

CARDIOVASCULAR BEHÇET'S DISEASE PRESENTING AS A SUBEPICARDIAL HEMATOMA: AN UNEVENTFUL 2-YEAR CLINICAL COURSE

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Cardiovascular involvement in Behçet's disease is not uncommon and could be life-threatening. We describe here a 28-year-old man, who developed sudden onset chest pain during warfarinization due to deep vein thrombosis. Echocardiography and computed tomography showed a 60 × 60 mm-sized hematoma in the pericardial space compressing the right heart. Coronary angiography showed totally occluded proximal right coronary artery. The hematoma was located at the subepicardial plane of the right atrium on surgical view and successfully evacuated. Follow-up echocardiography revealed complete resolution of the hematoma. He is doing well for 24 months after surgery.

KEY WORDS: Behçet's disease · Hematoma · Coronary artery.

INTRODUCTION

Behçet's disease (BD) is a systemic inflammatory disorder of unknown etiology, characterized by recurrent oral aphthous ulcers, uveitis, genital ulcers, and skin lesions.^{1,2)} Cardiovascular involvement in BD is not uncommon and can be fatal.¹⁻³⁾ We describe herein an extremely rare case of cardiovascular BD, who presented with a large subepicardial hematoma developed by micro-rupture of the right coronary artery during long-term warfarinization due to deep vein thrombosis (DVT).

CASE

A 28-year-old man was admitted to our emergency room due to chest pain for 5 hours. He denied any history of chest trauma. He was diagnosed as BD with lower extremity DVT at other tertiary hospital 4 years ago and was taking warfarin and immunosuppressive agents. His blood pressure was 120/80 mmHg, pulse rate 96 bpm, body temperature

36.4°C, and he had a respiration rate of 20 breaths/min. Physical examination revealed acutely ill appearance. Other physical findings were nonspecific. Electrocardiography showed sinus tachycardia (94 bpm) with incomplete right bundle branch block and T wave inversion on V1-3. Laboratory study revealed prolonged prothrombin time (PT) [international normalized ratio (INR), 3.69 (45.5 sec, 15.7%)], leukocytosis (15,400/μL), and only slightly elevated troponin I (0.50 ng/mL). Erythrocyte sedimentation rate was 20 mm/hr and the level of highly-sensitive C-reactive protein was 74.56 mg/L.

Multidetector computed tomography (CT) revealed a 60 × 60 mm-sized, round cavity-like structure compressing the right atrium (RA) with small amount of hemopericardium (Fig. 1). There was no evidence of pulmonary embolism. Transthoracic echocardiography also showed a 59 × 55 mm-sized mass adjacent to the RA with small amount of pericardial effusion with increased echogenicity (Fig. 2A). The mass

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Fig. 1. Four-chamber view of multidetector computed tomography on admission. It revealed a 60×60 mm-sized, round mass (H, hematoma) compressing the right atrium and the tricuspid annulus and small amount of hemopericardium (arrows).

was extrinsically compressing the tricuspid annulus. Color Doppler study showed accelerated color flow from the RA to the right ventricle (RV) with peak pressure gradient of 16 mmHg (Fig. 2B and C). Inferior vena cava was dilated to 27 mm and not collapsed during inspiration (Fig. 2D). Coronary angiography (CAG) showed totally occluded proximal right coronary artery (RCA) with some dye staining around the mass (Fig. 3A) and collateral flows from the left coronary artery (LCA) (Fig. 3B). The LCA was normal otherwise with diffuse dilation of the proximal segments.

During stay at the coronary care unit, his vital signs and symptoms remained stable. Surgery was performed at the 10th hospital day after normalization the PT INR to 1.23. On surgical view, a scanty amount of blood and the hematoma were located below the epicardium at the atrioventricular groove. A definite bleeding focus was not found. We successfully removed the hematoma. Coronary bypass surgery was not performed. Postsurgical echocardiography showed a 24×12 mm-sized residual hematoma (Fig. 4A and B), but transtricuspid pressure gradient declined to 8 mmHg.

