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1.

& Lee, 2000; Robinson & Fullen, 1985; Schless, Teichamn, Mendels, Weinstein, Weller, 1977).

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(Chi, 1983; Choi, 1982; Dohrenwend, 1973; Han, 2000; Kim & Park, 1992; Park & Lee, 1999),

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(Kim,

1984; Lee, 1992).

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(Gelloway, 1975; Jung,

2000; Kim & Park, 1992; Lee & Choi, 1999; Park, 1991).

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(Holmes & Masuda, 1972;

Lee, 1984; Oh & Han, 1990; Park, 1986; Park

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27.9%, 2 11%, 3 9.4%
4 7.6 %
158 Q
<Table 1, 2>.
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3 7 , 4 4 28

, 가 (factor weight)가 가

<Table 1> Eigen value & total variance of types

type	type 1	type2	type3	type4
eigenvalues	7.8077	3.0780	2.6329	2.1288
percentages of total variance	.2788	.1099	.0940	.0760
cumulative	.2788	.3888	.4828	.5588

<Table 2> Correlation between Types

type	1	2	3	4
1	1.000			
2	.238	1.000		
3	.234	.198	1.000	
4	.244	.154	.383	1.000

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(가 1.00
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1) 1 : (conflict in relationship with husband's family members)

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<Table 3>.

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<Table 3> Z-Score of each item describing type 1 : Conflict in relationship with husband's family members

item no.	statement	z-score
7.	Lack of financial support for children's education	1.91
25.	The changes of appearance and physical symptom due to age	1.78
37.	Unexplained depression	1.37
5.	Family conflicts among in-laws	1.27
10.	Conflict with mother-in-law	1.18
22.	Poor health or injury in the family	1.10
1.	The burden of being a daughter-in-law	1.04
27.	Lack of trips and vacation	1.00
34.	Death of parents, spouse, or children	-1.18
36.	Spouse goes astray and stays away from home without notice	-1.53
3.	Runaway and deviated children	-1.73
6.	Divorce	-2.06
4.	Domestic violence and verbal abuse	-2.16

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 2) 2 : (lack of marital intimacy)
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<Table 4> Z-Score of each item describing type 2 : Lack of marital intimacy

item no.	statement	z-score
22.	Poor health or injury in the family	1.65
13.	Usage of alcohol and drug in the family	1.61
12.	Unique difference in spouse's characteristics	1.58
25.	The changes of appearance and physical symptom due to age	1.48
1.	The burden of being a daughter-in-law	1.25
6.	Divorce	1.10
2.	Absence of decision making and financial control in the family	1.01
31.	Frequent household moving	-1.00
32.	Discord with co-worker or supervisor	-1.30
9.	Temporary separation due to business trip and joining the military	-1.31
15.	The generation separation between parents and children	-1.43
18.	Problems with getting a baby sitter and raising children	-1.46
23.	Discontinuation or changing of religious life style	-1.56
28.	Uncomfortable relationship with neighbors	-1.61
16.	Stress due to religious opinion with in-laws	-1.95

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 3) 3 : (low self-esteem)
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<Table 5> Z-Score of each item describing type 3 : Low self-esteem

item no.	statement	z- score
22.	Poor health or injury in the family	1.77
19.	Important examination-Entrance College Exam. etc.	1.64
37.	Unexplained depression	1.59
38.	Isolation from society and inability	1.43
25.	The changes of appearance and physical symptom due to age	1.17
36.	Spouse goes astray and stays away from home without notice	1.17
9.	Temporary separation due to business trip and joining the military	1.09
12.	Unique difference in spouse's characteristics	1.05
32.	Discord with co-worker or supervisor	- 1.03
35.	Start new business or further business expansion	- 1.18
30.	Adultery of spouse	- 1.34
18.	Problems with getting a baby sitter and raising children	- 1.36
6.	Divorce	- 1.38
23.	Discontinuation or changing of religious life style	- 1.59
1.	The burden of being a daughter-in-law	- 1.67
10.	Conflict with mother-in-law	- 1.97

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<Table 6>.

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<Table 6> Z-Score of each item describing type 4 : Changing life cycle itself

item no.	statement	z-score
20.	Marriage of children	1.73
22.	Poor health or injury in the family	1.70
9.	Temporary separation due to business trip and joining the military	1.69
25.	The changes of appearance and physical symptom due to age	1.49
24.	Lack of professionalism and social pride	1.39
34.	Death of parents, spouse, or children	1.37
19.	Important examination-Entrance College Exam. Credential Exam. etc.	1.18
11.	Not allowable relationship and marriage of children	-1.01
38.	Isolation from society and inability	-1.12
36.	Spouse goes astray and stays away from home without notice	-1.14
14.	Spouse's business failure and long term lay off	-1.44
18.	Problems with getting a baby sitter and raising children	-1.58
16.	Stress due to religious opinion with in-laws	-1.71
28.	Uncomfortable relationship with neighbors	-1.74

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1992; Suk, 1997). 가 가
(Kim & Park, 1992)
(Han,
2000; Kim & Park, 1992), 3 가

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(Galloway, 1975; Schless et al., 1977), 가

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(Park, 1991; Park & Lee 2000; Suk, 1997)

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- Abstract -

Subjectivity on Stressful Life Events of Middle-aged Women - A Q Methodology Approach -

Shin, Hye-Sook *

Purpose: This study measures the subjectivity on stressful life events of middle-aged women.

Method: Q-Methodological method was used for that purpose. As for the research method, Q-statements were collected preliminary to the study of through in-depth interviews and a literature review. For the study 38 Q-statements were selected. There were 28 middle aged women as subjects for the research. Q-Factor Analysis by using PC Quanl Program to supply the material.

Result: Through the result of this study, the stressful life events of middle-aged women could be identified by 4 types. The type I is called the conflict in relationship with husband's family members. The type II is called lack of marital intimacy. The type III is called low self-esteem. The type IV is called changing life cycle itself.

Conclusion: Therefore, identifying the subjectivity on the stressful life events of middle-aged women would be a basic step for the understanding of middle aged women.

Key words : Stressful Life Event, Middle-aged Women. Q-methodology

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