A case of massive serous ascites following radical hysterectomy with bilateral pelvic lymphadenectomy for cervical adenocarcinoma stage IB2

Dae Gy Hong, Bo Seop Kim, Yoon Soon Lee, Il Soo Park, Young Lae Cho

Department of Obstetrics and Gynecology, Kyungpook National University School of Medicine, Daegu, Korea

Ascites following radical hysterectomy with retroperitoneal lymphadenectomy for invasive cervical cancer has been reported previously. Most of these reports described chylous ascites. The chylous ascitic fluid is milky; further, chylous ascites leads to nutritional problems. Authors present the case of a patient who developed serous ascites following radical hysterectomy with bilateral pelvic lymphadenectomy. The amount of ascites was approximately 18,000 ml over 52 days. The patient had no nutritional problems or complications. Although the etiology could not be determined, Authors surmise that the ascites may have been due to massive drainage from injured lymphatic channels below the cisterna chyli. Authors could not found any literatures which described massive serous ascites following surgery in gynecologic malignancy and reports this case with review of literatures.

Key Words: Cervix cancer, Ascites, Radical hysterectomy, Lymphadenectomy, Chylous ascites

INTRODUCTION

Ascites following radical hysterectomy for invasive cervical cancer has been reported previously. Most of these reports described chylous ascites. The chylous ascitic fluid is milky; further, chylous ascites leads to nutritional problems. We present the case of a patient who developed serous ascites following radical hysterectomy with approximately 18,000 ml of ascitic fluid over 52 days. The patient had no nutritional problems or complications. Although the etiology could not be determined, we surmise that the ascites may have been due to massive drainage from injured lymphatic channels below the cisterna chyli.

In 1994, Geisler et al. reported 2 cases of chylous ascites following retroperitoneal lymphadenectomy

Address reprint requests to Young Lae Cho
Department of Obstetrics and Gynecology, Kyungpook
National University School of Medicine, 50, Samdeok-dong
2-ga, Jung-gu, Daegu 700-721 Korea

Tel: (82)-53-420-5733, Fax: (82)-53-423-7905

E-mail: ylcho@mail.knu.ac.kr

for gynecological malignancy. Postoperative intraabdominal fluid collections are occasionally encountered. Detection of ascites necessitates several evaluations, the first of which involves assessing the nature of ascites. When the color of the fluid is milky, chylous ascites is easily diagnosed. When the intraabdominal fluid is found to be serous in nature. Urine leakage caused by an intraoperative urinary injury should be considered first along with other causes such as liver disease, heart disease, postoperative intraabdominal infection, and lymph leakage from intraoperatively injured lymphatic channels. Thus far, massive intraabdominal chylous ascites and urine leakage from intraoperative urinary injuries have been reported following extensive and radical procedures for gynecological malignancies. To our knowledge, this is a rare case that presented massive serous ascites with over 18,000 ml that developed after radical hysterectomy with bilateral pelvic lymphadenectomy for locally advanced cervical cancer.

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CASE REPORT

A 46-year-old married woman consulted the Department of Obstetrics and Gynecology at Kyungpook National University Hospital in December 2004 with complaints of intermittent vaginal bleeding and foul-smelling vaginal discharge for 1 year. She was diagnosed with locally invasive cervical cancer on the basis of the results of a pelvic examination, cytological smear microscopy, cystoscopy, urinalysis, colonoscopy, and magnetic resonance imaging (MRI). Prior to radical hysterectomy, she received 2 cycles of neoadjuvant chemotherapy with paclitaxel and carboplatin over 6 weeks.

A pelvic examination preceding neoadjuvant chemotherapy revealed a fragile and ulcerated cervical mass more than 4 cm in size involving the anterior and posterior cervical lips. There were no abnormal findings in the parametrial and adnexal areas.

Preoperative laboratory studies revealed the following values: Hb, 12.9 g/dl; white blood cell count, $6.99\times10^3/\mu L$ with 63.3% blast cells; platelet count, $2.66\times10^3/\mu L$; squamous cell carcinoma antigen (S.C.C), 0.9 ng/ml; CA 125, 25 U/ml. The results of other investigations, including urinalysis, liver function tests, renal function tests, electrolytes, et al., revealed no abnormalities.

