

Brief Communication

Pharmacology, Drug
Therapy & Toxicology



OPEN ACCESS

Received: Aug 10, 2022

Accepted: Dec 22, 2022

Published online: Mar 27, 2023

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Evaluation of Vancomycin TDM Strategies: Prediction and Prevention of Kidney Injuries Based on Vancomycin TDM Results

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ABSTRACT

The current guidelines for therapeutic drug monitoring (TDM) of vancomycin suggest a target 24-hour area under the curve (AUC₀₋₂₄) of 400 to 600 mg*h/L for serious methicillin-resistant *Staphylococcus aureus* infections. In this study, the predictabilities of acute kidney injury (AKI) of various TDM target parameters, target levels, and sampling methods were evaluated in patients who underwent TDM from January 2020 to December 2020. The AUC₀₋₂₄ and trough values were calculated by both one- and two-point sampling methods, and were evaluated for the predictability of AKI. Among the AUC₀₋₂₄ cutoff comparisons, the threshold value of 500 mg*h/L in the two sampling methods was statistically significant ($P = 0.042$) when evaluated for the predictability of AKI. Analysis by an receiver operating characteristic curve estimated an AUC₀₋₂₄ cutoff value of 563.45 mg*h/L as a predictor of AKI, and was proposed as the upper limit of TDM target.

Keywords: Vancomycin; Therapeutic Drug Monitoring; Acute Kidney Injury; Pharmacokinetics

Vancomycin is a glycopeptide antibiotic widely used for the treatment of skin and soft tissue infection, endocarditis, pneumonia, bone and joint infection, and central nervous system infections caused by methicillin-resistant *Staphylococcus aureus* (MRSA).^{1,3} One of the major concerns when using vancomycin is the occurrence of acute kidney injury (AKI).⁴ The incidence of AKI associated with the use of vancomycin ranges from 12% to 43%, and patients with higher exposure to vancomycin are more likely to experience AKI. The incidence of AKI and the narrow therapeutic index of the drug necessitated therapeutic drug monitoring (TDM).^{1,5} The pharmacodynamic parameter currently thought to be the best predictor of effective vancomycin therapeutic activity is the area under the curve over 24 hours to the minimum inhibitory concentration (AUC₀₋₂₄/MIC).⁶

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Disclosure

The authors have no potential conflicts of interest to disclose.

Author Contributions

Conceptualization: Kim B, Yoon S. Data curation: Hwang S. Formal analysis: Kim B, Heo E, Kim HS, Jung J, Kim ES, Kim HB, Lee K, Park JS, Song J, Lee JH, Chung JY, Song KH, Yoon S. Methodology: Kim B. Supervision: Yoon S. Visualization: Hwang S. Writing - original draft: Kim B. Writing - review & editing: Heo E, Kim HS, Jung J, Kim ES, Kim HB, Lee K, Park JS, Song J, Lee JH, Chung JY, Song KH, Yoon S.

The 2020 revised consensus guideline for the use and TDM of vancomycin suggests a target AUC_{0-24}/MIC of 400 to 600 (assuming an MIC of 1 mg/L) for serious MRSA infections.^{7,8} The guideline also suggests the collection of two concentrations (trough [C_{min}] and peak [C_{max}] concentrations) at near steady-state for optimal TDM. The therapeutic effectiveness and safety of the new AUC_{0-24} -based TDM has not yet been explored in detail, and its effect on the incidence of AKI in the clinical setting has yet to be investigated. In this study, we evaluated the predictability of AKI by vancomycin AUC_{0-24} , trough levels and TDM estimation methods and analyzed the cutoff values of AUC_{0-24} for the prediction of AKI.

This study was a 1-year, retrospective, single-center study to evaluate the pharmacokinetics and incidence of AKI among patients who underwent TDM from January 2020 to December 2020 at the Seoul National University Bundang Hospital. To be included in the study, patients were required to have at least two quantifiable vancomycin concentrations and baseline (measured between -28 and -7 days from the TDM consultation date) estimated glomerular filtration rates (eGFRs) exceeding 60 mL/min/1.73 m². TDM data were considered as AKI group if the post-TDM creatinine value was either more than 1.5 times that of the baseline value and/or if more than 0.3 mg/dL increase in absolute value was observed.^{9,10}

