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: 1997 3 2001 12 14

18, 9

. American Shoulder and Elbow Surgeon's (ASES) shoulder score 가
, visual analogue scales (zero : no pain ~ 10 : extreme pain) 가

: 14 12 (85.7%)

13.2

17 (94.4%)

12.4

. ASES shoulder score

18

44,

47

1.8,

1.4

:

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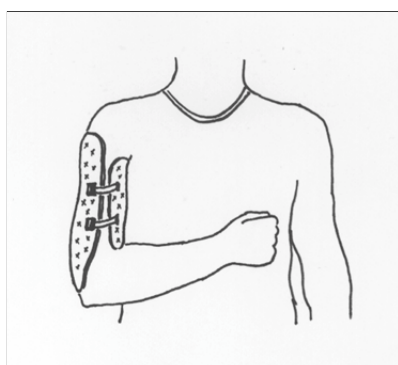


Fig. 1 : Drawing of the functional coaptation brace.

92 . 3
 (coaptation brace)(Fig
 1)
 Titanium
 (AO unreamed humeral
 nail)

bone clamp towel clip

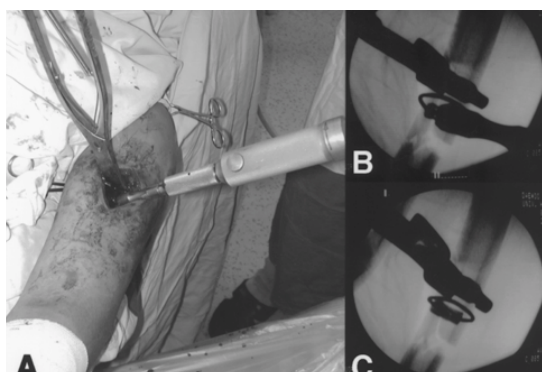


Fig. 2-A : Photograph of the surgical procedure and,
2-B, C : Photographs of the fluoroscopic images
 of humeral fracture reduction and
 immobilization with the bone clamp and
 cable wire.

1-2 cable wire
 (Fig 2A-C).
 1 cm 가
 1-2
 (Fig 3A-C).
 96 . 1 Velpeau sling
 3 .

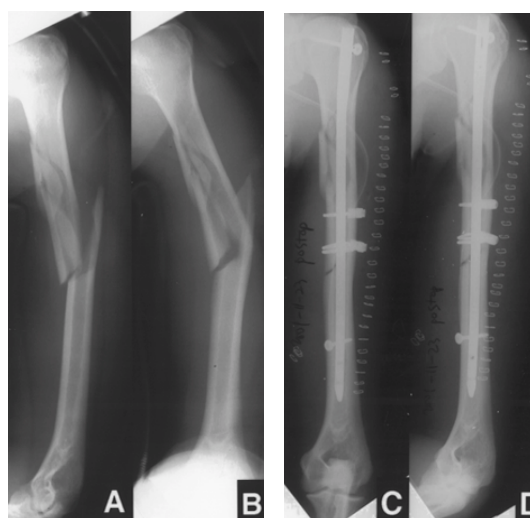
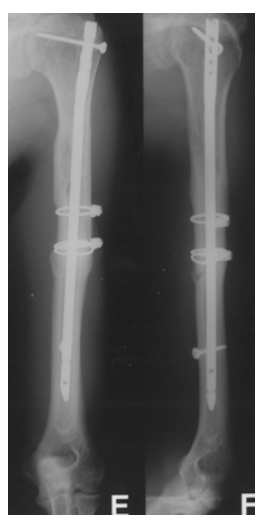


Fig. 3-A, B : 50-years-old man with comminuted
 fracture of the left humeral shaft.
3-C, D : minimal open reduction and
 interlocking IM nail was performed.



3-E, F : 9 months after IM
 nailing .

