



ORIGINAL ARTICLE

Analysis of Adult Patients with Tinea Capitis in Southeastern Korea

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Background: Tinea capitis is a cutaneous infection of dermatophytes and predominant in children. Although tinea capitis in Korea is controlled by oral antifungal medications and concerted public health initiatives, it's still a health issue.

Objective: To investigate changes in the epidemiological and mycological characteristics of adult patients with tinea capitis in southeastern Korea. **Methods:** Using medical records from Kyungpook National University Hospital and Catholic Skin Clinic from 1989 to 2018, we retrospectively investigated the epidemiological and mycological characteristics of 266 adult patients (aged over 20) with tinea capitis.

Results: Among total 266 patients, 239 were KOH-positive. The annual incidence of tinea capitis ranged from 3 to 18 between 1989 and 2018. Of the total, 54 (20.30%) were male and 212 (79.70%) were female. Eighty patients (30.08%) were in their seventies, the most commonly affected age group. Of the remaining, 58 (21.80%) were in their sixties, and 41 (15.41%) in eighties. Among all, 77 (28.95%) visited the hospital in summer, 72 (27.07%) in spring, 64 (24.06%) in winter, and 53 (19.92%) in fall. Dermatophytes were cultured from 171 patients. *Microsporum canis* was the most common dermatophyte (42.48%), while *Trichophyton ru-*

brum was the second (15.79%). Of the 266 patients, 186 (69.92%) lived in urban areas and 80 (30.08%) in rural areas.

Conclusion: The epidemiological and mycological characteristics of adult patients with tinea capitis were different from those of children in terms of annual incidence, sex distribution, and isolated dermatophytes. These results provide useful information for the treatment and prevention of tinea capitis. (Ann Dermatol 32(2) 109~114, 2020)

-Keywords-

Dermatophytosis, Epidemiology, *Microsporum canis*, Tinea capitis

INTRODUCTION

Tinea capitis is an infectious skin disease caused by dermatophytes that is found primarily in children¹ and more commonly in males. Its clinical manifestation can range from small scaly patches to large inflammatory pustular plaques with extensive hair loss. Immunosuppressive conditions, such as diabetes mellitus and prolonged steroid medication, have also been associated with tinea capitis². The epidemiological and mycological characteristics of tinea capitis change over time and are influenced by environmental conditions, socioeconomic status, and individual immunity. *Microsporum ferrugineum* was the most common dermatophyte responsible for tinea capitis in Korea in the 1960s³, but *Microsporum canis* has increasingly been identified as the cause of tinea capitis in Korea since the 1970s⁴. Although tinea capitis can be controlled with oral antifungal medication and public health campaigns, it remains a public health issue in Korea⁵. In particular, the incidence of tinea capitis is increasing in

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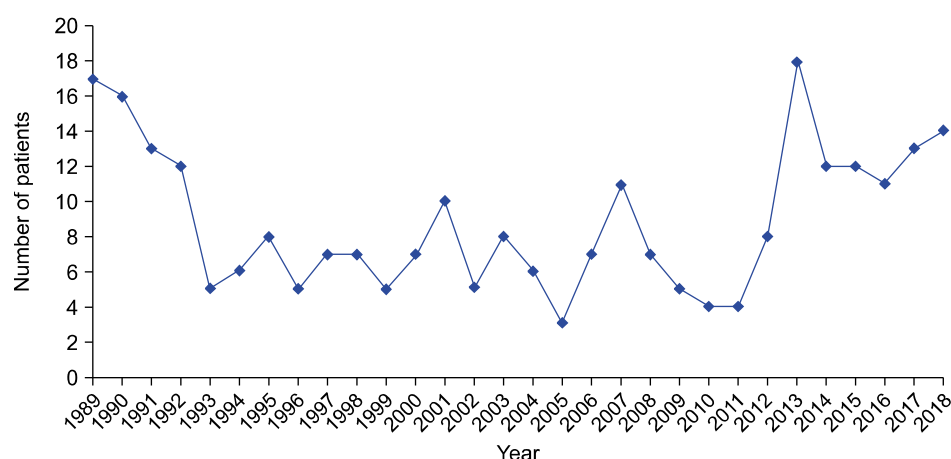


Fig. 1. Annual incidence for adult patients with tinea capitis.