The AUC_{0-24} and trough values were calculated by both one- and two-point sampling methods. AUC_{0-24} cutoff values of 500, 600, and 700 mg*h/L and trough cutoff values of 15 and 20 µg/mL were evaluated for the predictability of AKI. Receiver operating characteristic (ROC) analysis was performed to evaluate the threshold value of AUC_{0-24} and trough concentration for the best prediction of the incidence of AKI. Multivariable logistic regression analysis was performed to evaluate the calculated threshold values. Apart from the vancomycin exposure parameters, risk factors that were significant at $P = 0.2$ in univariate analysis were evaluated in the model. Backward elimination was performed until only variables with $P \leq 0.05$ remained. Adjusted odds ratio values were calculated to present the relationship between variables and AKI. All statistical analyses were performed using SAS software version 9.4 (SAS institute, Cary, NC, USA) and Statistical Package R version 4.1.0 (R Foundation for Statistical Computing, Vienna, Austria).

A total of 407 patient's TDM data which met the inclusion criteria were identified between January 2020 and December 2020. Among them, 161 TDM cases were included in the analysis (**Supplementary Fig. 1**). Following patients were excluded from the analysis: no creatinine data were available on baseline and/or at the TDM report time ($n = 156$); AUC and/or trough cannot be calculated by standard method ($n = 23$); or less than three consecutive doses of vancomycin were administered and/or less than two quantifiable concentrations were available ($n = 67$). The average vancomycin administration time before TDM consultation were: 8.54 ± 3.52 days and 7.18 ± 0.40 days for no AKI group and AKI group, respectively. Among the cases included in the analysis, AKI was observed in 11 (6.8%) patients (**Table 1**).

Among the analyzed TDM data, a positive correlation between vancomycin AUC_{0-24} and the ratio of creatinine change was observed (**Supplementary Fig. 2**). The estimated AUC_{0-24} values from both estimation methods were comparable (**Supplementary Fig. 3**), and trough levels in both the one- and two-point estimation methods were well correlated with the increase in 24-hour AUC (**Supplementary Fig. 4**). When AUC_{0-24} cutoff values were evaluated for the correlation between the ratio of creatinine change, only the value of 500 mg*h/L in the two sampling methods was significantly associated with an increase in the creatinine ratio ($P = 0.042$, Mann-Whitney U test) (**Fig. 1**). Comparison of trough cutoff values

Table 1. Demographic data and base characteristics

Subject parameters	No AKI (n = 150)	AKI (n = 11)	Total (n = 161)	P value ^a
Age, yrs	63.4 ± 16.5	61.5 ± 26.4	63.6 ± 16.8	0.462
Body weight, kg	61.4 ± 13.9	64.6 ± 15.0	61.7 ± 14.0	0.621
Height, cm	164.4 ± 9.5	169.1 ± 9.5	164.7 ± 9.6	0.119
Age, ≥ 65 years	79 (52.7)	7 (63.6)	86 (53.4)	0.546
No. of male patients	97 (64.7)	9 (81.8)	106 (65.8)	0.334
MRSA infection				0.327
Yes	15 (10.0)	2 (18.2)	17 (10.6)	
No	135 (90.0)	9 (81.8)	144 (89.4)	
Severe sepsis or septic shock				0.118
Yes	7 (4.7)	2 (18.2)	9 (5.6)	
No	143 (95.3)	9 (81.8)	152 (94.4)	
Infection focus				
Central venous catheter	12 (8.0)	0 (0.0)	12 (7.5)	1.000
Bone and joint	9 (6.0)	0 (0.0)	9 (5.6)	1.000
Skin and soft tissue	32 (21.3)	1 (9.1)	33 (20.5)	0.463
Deep tissue abscess	30 (20.0)	0 (0.0)	30 (18.6)	0.220
Urinary tract	5 (3.3)	1 (9.1)	6 (3.7)	0.351
Lower respiratory tract	16 (10.7)	1 (9.1)	17 (10.6)	1.000
Endovascular infection	12 (8.0)	0 (0.0)	12 (7.5)	1.000
Intra-abdominal infection	16 (10.7)	2 (18.2)	18 (11.2)	0.354
Unknown	23 (15.3)	4 (36.4)	27 (16.8)	0.090
High-risk sources ^b	44 (29.3)	3 (27.3)	47 (29.2)	1.000
Comorbidities				
Cardiovascular disease	24 (16.0)	1 (9.1)	25 (15.5)	1.000
Diabetes	20 (13.3)	2 (18.2)	22 (13.7)	0.648
Malignancy	27 (18.0)	4 (36.4)	31 (19.3)	0.225
Chronic liver disease	13 (8.7)	1 (9.1)	14 (8.7)	1.000
Chronic pulmonary disease	11 (7.3)	2 (18.2)	13 (8.1)	0.218
Immunosuppression	4 (2.7)	0 (0.0)	4 (2.5)	1.000
Mean daily vancomycin dose, mg	1,924.8 ± 559.3	1,609.1 ± 408.5	1,903.2 ± 555.1	0.031
2 sample estimated trough concentration, µg/mL	11.0 ± 5.9	16.3 ± 7.5	11.4 ± 6.1	0.020
2 sample estimated AUC ₀₋₂₄ , mg·h/L	479.1 ± 170.1	617.2 ± 249.3	488.5 ± 179.0	0.063
2 sample estimated AUC ₀₋₂₄ > 563.45	44 (29.3)	7 (63.6)	51 (31.7)	0.038
1 sample estimated trough concentration, µg/mL	10.8 ± 5.9	15.8 ± 6.9	11.1 ± 6.0	0.020
1 sample estimated AUC ₀₋₂₄ , mg·h/L	473.2 ± 177.0	606.6 ± 240.6	482.4 ± 184.2	0.059
1 sample estimated AUC ₀₋₂₄ > 524.26	43 (28.7)	6 (54.5)	49 (30.4)	0.092
Mean baseline serum creatinine, mg/dL	0.67 ± 0.23	0.64 ± 0.27	0.67 ± 0.23	0.510
Mean serum creatinine, mg/dL	0.60 ± 0.22	1.20 ± 0.48	0.64 ± 0.28	< 0.001
Use of drugs associated with nephrotoxicity ^c	86 (57.3)	6 (54.5)	92 (57.1)	1.000

