

# Adult Stem Cell Therapy in Chronic Liver Diseases

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The transplantation of mesenchymal stem cells (MSCs) represents a potentially effective therapy for chronic liver diseases. The potential of MSCs in the treatment of chronic liver disease is based on their ability to differentiate into multiple cell types including hepatocytes, their immunosuppressive properties, and their ability to secrete various trophic factors. This potential has been investigated in clinical and pre-clinical studies. Although the therapeutic mechanisms of MSC transplantation are still not fully characterized, accumulating evidence has revealed that various trophic factors secreted by MSCs play key therapeutic roles in regeneration. These trophic factors not only reduce inflammation, apoptosis, and fibrosis in damaged tissues but also stimulate angiogenesis and tissue regeneration in the impaired liver. In this review, we summarize the basic and therapeutic properties of MSCs, their therapeutic mechanisms of action, and potential transplantation routes for the treatment of chronic liver disease. We also discuss several risks associated with the use of MSCs in therapy, such as their fibrogenic potential and capacity to promote pre-existing tumor cell growth.

**Key Words:** Mesenchymal Stromal Cells; End Stage Liver Disease; Cell Transplantation; Liver Regeneration

## INTRODUCTION

Chronic liver diseases (CLD) may result from viral hepatitis, alcohol and drug abuse, metabolic diseases and autoimmune attack. Such insults trigger hepatocyte apoptosis, impairment of the endothelial barrier, recruitment of inflammatory cells, and activation of hepatic stellate cells (HSCs), ultimately resulting in the onset of liver fibrosis [1,2]. Although liver transplantation is the only effective treatment for end-stage CLD, cell-based therapy has been proposed as a less invasive potential alternative to CLD. Several cells, including primary hepatocytes, unsorted bone marrow cells (BMCs), hematopoietic stem cells, and mesenchymal stem cells (MSCs), have the ability to improve liver function through replacement of damaged hepatocytes, inhibition of activated HSCs and regeneration of residual hepatocytes. Moreover, embryonic stem cells and induced pluripotent stem cells can differentiate into hepatocyte-like cells, making these useful in therapy to improve liver function [3,4].

### 1. Primary hepatocytes

The transplantation of primary hepatocytes represents a potential cell-based therapy for liver diseases, including metabolic disorders and acute liver failure [5]. However, human hepatocytes have been shown to be unsuitable as the availability of human livers as a source of cells is limited, and it is difficult to maintain hepatocyte viability and function during cryopreservation of the liver. In addition, hepatocytes are difficult to culture *in vitro* [6]. Moreover, while the safe transplantation of ~5% of the total recipient liver cell mass (a maximum of  $1-2 \times 10^8$  hepatocytes/body weight [kg]) has been demonstrated in human clinical trials [7], it has been reported that replacement of at least 10% of the hepatocellular mass is needed to compensate for missing or inactive proteins in genetic inborn errors of metabolism [8].

### 2. Unsorted bone marrow cells

The infusion of unsorted BMCs in patients with cirrhosis has been reported to be safe and feasible. Moreover, the infusion of

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unsorted BMCs increases the serum albumin level and improves liver function [9]. However, although it has been reported that the infusion of unsorted BMCs elevates the levels of matrix metalloproteinases MMP-2, MMP-9, and MMP-14, reduces liver fibrosis, and improves survival rate [10], the therapeutic mechanism by which BMC infusion ameliorates liver damage remains unclear.

### 3. Hematopoietic stem cells

Hematopoietic stem cells from the bone marrow or peripheral blood, obtained by administration of G-CSF, which induces the mobilization of CD34+ cells into the peripheral blood, can be isolated, amplified, and differentiated into hepatocyte-like cells [11]. The infusion of hematopoietic stem cells improves serum albumin levels as well as Child-Pugh scores [12]. Although infused hematopoietic stem cells can differentiate into hepatocytes, through cell fusion or paracrine effects [13], further studies are necessary to define the role of hematopoietic stem cell therapy in liver disease patients.

### 4. Mesenchymal stem cells (MSCs)

MSCs can be isolated by plastic adherence from adipose tissue, brain, dermis, liver, lung, peripheral blood, skeletal muscle, umbilical cords, and cord blood [14,15]. MSCs are potentially useful therapeutic agents for the treatment of liver diseases, because of their potential to differentiate into hepatocytes, as well as their immunomodulatory properties and ability to secrete trophic factors. These properties, putative therapeutic mechanisms, and injection routes of MSCs are discussed in detail in a later section.