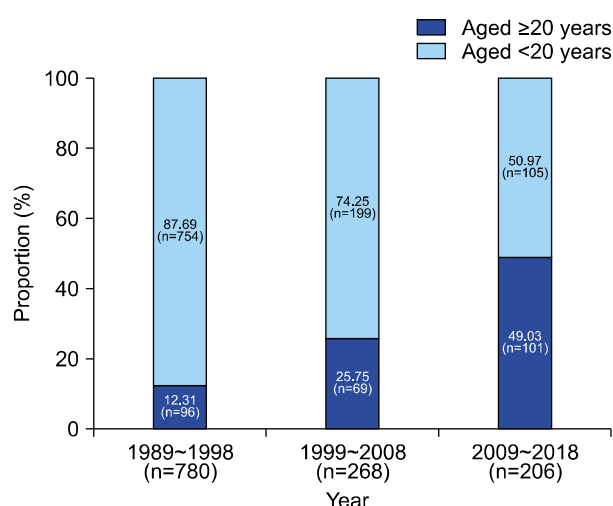


Fig. 2. Proportion of adult patients in total tinea capitis incidence by time period. The proportion of tinea capitis patients aged over 20 years has been increasing with time: 12.31% between 1989 and 1998, 25.75% between 1999 and 2008, and 49.03% between 2009 and 2018.

adults, even though it is decreasing in children. We thus investigated changes in the epidemiological and mycological characteristics of adult patients with tinea capitis in southeastern Korea.

MATERIALS AND METHODS

Patients

Using medical records from Kyungpook National University Hospital and the Catholic Skin Clinic from 1989 to 2018, we retrospectively investigated the epidemiological and mycological characteristics of 266 patients aged over 20 years out of 1,254 patients with tinea capitis.

Diagnosis of dermatophyte infection

Using their medical records, the information from 266 adult patients with tinea capitis was retrospectively analyzed to determine the annual incidence, age distribution, sex distribution, seasonal incidence, identity of the isolated dermatophytes, and residence. Scales and hairs were obtained from the scalp for fungal examination, and analysis with 15% KOH was conducted. Of the 266 patients, 239 (89.85%) were found to be KOH-positive. The dermatophytes responsible for the infection were isolated from fungal cultures using potato-dextrose agar and cornmeal Tween 80 media. The cultures were kept at 24°C ~ 26°C and examined after 2 to 4 weeks. Dermatophytes were cultured from 171 patients, and microscopic examination was conducted after staining with lactophenol cotton blue to identify fungal hyphae with conidia. Wood lamp tests were also used to detect fluorescent fungal elements.

Ethics statements

We conducted this study after approval by the Institutional Review Board of Kyungpook National University Hospital (IRB no. 2019-03-014). Informed patient consent was waived by the board.

RESULTS

Annual incidence

The annual incidence of patients aged over 20 years with tinea capitis ranged from 3 to 18 between 1989 and 2018 (Fig. 1), with a mean annual incidence rate of 8.9. In terms of the change in the mean incidence rate over time, it was 9.6 between 1989 and 1998 (96 patients), 6.9 between 1999 and 2008 (69 patients), and 10.1 between 2009 and 2018 (101 patients). The annual incidence of tinea capitis in patients aged over 20 years was lowest in 2005 and highest in 2013. Fig. 2 presents the proportion of tinea

capitis patients that were over 20 years old; of the total of 780 patients diagnosed with tinea capitis between 1989 and 1998, 96 were older than 20 (12.31%), compared to 69 out of 268 between 1999 and 2008 (25.75%), and 101 out of 206 between 2009 and 2018 (49.03%) for a total of 266 out of 1,254 for the entire study period (21.21%).

Age distribution

Table 1 presents the incidence of tinea capitis by age group. From 1989 to 2018, the most commonly affected age group were those patients in their seventies, with 80 patients diagnosed (30.08%). Of the remaining patients, 58 (21.80%) were in their sixties, and 41 (15.41%) were in their eighties. The rest were in their fifties, forties, thirties, twenties, and nineties in order. This pattern was similar for the individual 1989~1998, 1999~2008, and 2009~2018 subperiods, though some differences were

observed. From 1989 to 1998, the most commonly affected age group was those patients in their sixties, with 30 patients diagnosed (31.25%). Of the remaining patients, 20 (20.83%) were in their seventies, 18 (18.75%) were in their fifties, and the rest were in thirties, forties, eighties, and twenties in order. From 1999 to 2008, 19 patients (27.54%) were respectively in their sixties and seventies, 10 (14.49%) were in their fifties. The rest were in their eighties, forties, twenties, thirties, and nineties in order, each with 6 patients or fewer. From 2009 to 2018, 41 patients (40.59%) were in their seventies, 29 (28.71%) were in their eighties, 12 (11.88%) were in their fifties, and the rest were in their sixties, twenties, forties, nineties, and thirties in order.

