

See “Vegetarianism as a protective factor for asymptomatic colonic diverticulosis in Asians: a retrospective cross-sectional and case-control study” on page 1-11.

Supplementary Material 1. Questionnaire

Past Medical History

Please give details of any important illness, operation or medications:

Current or Past Medical Problems	Dates of Diagnosis

Surgeries	Dates	Reason

Medications	Dosage/Frequency	Reason

Life Style

- Check one of the following about smoking within recent 1 year
 Never smoked Former smoked Smoke some days Smoke every day
 If you smoke or used to smoke, how many packs do/did you smoke per day?
 How many years did you smoke/have you smoked?
 If you quit, when did you quit?

- How often do you drink alcohol on average?
 Never <4/month 1-3/week 4-6/week daily
 If you drink alcohol, please indicate the quantity per week of each
 - Soju glass (40cc) of Soju _____

- Beer glasses (250cc) of beer _____
- Wine glass (85cc) of wine _____
- Shot (25cc) of hard liquor (such as whisky) _____

• Do you take regular exercise? no yes

If yes, what kind of exercise do you take? _____

How often have you ate meat

- <1/week, 1-2/week, 3-6/week, daily

How long do you exercise on average when you take exercise? _____ minutes

Symptoms

- Abdominal pain none mild moderate severe
- Dyspepsia none mild moderate severe
- Nausea/vomiting none yes
- Diarrhea none yes (defecation /day)
- Constipation none yes (defecation /week)
- Jaundice none yes
- Black stool none yes
- Blood in stool none yes
- Difficulty in swallowing none yes

Diet

• How often have you eat red meat or poultry?

- Never (vegetarian), ≤ 1/week, 2-3/week, ≥ 4/week