### 5. Embryonic stem cells (ESCs)

ESCs, which are isolated from the inner cell mass of blastocyst-stage embryos, have pluripotent differentiation potentials, including the ability to differentiate into hepatocyte-like cells. However, although ESCs have been shown to improve liver function in CCl<sub>4</sub>-treated mice [3], several issues are associated with their use, such as teratoma formation, ethical issues, and immune rejection problems [16].

### 6. Induced pluripotent stem cells (iPSCs)

The use of iPSCs, produced from patient-specific cells, allows ethical and immune rejection-related issues to be circumvented. iPSCs have been shown to differentiate into hepatocyte-like cells, and human iPSC-derived hepatocyte-like cells, from different ori-

gins, have been demonstrated to successfully repopulate liver tissue in mice with liver cirrhosis [4]. Although Liu H and colleagues reported that tumor formation was not observed in any organs of the transplanted mice, up to 7 months after transplantation of iPSC-derived hepatocyte-like cells [4], tumor formation must be carefully monitored, as an increased risk of teratoma formation is associated with the transplantation of these cells.

In this review, we focus only on MSCs, as these cells can be obtained in sufficient numbers for investigation in clinical studies, without ethical or immune rejection-related issues. We summarize the properties of MSCs, their therapeutic mechanisms of action, and injection routes, with the aim of providing an improved understanding of the potential of MSCs in regenerative medicine, including the treatment of liver disease.

## PROPERTIES OF MESENCHYMAL STEM CELLS

MSCs are adult stem cells that have been used for cell-based tissue engineering and regenerative medicine. The safety and efficacy of MSCs in regenerative medicine have been evaluated in clinical trials for cardiovascular, neurological, and immunological diseases, with encouraging results [17-19]. The minimal criteria for human MSCs were defined by the International Society for Cellular Therapy in 2006, as follows: 1) MSCs must be plastic-adherent when maintained under standard culture conditions. 2) More than 95% of cells in a given population of MSCs should express CD105, CD73 and CD90, and lack the expression (less than 2% positive) of CD45, CD34, CD14 or CD11b, CD79 $\alpha$  or CD19 and HLA class II surface molecules. 3) MSCs must differentiate into osteoblasts, adipocytes, and chondroblasts under standard conditions *in vitro* [20].

The properties of MSCs discussed here include their basic characteristics as stem cells, and the properties that define their therapeutic potential. With regard to their basic characteristics as stem cells, MSCs can proliferate to reach sufficient cell numbers for clinical studies (self-renewal), and differentiate into multiple cell lineages, including hepatocytes. However, the stemness of MSCs, which is defined by their potential to proliferate and differentiate, gradually decreases during serial passages that are required to obtain sufficient cell numbers for clinical studies. Therefore, regulation of stemness in MSCs is crucial for achievement of their potential in stem cell therapy, for tissue engineering and regenerative medicine. Although it has been considered that the therapeutic

properties of MSCs relevant to CLD are related to their capacity for hepatocyte-like differentiation, trans-differentiation of MSCs into hepatocytes was rarely observed in animal models injected with MSCs. Their ability to migrate into damaged sites, secrete trophic factors, and exert immunosuppressive, antifibrotic, and antioxidant effects is recognized as the basis of their therapeutic potential in regenerative medicine, particularly for the treatment of CLDs.

## THERAPEUTIC MECHANISMS OF MESENCHYMAL STEM CELLS IN THE TREATMENT OF CHRONIC LIVER DISEASES

### 1. Hepatocyte-like differentiation of mesenchymal stem cells

MSCs exposed to growth factors and cytokines (i.e. hepatocyte growth factor [HGF], fibroblast growth factor [FGF]-2/-4, epidermal growth factor [EGF], oncostatin M [OSM], and/or leukemia inhibitory factor [LIF]), and chemical compounds (i.e. dexamethasone [Dex], insulin-transferrin-selenium [ITS], and/or nicotinamide [NTA]) can differentiate into hepatocyte-like cells, which express HNF-3, GATA4, CK19, transthyretin, -fetoprotein, albumin, and CK18 [21]. Hepatocyte-like differentiation of MSCs can also be induced by co-culture with liver cells [22] and by pellet culture [23]. Additionally, *in vivo* hepatic differentiation of MSCs was achieved in allyl alcohol (AA)-treated rat livers, by directly xenografting human bone marrow-derived MSCs into these AA-treated rat livers, resulting in most of the human MSCs differentiating into hepatocyte-like cells without fusion, as revealed by positive immunostaining for human specific AFP, albumin, CK19, CK18, and receptor [24]. Although hepatic-differentiated MSCs exhibit hepatocyte-specific cuboidal morphology and express hepatocyte marker genes *in vitro* and *in vivo*, it is still debatable as to whether transplanted MSCs can completely regenerate hepatocytes *in vivo*. As trans-differentiation of MSCs into hepatocytes is rarely observed (less than 1% of the total liver mass) in animal models, recently published data suggest that the therapeutic potential of MSCs in the treatment of CLDs would be primarily based on their ability to secrete trophic factors, and their immunosuppressive effects, rather than trans-differentiation into hepatocytes [25,26].