Sex distribution

For the entire study period (1989~2018), 54 of the 266

Table 1. Age distribution of adult patients with tinea capitis

Period	Age (yr)								Total
	20~29	30~39	40~49	50~59	60~69	70~79	80~89	90~99	
1989~1998	3 (3.13)	10 (10.42)	9 (9.38)	18 (18.75)	30 (31.25)	20 (20.83)	6 (6.25)	0 (0.00)	96 (100)
1999~2008	3 (4.35)	4 (5.80)	5 (7.25)	10 (14.49)	19 (27.54)	19 (27.54)	6 (8.70)	3 (4.35)	69 (100)
2009~2018	5 (4.95)	1 (0.99)	2 (1.98)	12 (11.88)	9 (8.91)	41 (40.59)	29 (28.71)	2 (1.98)	101 (100)
Total	11 (4.14)	15 (5.64)	16 (6.02)	40 (15.04)	58 (21.80)	80 (30.08)	41 (15.41)	5 (1.88)	266 (100)

Values are presented as number (%).

Table 2. Seasonal distribution of adult patients with tinea capitis

Period	Season				Total
	Spring	Summer	Fall	Winter	
1989~1998	31 (32.29)	28 (29.17)	13 (13.54)	24 (25.00)	96 (100)
1999~2008	18 (26.09)	23 (33.33)	8 (11.59)	20 (28.99)	69 (100)
2009~2018	23 (22.77)	26 (25.74)	32 (31.68)	20 (19.80)	101 (100)
Total	72 (27.07)	77 (28.95)	53 (19.92)	64 (24.06)	266 (100)

Values are presented as number (%).

Table 3. Dermatophytes isolated from adult patients with tinea capitis

Period	Causative fungus							Contami- nant	Negative	Total
	<i>Micros- porum canis</i>	<i>Tricho- phyton rubrum</i>	<i>Tricho- phyton menta- grophytes</i>	<i>Tricho- phyton verrucosum</i>	<i>Tricho- phyton tonsurans</i>	<i>Micros- porum gypseum</i>				
1989~1998	41 (42.71)	14 (14.58)	3 (3.13)	3 (3.13)	1 (1.04)	0 (0.00)	18 (18.75)	16 (16.67)	96 (100)	
1999~2008	28 (40.58)	7 (10.14)	1 (1.45)	2 (2.90)	2 (2.90)	0 (0.00)	10 (14.49)	19 (27.54)	69 (100)	
2009~2018	44 (43.56)	21 (20.79)	3 (2.97)	0 (0.00)	0 (0.00)	1 (0.99)	9 (8.91)	23 (22.77)	101 (100)	
Total	113 (42.48)	42 (15.79)	7 (2.63)	5 (1.88)	3 (1.13)	1 (0.38)	37 (13.91)	58 (21.80)	266 (100)	

Values are presented as number (%).

Table 4. Dermatophytosis coexisting with tinea capitis

Coexisting dermatophytosis	No. of patients (%)
Tinea faciei	22 (8.27)
Tinea corporis	16 (6.02)
Tinea manus	1 (0.38)
Tinea cruris	2 (0.75)
Tinea pedis	7 (2.63)
Tinea unguium	28 (10.53)

patients (20.30%) were male and the remaining 212 patients (79.70%) were female, a ratio of 1:3.9. In terms of the subperiods, from 1989 to 1998, 17 of the 96 patients (17.71%) were male and 79 (82.29%) were female (1:4.6), while from 1999 to 2008, 17 of the 69 patients (24.64%) were male and 52 (75.36%) were female (1:3.1). Finally, from 2009 to 2018, 20 of the 101 patients (19.80%) were male and 81 (80.20%) were female (1:4.1).

Seasonal distribution

Table 2 shows that, from 1989 to 2018, 77 of the 266 patients (28.95%) visited hospital in summer, 72 (27.07%) in spring, 64 (24.06%) in winter, and 53 (19.92%) in fall. In the earlier subperiod (1989~1998), spring was the most common season for patients to visit hospital. From 1999 to 2008, summer was the most common season, and from 2009 to 2018, fall was the most common season.

Isolation of dermatophytes

As can be seen in Table 3, from 1989 to 2018, *M. canis* was the most common dermatophyte (42.48%) isolated from tinea capitis patients, while *Trichophyton rubrum* was the second most common (15.79%). From 1989 to 1998, *M. canis* was the most common dermatophyte (42.71%), with *T. rubrum* the second most common (14.58%). From 1999 to 2008, *M. canis* was also the most common dermatophyte (40.58%), followed by *T. rubrum* at 10.14%. From 2009 to 2018, *M. canis* was the most common dermatophyte (43.56%) isolated from tinea capitis and *T. rubrum* was the second most common (20.79%).

