

**Supplementary Table 1.** Smoking Status of Respondents by Country

	Canada		Finland		Italy		France		Germany		UK		Spain		Sweden	
	CD	UC	CD	UC	CD	UC	CD	UC	CD	UC	CD	UC	CD	UC	CD	UC
Never smoked	433 (55.4)	275 (52.7)	178 (45.4)	386 (47.2)	229 (39.3)	265 (55.4)	230 (39.0)	185 (55.2)	191 (35.6)	186 (53.0)	284 (56.8)	199 (56.9)	130 (32.6)	120 (46.2)	143 (47.4)	146 (50.7)
Previous smoker	256 (32.8)	212 (40.6)	138 (35.2)	346 (42.4)	191 (32.9)	135 (28.3)	194 (32.9)	115 (34.3)	191 (35.6)	136 (38.7)	134 (26.8)	109 (31.1)	155 (38.8)	107 (41.2)	133 (44.0)	123 (42.7)
Current smoker <sup>a</sup>	92 (11.8)	35 (6.7)	76 (19.4)	85 (10.4)	162 (27.8)	78 (16.3)	165 (28.0)	35 (10.4)	154 (28.7)	29 (8.3)	82 (16.4)	42 (12.0)	114 (28.6)	33 (12.7)	26 (8.6)	19 (6.6)
OR	1.9		2.1		2.0		3.3		4.5		1.4 (NS)		2.8		1.3 (NS)	
P-value	0.002		<0.001		<0.001		<0.001		<0.001		0.074		<0.001		0.358	

Values are presented as number (%).

<sup>a</sup>At the time of completing the questionnaire.

**Supplementary Table 2.** Time to Diagnosis by Time since First Symptoms

Diagnosis	Time period when first experienced symptoms					
	0-5 yr ago	6-10 yr ago	11-15 yr ago	16-20 yr ago	21-25 yr ago	>25 yr ago
CD <sup>a</sup>	0.65 (1.08)	1.71 (2.10)	2.58 (3.52)	3.22 (4.40)	4.47 (6.25)	6.49 (9.08)
UC <sup>b</sup>	0.57 (0.97)	1.25 (1.83)	2.17 (3.34)	2.69 (4.43)	3.77 (6.08)	5.60 (9.28)

Values are presented as mean (SD).

<sup>a</sup>Comparison between year groups:  $R^2=0.964$ ;  $P=0.001$  (ANOVA).

<sup>b</sup>Comparison between year groups:  $R^2=0.958$ ;  $P=0.001$  (ANOVA).