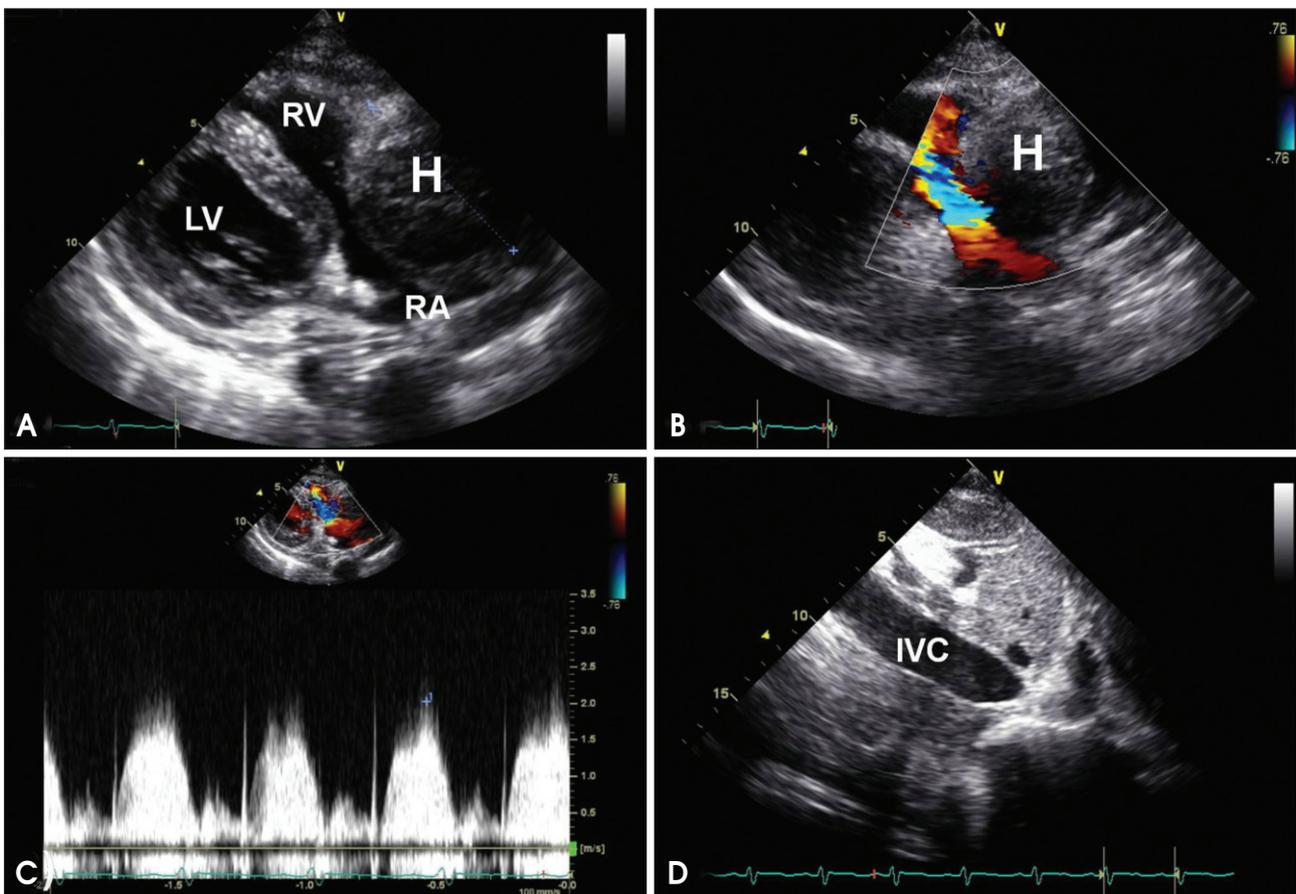


Fig. 2. Transthoracic echocardiography on admission. A: Two-dimensional image showed a 59×55 mm-sized mass (H) adjacent to the right heart extrinsically compressing the tricuspid annulus and small amount of pericardial effusion. B and C: Color Doppler study showed accelerated color flow from the RA to the RV with peak pressure gradient of 16 mmHg. D: IVC was dilated to 27 mm and not collapsed during inspiration. H: hematoma, LV: left ventricle, RV: right ventricle, RA: right atrium, IVC: inferior vena cava.