### 2. Migration of mesenchymal stem cells

MSCs migrate towards damaged areas in response to homing signals. Many studies have shown that MSCs are able to migrate to

injured tissues from blood, and exert therapeutic effects at these sites of injury [27]. Various factors, such as chemokines, cytokines, and growth factors, released upon injury, play roles as migratory cues for systemically or locally transplanted MSCs [28]. Specific receptors and ligands that are upregulated in injured tissues facilitate trafficking, adhesion, and infiltration of MSCs at sites of injury [27]. Moreover, these tissues provide MSCs with the appropriate microenvironment for self-renewal and maintenance of multipotentiality [27]. Integrins, selectins, and chemokine receptors [29] expressed on MSCs play key roles in their migration across the endothelium. In addition, MSCs are passively arrested in capillaries or microvessels, including arterioles and post-capillary venules, where they interact directly with accessory cells and release a wide array of soluble growth factors and trophic cytokines [30].

### 3. Immunosuppressive potential of mesenchymal stem cells

MSCs can suppress immune cells, such as B-cells, T-cells, dendritic cells (DCs), and natural killer cells (NKs) and promote the generation of regulatory T (Tregs) cells through the production of soluble factors such as nitric oxide (NO), prostaglandin (PGE2), indoleamine 2,3-dioxygenase (IDO), IL-6, IL-10, and human leukocyte antigen (HLA)-G [31]. The production of NO by inducible nitric-oxide synthase (iNOS) in murine MSCs is suggested to play a major role in T-cell proliferation inhibition [32]. PGE2 acts as a powerful immunosuppressant, modulating production of IL-10, proliferation, and differentiation of T-cells, macrophages, and monocytes, respectively [33,34]. Moreover, IDO and HLA-G suppress the proliferation of B- and effector T-cells, inhibit the maturation of DCs, and reduce the cytotoxicity of natural killer (NK) cells.

In addition to immunosuppression mediated by the secretion of soluble factors, MSCs can make direct contact with immune cells, thereby suppressing their activation. MSCs can inhibit T-cell proliferation by inducing apoptosis of effector T-cells, through engagement of programmed death 1 (PD-1) protein to its ligands. The complexes, PD-L1 and PD-L2, thus formed are able to render T-cells anergic by downregulating the expression of co-stimulatory molecules CD80 and CD86 on antigen presenting cells [35].

The immune-privileged status of the liver can be disrupted by unbalanced immune cell populations, or immune cell infiltration into the liver, resulting in liver injury. Therefore, the immunosuppressive potential of MSCs plays an important role in the treatment of CLDs.

#### 4. Secretion of trophic factors in mesenchymal stem cells

Various trophic factors can play important therapeutic roles in regenerative medicine. MSCs express various trophic factors, such as growth factors (i.e. brain-derived neurotrophic factor [BDNF], EGF, FGF-2, FGF-4, FGF-7, FGF-9, and FGF-17, glial cell-derived neurotrophic factor [GDNF], HGF, insulin-like growth factor [IGF]-1, nerve growth factor [NGF], platelet-derived growth factor [PDGF], and vascular endothelial growth factor [VEGF]), cytokines (i.e. IFN- $\gamma$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-6, IL-8, IL-10, IL-12, and IL-13, TNF- $\alpha$ , and transforming growth factor [TGF]- $\beta$ ), and chemokines (i.e. various C-C motif ligand [CCLs], and C-X-C motif ligand [CXCLs]), which are known to not only reduce inflammation, apoptosis, and fibrosis of damaged tissues, but also stimulate angiogenesis and regeneration of injured cells [36]. These trophic factors, which are stimulated by local signals from damaged sites, such as inflammatory cytokines, ligands of Toll-like receptors, and hypoxia, modify the local environment in the liver [37], and facilitate the survival of living and dying hepatocytes via anti-apoptotic factors (i.e. stromal cell-derived factor [SDF]-1, HGF, IGF-1, and VEGF), mitogens (i.e. EGF, HGF, NGF, and TGF- $\alpha$ ), and angiogenic factors (i.e. VEGF) [38].

