

Supplementary Table 5. Effect of Age on Inflammatory Bowel Disease (IBD)-Disk Scores and IBD Daily Life Burden

Variable	All patients (n = 546)			Ulcerative colitis (n = 464)			Crohn's disease (n = 82)		
	≤ 40 yr (n = 296)	41-60 yr (n = 208)	> 60 yr (n = 42)	≤ 40 yr (n = 257)	41-60 yr (n = 176)	> 60 yr (n = 31)	≤ 40 yr (n = 39)	41-60 yr (n = 32)	> 60 yr (n = 11)
Abdominal pain	1.75±2.52	1.53±2.51	0.90±1.88	1.81±2.59	1.47±2.40	1.13±2.11	1.36±1.99	1.88±3.11	0.27±0.90
Joint pain	1.32±2.42	1.96±2.86	1.90±2.98	1.39±2.50	1.76±2.71	1.65±2.89	0.85±1.72	3.06±3.41	2.64±3.23
Sexual function	0.10±0.66	0.04±0.55	0.00±0.00	0.12±0.70	0.05±0.60	0.00±0.00	NR ^a	NR ^a	NR ^a
Body image	1.30±2.18	0.88±1.78	0.83±2.00	1.31±2.19	0.81±1.61	0.97±2.29	1.26±2.16	1.28±2.52	0.45±0.69
Emotions	3.38±3.34	3.28±3.20	2.74±3.09	3.45±3.35	3.19±3.22	3.13±3.27	2.95±3.22	3.75±3.11	1.64±2.30
Energy	4.23±3.10	4.59±2.99	4.69±3.02	4.22±3.11	4.47±3.03	4.71±3.19	4.31±3.09	5.25±2.70	4.64±2.66
Sleep	1.72±2.80	2.34±3.18	2.52±3.27	1.79±2.86	2.27±3.11	2.39±3.20	1.26±2.37	2.72±3.57	2.91±3.59
Education & work	1.88±2.25	2.11±2.39	1.83±2.17	1.89±2.30	2.03±2.32	1.68±2.09	1.77±1.93	2.52±2.75	2.27±2.45
Interpersonal interactions	0.72±1.68	0.56±1.22	0.43±0.99	0.77±1.76	0.57±1.24	0.26±0.82	0.38±0.91	0.47±1.16	0.91±1.30
Regulating defecation	1.79±2.44	1.65±2.31	1.21±1.95	1.90±2.52	1.62±2.28	1.16±1.86	1.08±1.63	1.84±2.53	1.36±2.25
Total IBD-disk score	18.19±15.55	18.94±14.90	17.07±14.84	18.64±15.91	18.26±14.41	17.06±15.36	15.21±12.71	22.69±17.11	17.09±13.95
IBD daily life burden	2.44±2.11	2.50±1.94	2.19±1.76	2.49±2.14	2.44±1.94	2.19±1.87	2.13±1.87	2.88±1.91	2.18±1.47

Values are presented as mean±standard deviation.

^aAll the patients reported a score of 0, hence no value reported.