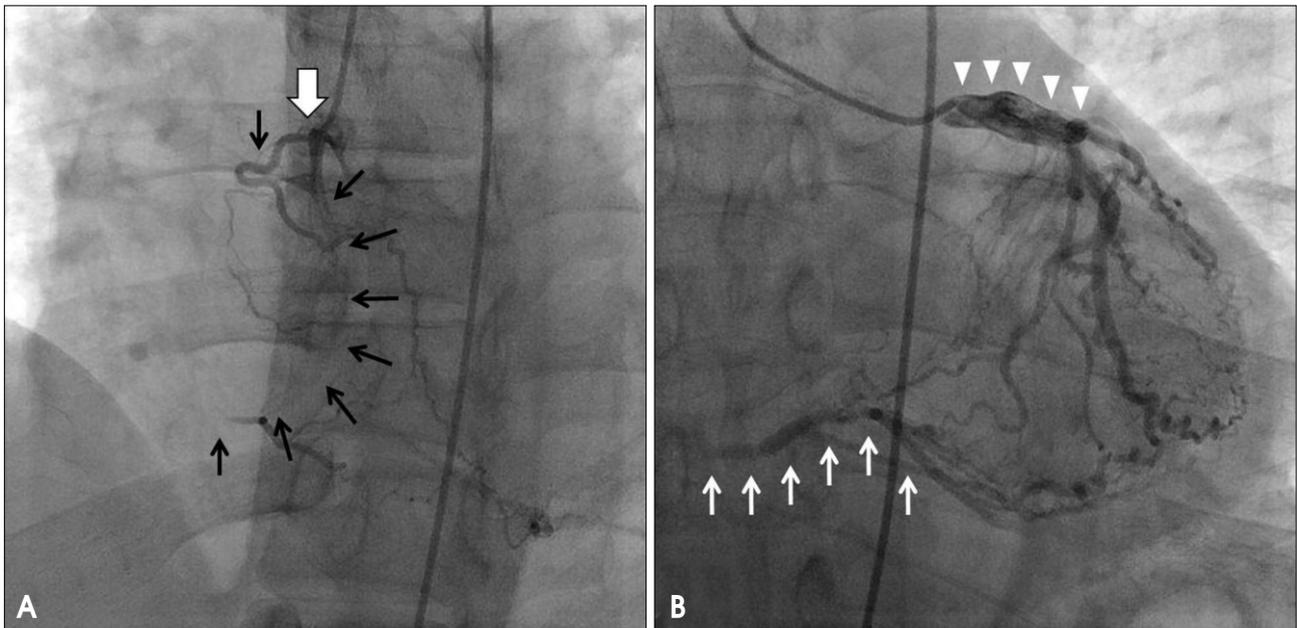


Fig. 3. Coronary angiography. A: Proximal right coronary artery (thick arrow) was totally occluded just below the ostium with some dye staining around the mass (thin black arrows). B: Grade 3 collateral flow from the left coronary artery (thin white arrows) and diffuse enlargement of the proximal segments of the left coronary artery (arrowheads) were found.