#### 5. Anti-fibrotic activities of mesenchymal stem cells

After damage of healthy tissue, the repair process started to replace dead and damaged cells and then lead to substantial remodeling of the extracellular matrix (ECM), known as fibrosis. During liver fibrosis, HSCs are responsible for deposition of ECM proteins in liver. The anti-fibrotic activities of MSCs have been reported in various fibrotic animal models including heart, liver, kidneys, lungs, peritoneum, pancreas, skin, and rectum. The molecular mechanism underlying the anti-fibrotic properties of MSCs can mainly reside in the high expression levels of matrix metalloproteinases (MMPs), especially MMP-9, which may directly degrade the extracellular matrix and lead to apoptosis of HSCs [39]. In several fibrosis models, MSCs have been shown to increase the expression of MMPs (i.e., MMP-2, MMP-9, MMP-13, and MMP-14) [40] or to decrease tissue inhibitors of MMPs (TIMP)-1 expression [41], and these alterations are generally associated with resolution of fibrosis. Moreover, MSCs can alleviate the chronic inflammation via their immunosuppressive properties and then diminish tissue fibrosis. MSCs can also suppress the proliferation of activated HSCs and collagen synthesis through indirect or direct cell-cell contact models [42].

#### 6. Anti-oxidant activities of mesenchymal stem cells

Excessive reactive oxygen species (ROS) induces liver diseases such as liver fibrosis, cirrhosis, viral hepatitis, hepatocellular carcinoma (HCC) and others through oxidative disease [43]. Carbon tetrachloride (CCl<sub>4</sub>) and thioacetamide (TAA) are toxins used to generate liver injury in animal models [44]. These toxins stimulate ROS production, which result in hepatocyte damage through lipid peroxidation and the alkylation of proteins, nucleic acids, and lipids [44,45]. MSCs have been shown to overcome CCl<sub>4</sub>- and TAA-induced oxidative stress *in vitro* and to reduce liver injury through anti-oxidant activities *in vivo* [44,46]. The upregulation of ROS in CCl<sub>4</sub>-treated liver cells has been reported to be attenuated by coculturing with MSCs via an increase in superoxide dismutase (SOD) activity and the induction of AREs, which represents a cytoprotective response in the injured liver [44]. Additionally, MSCs protect hepatocytes by reducing ROS damage that is induced by TAA both *in vivo* and *in vitro* [46].

### TRANSPLANTATION ROUTE OF MESENCHYMAL STEM CELLS

MSCs communicate with other cells in the body and migrate toward damaged tissue in response to homing signals. Chemotactic SDF-1 $\alpha$ , secreted at injury sites, plays a key role in the migration of MSCs expressing C-X-C chemokine receptor type 4 (CXCR4), the CXCR4-SDF-1 $\alpha$  axis [47]. Based on this migratory property of MSCs, intravenous, intraperitoneal, intrahepatic, intrasplenic, or portal-venous injections have been shown to deliver MSCs to the liver, although the reported effectiveness has differed slightly based on the injection route and the study involved [26,48]. Baertschiger et al. observed that stable engraftment of MSCs in the liver could not be achieved following intrasplenic injection. It was observed that, following intrahepatic injection in the acute liver injury animal model, MSCs permanently remained in the liver, but primarily differentiated into myofibroblasts, which expressed vimentin and  $\alpha$ -SMA but not hepatic markers [49]. Therefore, the MSC transplantation route used should be taken into consideration for enhancement of stable engraftment, and reduction of the fibrogenic effects of MSCs.

### FUTURE PERSPECTIVES

Although MSCs have been widely used in clinical and pre-clini-

cal studies of CLD treatments, further studies are needed to resolve various issues, such as those relating to the fibrogenic potential of MSCs, and their ability to promote pre-existing tumor cell growth. MSCs injected into non-obese diabetic severe combined immunodeficient (NOD/SCID) mice with liver injury could be differentiated into myofibroblasts, rather than into hepatocytes, according to MSC injection route and disease status of the mice [49,50]. Liver engraftment of human MSCs was very low in normal and acutely injured NOD/SCID mice, while significantly higher numbers of human MSCs were found in chronically injured livers. Moreover, a significant number of human MSCs exhibited a myofibroblast-like morphology during acute liver injury [50]. In addition to the fibrogenic potential of MSCs to undergo malignant transformation during ex-vivo expansion, MSCs are able to promote the growth of pre-existing tumors, through the secretion of growth factors. Although malignant transformation of human MSCs has not been reported in clinical trials, MSCs must be carefully screened for deleterious genetic mutations prior to their transplantation.

## CONCLUSIONS

MSCs treatments are considered to be generally safe, and may serve as a potential therapeutic agent to improve liver function in patients with CLD, because of their differentiation potential into hepatocyte-like cells, their immunosuppressive properties, and secretion of various trophic factors promoting liver regeneration. Nevertheless, several issues, including those that involve the fibrogenic potential of MSCs and their ability to promote pre-existing tumor cell growth, must be carefully considered.

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