

Supplementary Table 3. Results of ANOVA Analysis of ISI from the HBI Components

HBI components	Summary of ISI scores	
	Mean	SD
No. of liquid bowel motions ^a		
0	11.8	5.7
1	13.2	6.3
2	16.5	5.5
>3	13.7	6.1
Abdominal pain score ^b		
1 None	10.3	5.6
2 Mild	13.4	5.6
3 Moderate	16.1	5.6
4 Severe	15.5	7.1
General well-being ^c		
1 Very well	7.4	4.0
2 Slightly below par	11.7	5.6
3 Poor	13.9	5.6
4 Very poor	18.0	5.3
5 Terrible	17.3	3.4
No. of extraintestinal manifestations ^d		
0	9.9	5.4
1	11.7	5.8
2	13.2	5.9
3	15.3	5.6
4	15.9	5.7
5	14.7	5.4

^aF(3,332) = 5.07, P=0.0019. *Post hoc* analysis via Tukey: significant differences 2 vs. 0 otherwise no differences seen.

^bF(3,332) = 15.61, P<0.0001. *Post hoc* analysis via Tukey: significant differences 4 vs. 1 P=0.04, 3 vs. 1 P<0.001, 2 vs. 1 P<0.001, 3 vs. 2 P=0.022.

^cF(4,331) = 19.72, P<0.0001. *Post hoc* analysis via Tukey: significant differences between groups: 2 vs 1, 3 vs. 1, 4 vs. 1, 5 vs. 1, 3 vs. 2, 4 vs. 2, 4 vs. 3, otherwise not significant.

^dF(5,330) = 7.45, P<0.0001. *Post hoc* analysis via Tukey: significant differences between groups 2 vs 0, 3 vs. 0, 4 vs. 0, 3 vs. 1, 4 vs. 1.

ANOVA, analysis of variance; ISI, Insomnia Severity Index; HBI, Harvey Bradshaw Index; SD, standard deviation.