가 14
7 5 4
14 12 (85.7%) 2 6
7.6
13.2
18 17 (94.4%) 7.3
12.4 3
9 가
5 1 cm

(Table 3). ASES shoulder score(Total 52 points)
44 ,
47 .
visual analoue scales
1.8 ,
1.4 (Table 4).

Table 3. Bone union

	Nail	Plate
ASES Score (52 points)	47	44
Pain Scale (0 to 10)	1.4	1.8
Recovery of Raidal nerve function	3/3	2/4

Table 4. Functional Results

	Nail	Plate
Clinical Union (weeks)	7.3	7.6
Radiological Union (weeks)	12.4	13.2
Union Rate	17/18 (94.4%)	12/14 (85.7%)

1
가
가
가

가 14
7 5 4
2 6
가
가 1
(Fig 4A-C).

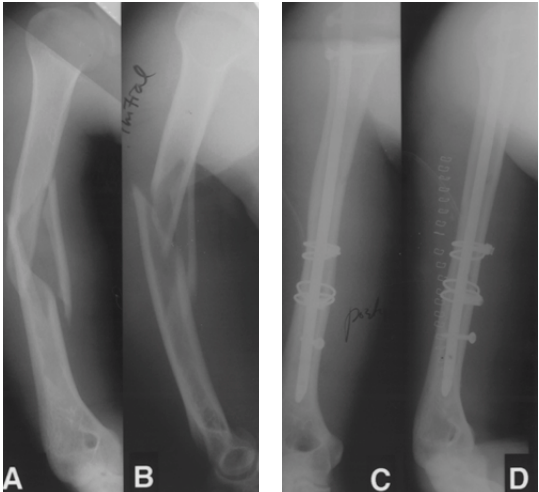
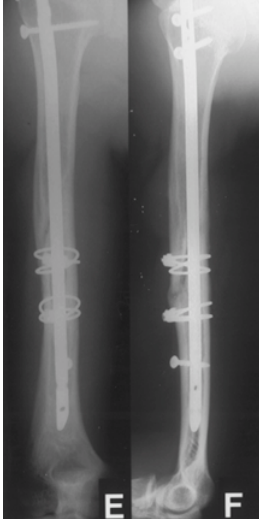


Fig. 4-A, B : 28-years-old man with comminuted fracture of the right humeral shaft.
4-C, D : minimal open reduction and interlocking IM nail was performed.



4-E, F : 10 months after IM nailing.

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가 가

11,15,20,21,23)

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2-3

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11,20,21)

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가

towel clip bone clamp

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가

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가

가 가

가

5,7,15,17,22,25)

, 가

가

1,13,14,19)

cable wire

가 1 (5.6%)

가

가

가

9,10,15,17)

3,6,8)

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Abstract

Minimal Open Reduction and Interlocking IM Nailing of Comminuted Humeral Shaft Fracture : Comparison between Plate Internal Fixation.

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Purpose : We compared the functional and radiological results after the minimal open reduction and interlocking IM nailing and LC-DCP plate internal fixation for the comminuted humeral shaft fractures.

Materials and Methods : Fourteen plates(LC-DCP) and eighteen interlocking IM nail(AO unreamed IM nail) were applied after open reduction for 32 comminuted fractures of the humeral shaft between March 1997 and December 2001. They were followed up for a minimum 9 months after surgery and the radiological and functional results were evaluated.

Results : The average fracture healing time was 13.2 weeks and union rate was 85.7% for plate internal fixation. The average fracture healing time was 12.4 weeks and union rate was 94.4% for interlocking IM nail. The average functional scores according to American Shoulder and Elbow Surgeon's (ASES) shoulder score(Total 52 points) was 44 points for plate internal fixation and 47 points for interlocking IM nailing respectively.

Conclusion : Minimal open reduction and interlocking IM nailing is better method with good functional and radiological results than plate internal fixation for the comminuted humeral shaft fractures.

Key Words : Humerus, Comminuted shaft fracture, Minimal open reduction, Interlocking IM nail, Plate internal fixation