The results of electrocardiography, chest radiography, and cystoscopic examination were normal. Colonoscopic examination was not possible because

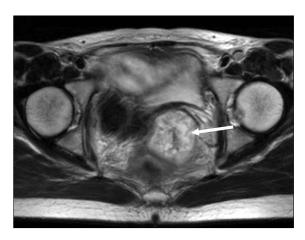


Fig. 1. Axial T2 weighted MR image shows about 4.3×4.4 cm hypertensive signal on cervix.

of large amounts of flatus and feces present within the large intestine. T-2 weighted MRI showed a 4.3 ×4. 4 cm hyperintensive lesion in the uterine cervix with no definitive destruction of the stromal ring (Fig. 1).

After 2 cycles of neoadjuvant chemotherapy, she underwent radical hysterectomy (type III) with bilateral salpingoophorectomy and bilateral pelvic lymphadenectomy as well as incidental appendectomy. There was no intraoperative traumas to the surrounding structures or events that could have caused massive ascites postoperatively.

Microscopic findings revealed a well-differentiated adenocarcinoma with 5-mm deep stromal invasion. Peritoneal washing cytology showed no malignant cells. Further, malignant cells were absent in all the 24 harvested pelvic lymph nodes. After radical hysterectomy, there was evidence of hematuria on the first postoperative day. Following irrigation of the bladder, no hematuria was observed. On the first postoperative day, Hb was observed to be 9.6 g/dl; this was lower than the preoperative Hb, 12.9 g/dl. The postoperative course was uneventful except for the episode of hematuria. On the postoperative days 1-5, the amount of fluid obtained from the drain inserted into the pelvic lymph node dissection site was 35, 177, 257, 225, and 240 ml, respectively, on the right side, whereas on the left side, it was 30, 35, 103, 75, and 110 ml, respectively. The fluid was yellow or straw-colored and serous in nature. On the sixth postoperative day, we removed the drain on the left side. Transabdominal ultrasonography revealed 6 ml of fluid in the posterior cul-de-sac and fluid collections measuring 18 mm³ and 21 mm³ in the right and left halves of the lower pelvic cavity, respectively. On the seventh postoperative day, ultrasonography that was performed to rule out hydronephrosis and other urinary injuries revealed no abnormal findings. After removal of the drain on the left side on the sixth postoperative day, the amount of fluid drainage rapidly increased upto 900 ml per day by the seventh postoperative day. We removed the drain on the right side on the eighth postoperative day in order to suppress the production of ascites, following which abdominal distension developed. Computed tomography for the evaluation

of abdominal distension revealed a large intraabdominal fluid collection but no other abnormalities and no contrast leakage from the urinary tract (Fig. 2). A pig-tail-shaped drain was inserted into the intraabdominal cavity for the drainage of the ascitic fluid in order to relieve the distension. We evaluated the nature of the fluid and the etiology of ascites. Cytology and laboratory investigations of the ascitic fluid revealed the following values: white blood cell count, 1,900/mm³ with 5% polymorphonucleated leukocytes and 95% lymphocytes; CA 125, 287.5 U/ml; triglycerides, 6 mg/dl; adenosine deaminase, 5.4 IU/L; glucose, 146 mg/dl; proteins, 3.1 g/dl; lactate dehydrogenase (LDH), 155 U/L. Many leukocytes were observed on wet smear examination, but no organisms were observed on Gram staining, acid-fast bacilli (AFB) staining, or on culture. The differences in the BUN and creatinine levels between ascitic fluid and urine demonstrated that ascites was not due to a leakage from the urinary system (BUN,

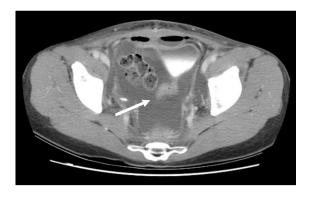


Fig. 2. Ascites. Computed tomography shows abundant ascites in abdominal cavity on 11th postoperative day.

