

**S1 Table.** Parameters for calculation alcohol consumption

Alcohol consumption frequency	Conversion to times per day	Type of drink	% Ethanol	Volume per cup (mL)	Volume per bottle (mL)
1 per month	1/30	Beer	4.5	200	355
2-3 times per month	2.5/30	Soju	1998-2006: 25 2007-2011: 19.5 2012-2018: 19 ≥ 2019: 17	50	360
1 per week	1/7	Whisky	40.0	20	360
2-3 times per week	2.5/7	Makgeolli	6.0	200	1000
4-6 times per week	5/7	Wine	12.0	100	750
1 per day	1	Fruit wine	14	100	
≥ 2 per week	2				

Alcohol consumption was calculated as: Ethanol (g)=volume (mL)×concentration (%)×density (0.7947)/100.