Data are presented as mean ± standard deviation or number (%).

AKI = acute kidney injury, MRSA = methicillin-resistant *Staphylococcus aureus*, AUC₀₋₂₄ = area under the curve over 24 hours.

^aCategorical parameters: Fisher's exact test; continuous parameters: Mann-Whitney *U* test.

^bHigh-risk sources include endovascular infection, lower respiratory tract infection and intra-abdominal infection.

^cFollowing agents were classified as drugs associated with nephrotoxicity: nonsteroidal anti-inflammatory drugs, acyclovir, aminoglycosides, amphotericin B, beta lactams, pentamine, quinolones, rifampin, sulfonamides, adefovir, cidofovir, tenofovir, indinavir, cyclosporine, tacrolimus, angiotensin-converting enzyme inhibitors, angiotensin receptor blockers, cisplatin, diuretics, contrast dye, proton pump inhibitors, and vasopressor medicines.

showed comparable predictability of the ratio of creatinine change across all comparisons (Supplementary Fig. 5).

When the threshold values of AUC₀₋₂₄ and trough concentration was evaluated by ROC curve for the prediction of AKI, AUC₀₋₂₄ threshold values in both one- and two-sample-based estimations showed similar results (524.26 vs. 563.45 mg·h/L; one- and two-sample-based estimations, respectively), and threshold values for the trough concentration showed mixed results (8.95 and 10.66 µg/mL; one- and two-sample-based estimation, respectively) (Fig. 2). Among the AUC₀₋₂₄, trough threshold values and other risk factors evaluated by multivariate

