

S1 Table. Questionnaire of HF-QoL

Scale/subscale	Item description
Symptoms	
Hands	Have red or discolored skin Show changes in color or appearance of fingernails Feel painful Sensitive to pressure Burning or “hot” sensation Have peeling skin Have thickened or calloused skin Feel numbness or tingling Feel swollen Have blisters or sores
Feet	Have red or discolored skin Show changes in color or appearance of toenails Feel painful Sensitive to pressure Burning or “hot” sensation Have cracked or peeling skin Have thickened or calloused skin Feel numbness or tingling Feel swollen Have blisters or sores
Daily activities	
Physical	Avoid physical activity Difficulty doing heavy housework Walk at a slower pace Difficulty using stairs Difficulty lifting/carrying objects Have to wear different clothes/shoes Have to stay off feet Accomplish less than would like
Self-care	Difficulty using fingers Difficulty eating with fork or drinking Difficulty bathing

Social	Less comfortable in social activities Feel isolated from others Cut back on social activities
Psychological	Less confident you could overcome problems Bothered by things Feel helpless Down hearted and sad

HF-QoL, hand-foot skin reaction and quality of life.