic activity				
Mild	Reference		Not included	
Moderate	0.863 (0.632–1.180)	0.356		
Severe	0.898 (0.629–1.281)	0.552		
Clinical classification				
Initial onset	Reference		Reference	
Chronic relapse	1.517 (1.093–2.107)	0.013	1.639 (1.172–2.290)	0.004
Family history				
No	Reference		Not included	
Yes	0.955 (0.355–2.566)	0.927		
Smoking				
No	Reference		Not included	
Current smoker	0.785 (0.530–1.164)	0.229		
Former smoker	0.307 (0.043–2.188)	0.238		
Use of corticosteroids at diagnosis				
No	Reference		Not included	
Yes	0.956 (0.726–1.257)	0.746		
Cohort				
2007–2011	Reference		Reference	
2012–2016	1.043 (0.715–1.524)	0.826	1.223 (0.832–1.798)	0.306
2017–2021	1.534 (1.023–2.300)	0.038	1.762 (1.169–2.657)	0.007

HR, hazard ratio; CI, confidence interval.