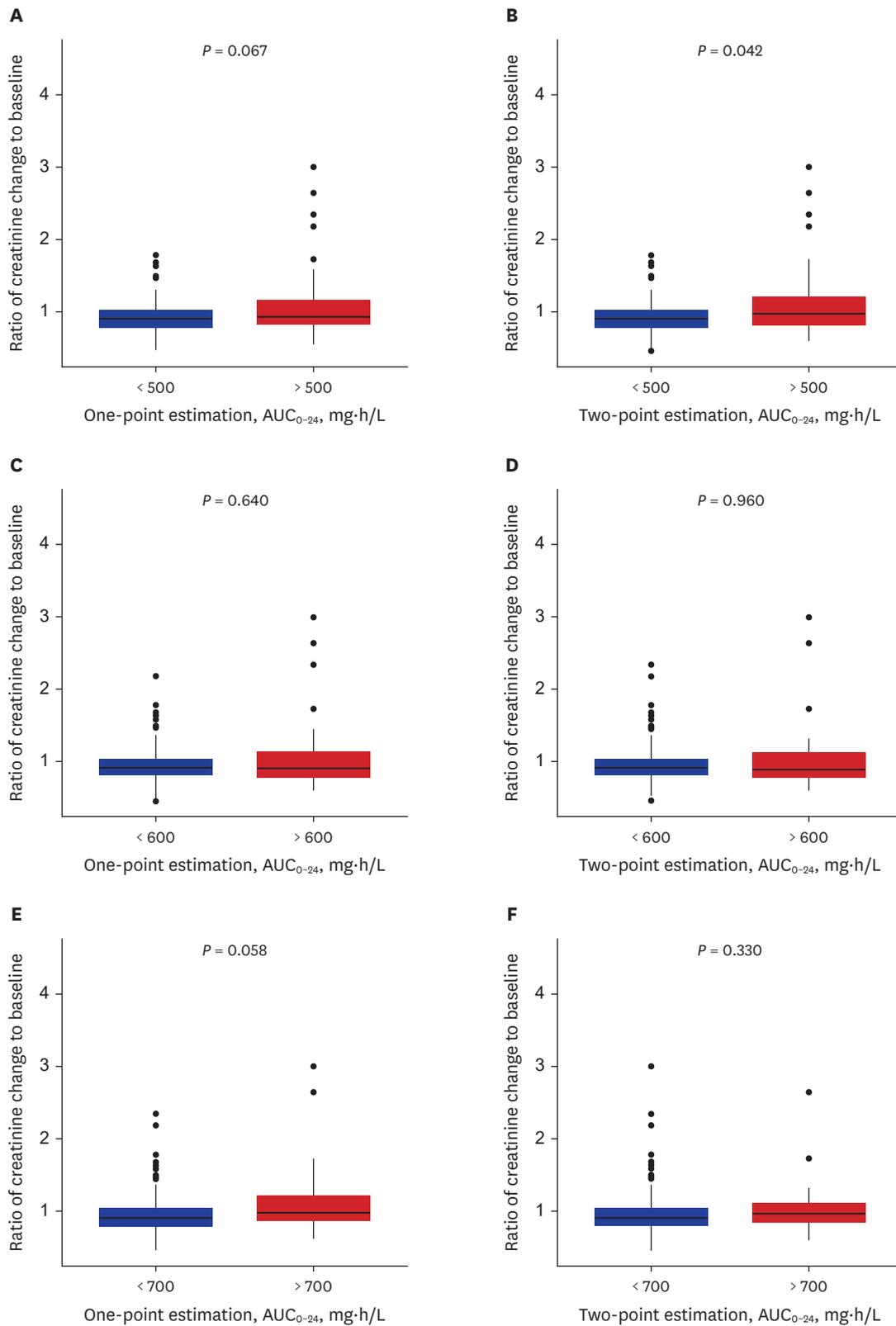


Fig. 1. Vancomycin daily AUC₀₋₂₄ and the ratio of creatinine change to baseline calculated by one- and two-point estimation. Each plot was stratified by AUC₀₋₂₄ levels of (A, B) 500, (C, D) 600, and (E, F) 700 mg·h/L. The P values represent Mann-Whitney U test results. AUC₀₋₂₄ = area under the curve over 24 hours.

