

： ， ， ，

\* . \*\*

1.

(Block, 1999)

가 .

가 가 (Peck, 1985).

가

(Wilson et al, 1995). Park Shin

1997 6,022 10 (1991)

361 1988 8 가

10 2

(Korea National Statistical Office, 1998).

가

29.5% (Korea National Statistical Office, 1990)

(Miller, 1984),

(Shin, Park, Oh, & Kim, 1990).

65.4%가

11.3%

7.0% (Korea

Youth Counseling Institute, 1993).

(Song,

Carlson Cantwell(1982)

Lee, Chun, & Joung, 1996).

\*

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2001 9 11

2001 10 11

2002 2 19

가

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(Shin, 1992).

가

2.

(Beck, Kovacs,

& Weissman, 1979). Carlson & Cantwell(1982)

42%,

34%가

1)

가

가

Simons

2)

Murphy(1985)

가

3)

4)

가

가

Kim (1992)

3.

가

1)

(Stressors)

(Eliot & Eisdoefer, 1982).

가

Oh & Han(1990)

(Lee,

Go, Kim, & Lee(2000)

1994).

66

가

2)

(Coping behaviors)

(Lazarus, Averill, & Option, 1974)

Oh & Han(1990)

44

가

가

(Adolescent Coping Inventory)

(Ramsay, Tanney, Tierney, &

4.

Lang, 1994).

가

3. 가 .

1999 2 5 가 가

1. 30 가 .

1 1 1 , 3 , 1,441 가 4. 2

-test , 2

2. -test . , , t-test .

1) Oh & Han(1990) ( Cronbach's = .793) Go (2000) 66 1. 가 , , , , , 6 <Table 1> 1,441 6 460 31.9% 163 27.2%, 297 35.3% . 1

2) Patterson McCubin(1987) 520 , 2 601 , 3 320 Adolescent Coping Orientation for Experience Oh & Han(1990) 172 (33.1%), 2 192 (31.9%), 3 96 (30.0%) 44 (Cronbach's = .78). (p<.05). " " " " 5 Likert . 2.

&lt;Table 1&gt; Comparison of having suicidal ideation according general characteristics

general characteristics		suicidal ideation n(%)		$\chi^2$	p
		have	not		
sex	boys	163 (27.2)	436 (72.8)	0.150	.928
	girls	297 (35.3)	545 (64.7)		
grade	1	172 (33.1)	348 (66.9)	1.380	.848
	2	192 (31.9)	409 (68.1)		
	3	96 (30.0)	224 (70.0)		





&lt;Table 4&gt; Comparison of stressors between boys and girls who have suicidal ideation

stressors	boys			girls			P
	rank	f(n)	%	rank	f(n)	%	
too much task to study	1	153	95.0	1	281	94.9	.963
anxiety about future	2	144	88.3	2	263	88.9	.870
insufficient rest and lack of free time	3	105	64.4	3	160	54.1	.031
unstable sleep pattern	4	87	53.4	5	142	48.0	.268
drop in grades	5	85	52.5	4	159	53.7	.798
worsening of economic condition	6	72	44.2	7	124	41.8	.616
parents' meddling	7	65	40.1	9	86	29.2	.017
frequent quarrel with siblings	8	64	39.3	6	130	43.9	.334
changed meal time	9	63	38.7	8	108	36.4	.627
quarrel with parents due to returning home late	10	60	36.8	14	72	24.2	.004
borrowing money from friends	11	56	34.4	15	70	23.6	.013
drinking or smoking	12	53	32.5	31	30	10.2	.001
quarrel with parents due to clothes and hairstyle	13	49	30.1	13	73	24.6	.203
separation from siblings	14	48	29.6	18	56	18.9	.008
father's drinking and/or abusive behaviors	15	47	28.8	12	74	24.9	.361
frequent parent's quarrel	19	36	22.1	10	80	27.0	.244
illness and/or death in family	16	42	25.8	11	79	26.6	.846

&lt;Table 5&gt; Comparison of coping behaviors between boys and girls who have suicidal idea

coping behaviors	boys		girls		t	p
	rank	Mean	rank	Mean		
listen to music or radio	1	3.7136	1	3.9151	-1.43	.1524
think about good things	2	3.4728	3	3.7113	-0.94	.3472
buy or pay attention to interesting items	3	3.3207	6	3.3418	-0.18	.8572
sleep	4	3.2977	4	3.7048	-3.22	.0014
take things lightiy	5	3.2774	7	3.2971	0.26	.7984
imagine of good things or interests	6	3.2605	8	3.2696	0.31	.7578
keep in contact with supporters	7	3.2383	5	3.3952	-0.90	.3691
do hobby	8	3.1936	14	3.0420	1.69	.0926
meet boy/girl friend	9	3.1304	11	3.1487	-0.13	.8935
watch television	10	3.0712	12	3.0752	0.40	.6901
wishful thinking	11	3.0611	9	3.1841	-0.58	.5618
make decision and fulfill on my own	12	3.0086	13	3.0577	-0.06	.9503
think about how to solve the problem on my own	13	3.0033	10	3.1632	-0.79	.4288
cry	14	2.8913	2	3.8418	-7.77	.0001
think again and reorganize what to do	15	2.7032	15	3.0338	-2.49	.0133

&lt;Table 5&gt;

가  
31.9%  
Yoon & Yoon(1993) 55.8%, Korea Youth  
Counseling Institute(1993) 65.4%  
“ ”, “ ”, “ ”  
가 6 가  
(p<.05). 31.9%  
Simons Murphy(1985)  
가  
1/3

Block (1999)

Wilson "가 가  
(1995) Oh & Han(1990) 2  
가  
, 가  
가 Yoon & Yoon 가  
(1993) 가  
Song (1996) 가  
가  
(Kang, 1987; Oh & Han,  
1990) Ko(1997)  
가  
Pearlin Schooler(1978)  
가  
49.9%가  
, 37.2%가  
Park(1993)  
가  
가  
가  
Oh & Han(1990) 가  
" " " "  
" "  
Park & Shin(1991)  
Lee & Lee(1982) 가





( $p < .05$ ).

가

가 가  
가

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1)

가

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- Abstract -

# A Comparison of Stressors and Coping Behaviors of the High School Students who have Suicidal Ideation vs those who do not

*Im, Sook-Bin \*· Jung, Chul-Soon \*\**

**Purpose:** This study was conducted to identify and compare the stressors and coping behaviors of high school students who experienced suicidal ideation vs those who do not. **Method:** The data were collected from 1,441 high school students living in the middle region of Korea. Researchers collected the data using Adolescent Stress Inventory and Adolescent Coping questionnaire from February to May of 1999. Data were analyzed using X<sup>2</sup>, T-test. **Result:** A significant proportion (31.9%) of subjects had thought about suicide during

the past 6 months, 297 girls (35.3%) and 163 boys (27.2%). Major stressors of subjects who experienced suicidal ideation were academic problems, conflicts between family members, and changes in sleeping or eating patterns. Conflicts with family members contributed to have suicidal ideation. There was no significant difference in helpful coping behaviors between the two groups. The group who experienced suicidal ideation had lower scores and fewer coping behaviors. Boys perceived more stressors and had fewer helpful coping behaviors than girls. **Conclusion:** It is necessary to develop school-based suicide prevention programs. Our findings suggest that the program should focus on problems related to studying and conflicts within the family.

**Key words :** Adolescent, Suicide, Stress, Coping

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