1.4 mmol/dl; creatinine, 0.6 mg/dl in ascites, BUN, 57.8 mmol/dl; creatinine 36.6 mg/dl in urine). No malignant or atypical cells were observed. Ultrasonography revealed no abnormal findings in the liver. Chest radiography revealed no abnormalities in the lungs and the cardiac silhouette.

Intravenous pyelography for evaluation of urine leakage demonstrated no abnormal findings. From the 11th postoperative day, when the pig-tail-shaped drain was inserted, to the 31th postoperative day, the amount of serous fluid drained was observed to be 200-1,000 ml per day; thereafter, it decreased steadily. On the 52th postoperative day, the pig-tail-shaped drain was removed, and the patient was discharged (Fig. 3). No lymphoceles or intraabdominal fluid collections were observed during follow-up.

DISCUSSION

Intraabdominal and retroperitoneal fluid collections following gynecological operations have been frequently reported. These may be detected several days or months after the operation but are generally detected within 1 week postoperatively.² The most frequent cause of postoperative ascites is urine leakage from intraoperative injuries to the urinary tract. In this patient, we examined the possibility of a urinary injury by laboratory investigations of the ascitic fluid (the difference in the BUN and creatinine levels between urine and ascitic fluid), intravenous pyelography, and computed tomography; however, we were unable to obtain evidence of such an injury. Therefore, the possibility of lymphatic

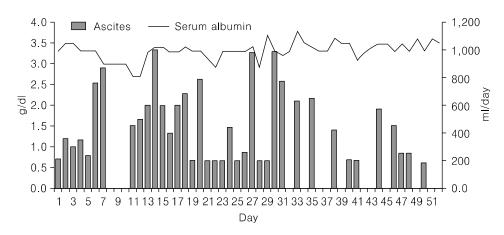


Fig. 3. Ascitic fluid drainage after radical hysterectomy with both pelvic lymphadnectomy and serum albumin level

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leakage following retroperitoneal lymph node dissection was considered.

Postoperative chylous ascites is produced by delayed lymphatic leakage from unhealed lymphatic channels. After injury, lymphatic channels are adhered to and compressed by the surrounding tissues, thus preventing lymphatic leakage transiently. However, failure of these channels to heal causes delayed leakage from them.² So far, there are no definitive criteria for diagnosing chylous ascites.3 Jahsman's criteria, which are routinely used, are as follows: a milky appearance, separation into 2 layers on standing, odorless fluid, alkaline nature, specific gravity >4, bacteriostatic properties, total protein content <3%, presence of fat globules that stain with the Sudan Red stain, fat content of 0.4% to 4%, and total solids >4%. 4-7 Currently, triglyceride values have gained importance in the diagnosis of chylous ascites. These should typically be 2-8 times of the corresponding plasma values. Certain authors use arbitrary values of ascitic fluid triglycerides to diagnose chylous ascites.8 Staats has stated that a triglyceride level >110 mg/dl is highly suggestive of chylous effusions.9 In this case, the ascitic fluid was straw-colored or yellowish in appearance and serous in nature. The ascitic fluid triglyceride content was 6 mg/dl (normal serum level, 0.4-4 mg/dl) and that of protein was 3.1 g/dl. The possibility of this fluid being that of chylous ascites was very low. We ruled out tuberculous ascites on the basis of the negative results of AFB stain, the absence of adenosine deaminase in the ascitic fluid, and a careful review of the patient's past history.

Imaging studies, including computed tomography, liver ultrasonography, and chest radiography, did not reveal any abnormal findings except for intraabdominal fluid collection. Ascites was not attributable to cardiac or hepatic causes. The incidence of chylous ascites in patients who received radiotherapy has been observed to be 3% in gynecologic malignancy. Nurettin et al reviewed 27 cases of chylous ascites. Of these 27 cases, 21 of them were reported to occur after radiation therapy with or without previous or paraaortic lymph node dissection. The most likely cause appears to have been radiation damage to the intestine and intestinal lymphatics.