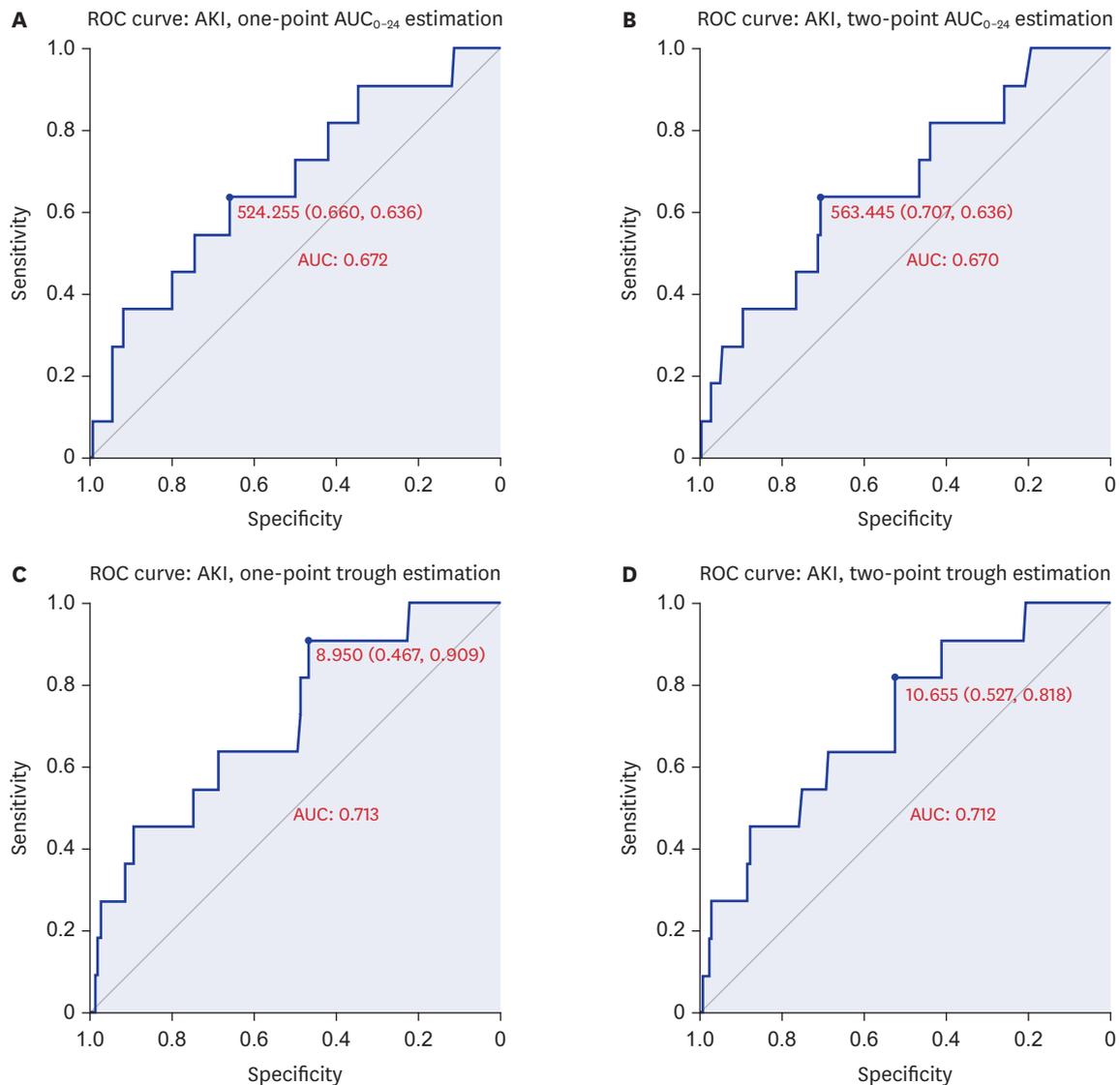


Fig. 2. ROC curve for estimation of (A, B) AUC_{0-24} and (C, D) trough cutoff values for AKI prediction. The AUC shown in the figure represents the area under the ROC curve.

ROC = receiver operating characteristic, AUC_{0-24} = area under the curve over 24 hours, AKI = acute kidney injury.

analysis, $AUC_{0-24} \geq 563.45$ mg^{*}h/L in two-sample-based estimation (odds ratio [OR], 4.33; 95% confidence interval [CI], 1.18–15.87) and trough ≥ 8.95 μ g/mL in one-sample-based estimation (OR, 8.47; 95% CI, 1.05–66.67) were significant predictors of AKI ($P = 0.027$ and $P = 0.045$, respectively) (Supplementary Table 1).

Nephrotoxicity is a widely known adverse side effect associated with the use of vancomycin.¹¹⁻¹³ To date, collective data suggest a positive correlation between vancomycin trough level (15 and 20 μ g/mL) and the risk of AKI, while the accurate association between AUC and the incidence of AKI remains an area of controversy.¹⁴⁻¹⁸ With the release of 2020 revised consensus guidelines suggesting a vancomycin AUC_{0-24}/MIC target of 400 to 600 mg^{*}h/L, the appropriateness of the target AUC_{0-24}/MIC to predict and prevent AKI has become an area of special interest. While there were investigations to set the parameter threshold value for the prediction of AKI, most previous studies relied on a one-point sampling method

to calculate the PK parameters, and comprehensive evaluation of different sampling methods and target parameters to predict the incidence of AKI has been absent.^{15,17,19}