Patient residence

Residence was divided based on Korean administrative district. For the entire study period, 186 of the 266 patients (69.92%) lived in urban areas and 80 (30.08%) lived in rural areas. From 1989 to 1998, 65 of the 96 patients (67.71%) lived in urban areas and 31 (32.29%) in rural areas. From 1999 to 2008, 56 of the 69 patients (81.16%) lived in urban areas and 13 (18.84%) lived in rural areas. From 2009 to 2018, 65 of the 101 patients (64.36%) lived

in urban areas and 36 (35.64%) lived in rural areas.

Coexisting dermatophytosis

A total of 101 patients from 2009 to 2018 were investigated for topographical distribution coexisting with tinea capitis (Table 4). Tinea faciei coexisted with tinea capitis in 22 patients (8.27%) and tinea corporis coexisted in 16 patients (6.02%). Interestingly, tinea unguium coexisted in 28 patients (10.53%).

Clinical symptoms

A total of 101 patients from 2009 to 2018 presented with scaly hairless erythematous patches on the scalp. Ten patients exhibited kerion celsi, and 12 patients were misdiagnosed with seborrheic dermatitis.

Causative agents and underlying diseases

Of the 101 patients diagnosed with tinea capitis from 2009 to 2018, 9 had past contact history with cats. Some patients had underlying diseases; of these, 11 had diabetes mellitus, 28 had hypertension, and 13 had other underlying diseases.

Treatment of tinea capitis

From 2009 to 2018, all of the patients were treated with oral antifungal medicines such as terbinafine and itraconazole: 71 patients (70.30%) were treated with terbinafine, 25 (24.75%) with itraconazole, and 5 (4.95%) with both. All of them were treated 1~3 months, and then positive results in follow up KOH test prolonged the treatment duration. In the end, 60 patients were cured, 25 patients were lost during follow up period, and 2 patients were failed.

Comparison between patients infected with *M. canis* and *T. rubrum*

From 2009 to 2018, 41 patients were infected with *M. canis* and 21 patients with *T. rubrum*. *M. canis* infection was highest in their seventies (20 patients) and *T. rubrum* infection in their eighties (11 patients). *M. canis* infection was most common in spring (15 patients) and *T. rubrum* infection in winter (8 patients). *M. canis* infection developed kerion celsi but *T. rubrum* infection did not. Contact history of cats or other animals was noted only in *M. canis* infection. The ratio of cure to loss of follow up or failure during antifungal treatment was much higher in *M. canis* infection than in *T. rubrum* infection.

DISCUSSION

Our previous study reported that a total of 2,029 patients

developed tinea capitis between 1978 and 1984. The number of adult patients with tinea capitis was only 41 (2.0%) in that study. However, the present study reveals that the annual incidence of tinea capitis in adults has increased over time from 41 (1978~1988) to 101 patients (2009~2018). In addition, the proportion of patients aged over 20 years from 1989 to 1998 was 12.31%, increasing to 25.75% from 1999 to 2008 and to 49.03% from 2009 to 2018. Compared with the proportion from 1978 to 1988, the proportion of adults with tinea capitis from 2009 to 2018 has thus increased tremendously. However, Cheon et al.⁶ reported that the incidence of tinea capitis from 2016 to 2017 was still higher in children below 10 years old, while Kim et al.⁷, Shin et al.⁸, Chun et al.⁹, and Kim et al.¹⁰ also found that children below 10 years old were the most common patient group for tinea capitis. The hygiene of children has improved significantly compared to the past, so the incidence of tinea capitis has been lowered. However, the life patterns of adults have not changed and the life span increased. It explains increased incidence of adult patients with tinea capitis. In addition, the increasing incidence of adult tinea capitis may be attributed to the underlying diseases, such as diabetes, increased use of steroids and immunosuppressants, and the reduction of triglycerides with antifungal effects^{4,7}. Our previous study found that 34 of the 41 adult tinea capitis patients were female. In this study, 54 of the 266 patients (20.30%) from 1989 to 2018 were male and the remaining 212 patients (79.70%) were female, while 20 of the 101 patients (19.80%) from 2009 to 2018 were male and 81 (80.20%) were female. Thus, there was a similar sex distribution for the disease across all of the subperiods. Kim et al.⁷, Shin et al.⁸, and Kim et al.¹⁰ also reported that the incidence of tinea capitis was higher in adult females. In contrast, Chun et al.⁹ found that the incidence of tinea capitis was higher in adult males. In addition, among children with tinea capitis, male patients are more common. In this study, female predominance in incidence of tinea capitis may be explained by hospital friendly tendency and prolonged life span. In addition, keeping pets and contact with them may be more frequent in female than in male.