This patient had no history of radiotherapy but had received neoadjuvant chemotherapy. There are no reports regarding ascites caused by neoadjuvant chemotherapy. ^{13,14}

Authors could not determine the etiology of the massive serous ascites in this patient since the laboratory values did not match the diagnostic criteria for chylous ascites; moreover, urinalysis and imaging studies were also inconclusive.

During the surgery, lymph nodes were dissected bilaterally from the common iliac nodes to the pelvic nodes but not above the level of the former. This implies that there was a minimal possibility of an injury to the cisterna chyli that drains the chyle from the intestinal and mesenteric lymphatics and is located anterior to the body of the L2 vertebra between the inferior vena cava and the descending aorta. In the management of the ascites authors were deliberate on the time of drain removal. James Heaf reported average peritoneal ultrafiltration rate from 0.75 L/day to 0.55 L/day in continous ambulatory peritoneal dialysis patients. 15 In the text book of surgery normally the peritoneal cavity containes less than 100 ml of sterile serous fluid. Microvilli on the apical surface of the peritoneal mesothelium promote the absorption of fluid from the peritoneal cavity into the lymphactics and the portal and systemic circulation.¹⁶ Authors could not found the reports describing when to remove and how to manage drain. On the eighth postoperative day both drains were removed in expectation of control with peritoneal transport system. Regardless of excessive ascites production or peritoneal transport failure, the ascites was not controlled. Previous studies reported that drain following retroperitoneal lymphadenectomy could not reduced postoperative lymphocysts and morbidities. 17,18 The insertion and management of drain after retroperitoneal lymphadenectomy need further study.

After excluding urinary injury and other causes authors planed to treat the patient as in chylous ascites. Many treatments have be reported for care of chylous ascites including surgery, octreotide, somatostatin, low fat diet with medium-chain trigly-ceride supplementation and total parenteral nutrition (TPN). ^{19,20} But the patients did not present any

nutritional problems. The patient was treated with fluid therapy and intermittent albumin replacement without TPN and other medical treatments.

In conclusion, the possibility of massive lymphatic leakage from injured lymphatic channels can be suspected in this case based on the serous nature of ascitic fluid, good nutritional status of the patient, no past history of radiotherapy, and no definitive cause of massive ascites. Authors recommend evaluation of lymphatics using lymphagiography in the case like this hereafter.

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=초록=

병기 IB2 자궁경부선암에서 근치적 자궁적출술 및 양측 골반 림프선 절제술 후 발생한 다량의 장액성 복수 1예

홍대기 · 김보섭 · 이윤순 · 박일수 · 조영래

경북대학교 의과대학 산부인과학교실

침윤성 자궁경부암에서 후복막 림프선 절제술을 동반한 근치적 자궁적출술 후 발생한 복수에 대한 보고가 있어 왔다. 이러한 문헌적 보고의 대부분은 유미성 복수에 대해 기술되었다. 유미성 복수는 우윳빛을 띠고 영양학적 문제를 발생시킨다. 후복막 림프선 절제술 후 발생한 유미성 복수는 가슴림프관 팽대의 손상 및 기타 원인으로 발생한다. 저자들은 근치적 자궁적출술 및 양측 골반 림프선 절제술 후 발생한 다량의 장액성 복수를 경험하였다. 수술 후 배액된 복수의 양은 52일 동안 18,000 ml였으나 환자에게 영양학적 문제나 다른 합병증이 발생하지 않았다. 원인을 밝히지 못하였으나 가슴림프관 팽대 이하의 림프선 손상에 의한 다량의 림프액 유출이 의심되었다. 저자들은 문헌상 부인과 악성종양 수술 후 발생한 다량의 장액성 복수를 찾을 수 없었기에 문헌고찰과함께 보고하는 바이다.

중심단어: 자궁경부암, 복수, 근치적 자궁적출술, 림프선 절제술, 유미성 복수

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경북대학교 의과대학 산부인과학교실

전화: 053) 420-5733 • 전송: 053) 423-7905

E-mail:ylcho@mail.knu.ac.kr