In the current study, we aimed to evaluate the newly suggested daily AUC_{0-24}/MIC target of 400-600 mg^*h/L in context of the incidence of AKI. When the ROC curve was used to estimate the threshold values of AUC_{0-24} , the one-point method resulted in 524.26 mg^*h/L , and the two-point method resulted in 563.45 mg^*h/L . This cutoff is comparable to or lower than the previously suggested values between 563 and 1,300 mg^*h/L .^{15,17,18,20} Possible explanations for the variability observed between studies include the differences in the TDM methods used for AUC_{0-24} calculation and patient-clinician disposition. One example of patient-clinician disposition is that if pharmacovigilance is more strictly applied in a study, patients with increasing serum creatinine levels are likely to experience termination of vancomycin dosing, resulting in overprediction of the AUC_{0-24} cutoff value. In this study, only the first ever conducted vancomycin TDM data are included in the analysis to minimize selection-based bias.

When the ROC curve was used to estimate the threshold value of trough levels, the one-point method resulted in 8.95 $\mu g/mL$, and the two-point method resulted in 10.66 $\mu g/mL$. This cutoff is lower than the previously suggested therapeutic range of 15 to 20 $\mu g/mL$. Possible explanation for the observed discrepancies is that, some of the patients presented with AKI in this study showed comparatively low vancomycin trough concentration (up to 4 patients ranged 5–10 $\mu g/mL$, depending on TDM method), and may have contributed to under prediction of threshold value.

In the multivariate analysis, other possible risk factors that may have an effect on the incidence of AKI were investigated along with calculated vancomycin exposure threshold values. No association between risk factors and AKI was observed except AUC_{0-24} (563.45 mg^*h/L) and trough (8.95 $\mu g/mL$) threshold values from two- and one-point-based prediction, respectively. This indicates that the calculated threshold values are independent predictors of AKI and may be used as the upper limit of the therapeutic target range.

Our data agreed well with the 2020 revised guidelines for the TDM of vancomycin. The calculated AUC_{0-24} value of 563.45 mg^*h/L (two-point sampling method) compared well with the suggested upper limit of 600 mg^*h/L . However, the trough threshold value calculated with a one-point sample was also associated with AKI (albeit inconsistent among sampling methods), and further investigation may be needed to investigate the optimal predictive methods. This result suggests that when a two-sample-based AUC_{0-24} calculation is not possible, using the trough cutoff value from the single-sampling method may be an alternative method for the TDM of vancomycin and the prediction of AKI. Establishment of a possible upper range of TDM targets allows optimal individualized dosing and dose monitoring of vancomycin to achieve a therapeutic range of drug exposure while minimizing the incidence of adverse events such as AKI.

Ethics statement

This study was approved by the Seoul National University Bundang Hospital Institutional Review Boards (SNUBH, IRBs), and informed consent for individual patients was not acquired [B-2101-663-107, January 2021].

ACKNOWLEDGMENTS

The authors express their gratitude to Sungyeun Bae, Woo Kyung Chung, Yewon Park for their active participation in data collection. The authors also thank the Department of Laboratory Medicine at Seoul National University Bundang Hospital (Seongnam, South Korea) for their help with laboratory analysis.

SUPPLEMENTARY MATERIALS

Supplementary Table 1

Predictors of AKI on multivariate analysis

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Supplementary Fig. 1

Disposition of subject data.

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Supplementary Fig. 2

Scatterplot of vancomycin daily AUC_{0-24} calculated by two-point estimation and Creatinine ratio. Y axis represents ratio of creatinine measured at time near the TDM consultation date to base creatinine. Vertical and horizontal lines represent proposed AUC_{0-24} target value and cut-off value for prediction of nephrotoxicity, respectively. The R and P values represent Pearson correlation and significance, respectively.

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Supplementary Fig. 3

Scatterplot and regression line for vancomycin daily AUC_{0-24} calculated by one-point and two-point estimation. Grey area represents 95% confidence interval.

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Supplementary Fig. 4

Scatterplot and regression line for vancomycin trough level and AUC_{0-24} calculated by (A) one and (B) two-point estimation. Grey area represents 95% confidence interval.

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Supplementary Fig. 5

Vancomycin trough concentration and the ratio of creatinine change to baseline calculated by one- and two-point estimation. Each plot was stratified by vancomycin trough levels of (A, B) 15 and (C, D) 20 $\mu\text{g}/\text{mL}$. The P values represent Mann–Whitney U test results.

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