Supplementary Table 2. Results of ANOVA Analysis of ISI from the SCCAI Components

SCCAI components	Summary of ISI scores	
	Mean	SD
General well being[a]		
1 Very well	7.7	4.6
2 Slightly below par	11.7	5.9
3 Poor	14.4	5.5
4 Very poor	16.5	4.9
5 Terrible	22.2	0.5
Blood[b]		
None	11.8	5.9
Trace	13.7	6.4
Occasionally frank	12.2	5.0
Usually frank	17.3	7.3
Urgency[c]		
No urgency	10.6	6.2
Hurry	12.2	5.8
Immediately	14.8	6.2
Incontinence	15.9	7.4
Nocturnal bowel motions[d]		
1–3	12.4	6.0
4–6	18.5	7.5
Daytime bowel motions[e]		
1–3 times	11.8	6.2
4–6 times	12.7	5.9
7–9 times	14.3	5.6
>9 times	16.4	5.6
No. of extracolonic manifestations[f]		
0	10.7	6.3
1	10.9	5.8
2	15.1	5.7
3	14.8	6.1
4	13.8	4.6

[a]$F_{(4,205)} = 15.1$, $P < 0.0001$. *Post hoc* analysis via Tukey: significant results 2 vs. 1, 3 vs. 1, 4 vs. 1, 5 vs. 1, 3 vs. 2, 4 vs. 2, 5 vs. 2, 5 vs. 3, otherwise no significant different seen.
[b]$F_{(3,206)} = 3.62$, $P = 0.014$. *Post hoc* analysis via Tukey: significant results severe different to none ($P = 0.016$), otherwise no difference seen.
[c]$F_{(3,208)} = 4.45$, $P = 0.0047$. *Post hoc* analysis via Tukey: significant results immediately different to no urgency ($P = 0.006$), otherwise no difference between groups.
[d]$F_{(1,208)} = 5.83$, $P < 0.017$.
[e]$F_{(3,206)} = 3.27$, $P = 0.0223$. *Post hoc* analysis via Tukey: group with >9 times per day different to 1–3 times per day ($P = 0.025$), otherwise no difference.
[f]$F_{(4,205)} = 5.9$, $P = 0.0001$. *Post hoc* analysis via Tukey: significant differences between groups: 2 > 0, 3 > 0, 2 > 1, 3 > 1.
ANOVA, analysis of variance; ISI, Insomnia Severity Index; SCCAI, Simple Clinical Colitis Activity Index; SD, standard deviation.