Our previous study revealed that patients in their sixties had the highest incidence of tinea capitis⁴. Similarly, in the present study, patients in their sixties were the most commonly inflicted age group from 1989 to 1998. However, from 2009 to 2018, the highest incidence rate was among patients in their seventies.

In a previous study, it was reported that patients with tinea capitis were diagnosed most commonly in winter³. Kim et al.⁷, Shin et al.⁸, and Chun et al.⁹ also reported that winter

was the most common season for tinea capitis occurrence. However, patients with tinea capitis in the present study most commonly visited hospital in summer from 1989 to 2018, and from 2009 to 2018, patients with tinea capitis most commonly visited hospital in fall. Cutaneous fungal infections usually occur in a hot and humid weather. Therefore, incidence of the fungal infection may be highest in summer¹¹. However, incidence of tinea capitis can be influenced by changes in life style and accessibility to hospitals.

In our previous study, *M. canis* (36 patients, 87.80%), *Trichophyton verrucosum* (2 patients), *Trichophyton mentagrophytes* (1 patient), *Trichophyton ferrugineum* (1 patient), and *T. rubrum* (1 patient) were found to be the causal agents for tinea capitis⁴. In the present study, *M. canis* was the most common dermatophyte (43.56%) isolated from tinea capitis from 2009 to 2018, followed by *T. rubrum* (20.79%), both of which were also the two most common dermatophytes for the entire study period (42.48% and 15.79%, respectively). Cheon et al.⁶ also reported that the second most common causative agent for tinea capitis was *T. rubrum*. In addition, Kim et al.⁷ and Shin et al.⁸ reported the same results, though the proportion of *T. rubrum* was lower in these studies compared to the present study. Chun et al.⁹ reported that *T. mentagrophytes* was the second most common causative agent for tinea capitis. Dermatophytes evolve along with socioeconomic conditions, population mobility and changes in human life style¹². *T. verrucosum* is a frequent cause of dermatophytosis of cattle and other farm animals. Public health care and improved environmental conditions might lead to a decrease in the incidence of tinea capitis caused by *T. verrucosum*. *Trichophyton tonsurans* is a frequent cause of tinea capitis in teenagers, especially gladiators, such as judo players and wrestlers¹³. Although tinea capitis caused by *T. tonsurans* has spread to non-gladiators since 2000, it is still not common causative agent in adults. *T. rubrum* is an anthropophilic dermatophyte and has been prevailing in Korea, constituting more than 90% of dermatophytoses since 1991¹¹.

In our previous study, tinea corporis (3 patients), tinea faciei (2 patients), and tinea pedis (1 patient) were found to coexist with tinea capitis⁴. In the present study, from 2009 to 2018, tinea unguium (28 patients), tinea faciei (22 patients), tinea corporis (16 patients), tinea pedis (7 patients), tinea manus (1 patient), and tinea cruris (2 patients) coexisted with tinea capitis. These results differ from those reported by previous studies. For example, Kim et al.⁷ and Shin et al.⁸ reported that tinea faciei was the most common coexisting dermatophytosis.

Our previous study identified contact with cats (11 pa-

tients) and cows (2 patients) as causative factors⁴. In the present study, of the 101 patients from 2009 to 2018, 9 had past contact history with cats. Some patients also had diabetes mellitus (11 patients), hypertension (28 patients), and other underlying diseases (13 patients). Kim et al.⁷ and Shin et al.⁸ reported that cats and dogs were the main causative factors for tinea capitis and that adult patients exhibited underlying diseases.

Griseofulvin was used as a therapeutic medication for tinea capitis before the introduction of new antifungal medicines such as terbinafine and itraconazole. Terbinafine is an effective agent in the treatment of tinea capitis because of its shorter treatment schedule and lower recurrence rate¹⁴. Itraconazole is as effective as terbinafine in the treatment of tinea capitis¹⁵⁻¹⁷, while ketoconazole should be avoided due to severe side effects¹⁸. In the present study, the tinea capitis cases were treated effectively with oral terbinafine or itraconazole.

In summary, the epidemiological and mycological characteristics of adult patients with tinea capitis differ from those of children with tinea capitis in terms of annual incidence, sex distribution, and isolated dermatophytes. In particular, tinea capitis in adult patients showed increasing annual incidence, female predominance, and the increased proportion of *T. rubrum* among causative dermatophytes. This represents potentially useful information for the treatment and prevention of tinea capitis.

CONFLICTS OF INTEREST

The authors have nothing to disclose.

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