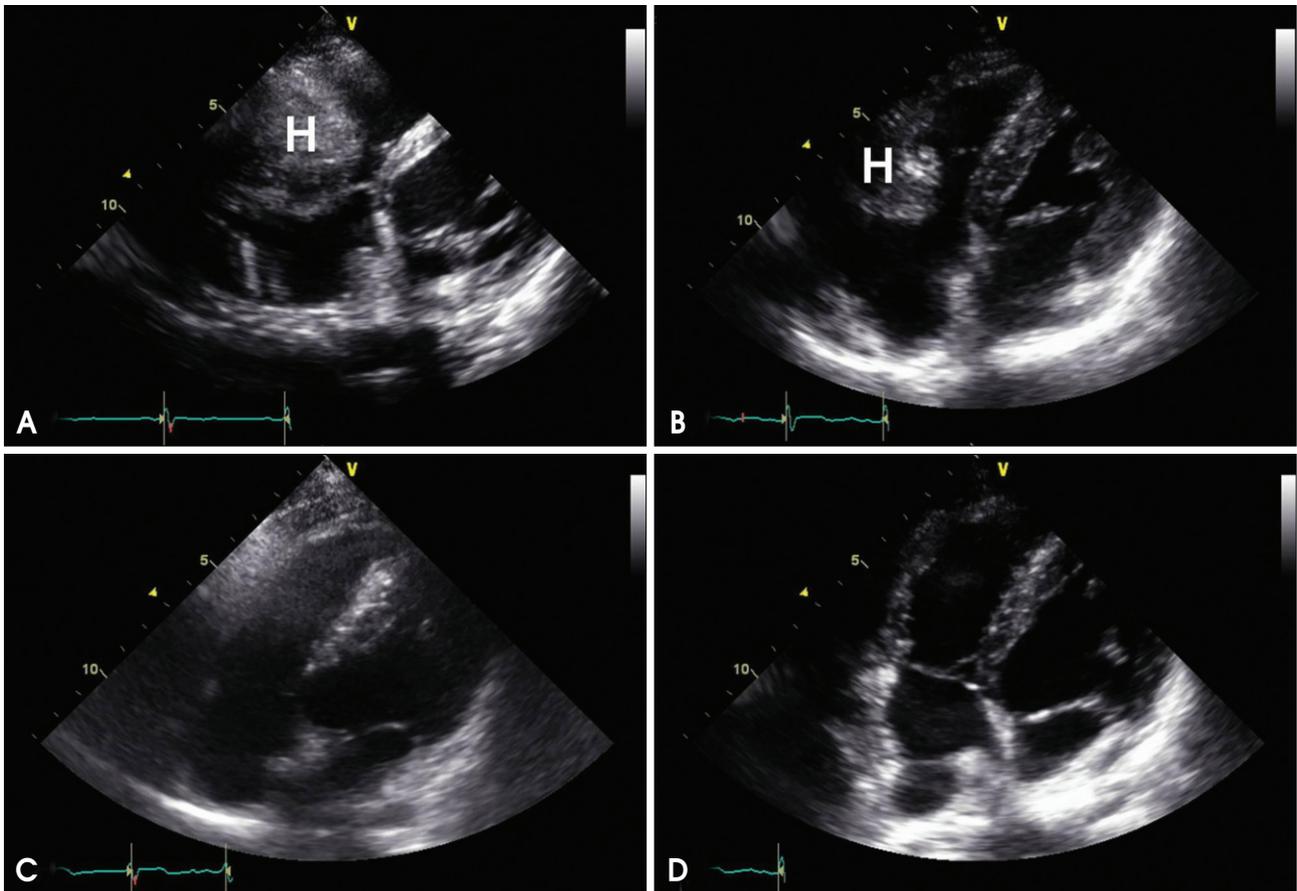


Fig. 4. Serial two-dimensional echocardiography images. Comparing with preoperative status (A), postoperative echocardiography (B) showed that a substantial volume of hematoma (H, hematoma) still remained. However, the 6th (C) and 12th (D) -month follow-up echocardiography showed complete resolution and no recurrence of the hematoma.

The patient was discharged from the hospital 15 days after surgery without any surgical complications. The 6th- and 12th-month follow-up echocardiography revealed complete resolution of the hematoma (Fig. 4C and D). He is doing well with immunosuppressive treatment and warfarinization for 24 months.

DISCUSSION

This unique case of BD showed a huge subepicardial hematoma that was estimated to be formed by micro-rupture of the RCA. He was taking warfarin and immunosuppressives due to lower extremity DVT. The hematoma was incidentally found on CT that was taken to rule out pulmonary embolism, and successfully removed by surgery. We previously reported this case immediately after surgery.⁴⁾ The patient is undergoing an uneventful postoperative course for 2 years during anticoagulation.

The incidence of vascular BD is 7% to 38%.³⁻⁶⁾ Vasculitis associated with BD is the major cause of morbidity and mortality, and can affect arteries and veins of all size.⁶⁻⁸⁾ Venous thrombosis is the most frequent vascular complication of BD seen in 6% to 33%, and may be recurrent and not be resolved despite of anticoagulation.⁷⁻¹⁰⁾ In this case, in spite of warfarinization and immunosuppressive treatment for 4 years due to DVT, CT showed chronic venous thrombosis and obstruction of lower extremity deep veins. Arterial involvement in BD is less common, occurring 1% to 7% of patients, but carries poorer prognosis than venous complications.³⁾⁵⁻⁸⁾ Aorta, pulmonary, and femoral arteries are most frequently involved.⁵⁻⁷⁾ It is characterized by saccular aneurysm formation and obstruction.²⁾³⁾ Aneurysm and subsequent rupture of the large arteries are directly related to the major cause of mortality, and stenosis or obstruction may cause ischemic symptoms or be asymptomatic.¹⁻³⁾⁵⁾⁸⁾

The incidence and clinical course of cardiac BD are not clear, but it can be fatal.¹⁻³⁾ All 3 layers of the heart can be affected and present as endocarditis, endomyocardial fibrosis, recurrent arrhythmias, myopericarditis, valvular dysfunction, intracardiac thrombosis, and coronary artery disease (CAD) resulting in acute myocardial infarction, angina, and silent myocardial ischemia.²⁾³⁾ Coronary artery involvement in BD has extremely rarely been reported.³⁾⁹⁾¹¹⁾ This patient did not experience angina before admission and presented with atypical chest pain. We initially thought that the possibility of CAD was low as the cause of chest pain and performed CT to exclude pulmonary embolism. The hematoma compressing the right heart was found by chance. CAG showed total occlusion of the RCA with abundant collateral circulation from the diffusely enlarged LCA. This finding suggests

that the occlusion of the RCA was a chronic process. We thought that the hematoma was developed by spontaneous micro-rupture of the totally occluded RCA fired by bleeding tendency during warfarinization. If patients with BD present chest pain, it should be considered the diagnosis of coronary artery involvement, even if they are young or do not have any traditional cardiovascular risk factors.

Arterial occlusive or stenotic lesions in BD have been treated surgically or non-surgically by using immunosuppressive agents.⁸⁾ Generally, conservative treatment is preferred to surgery because arterial manipulation may be complicated by aneurysm or pseudoaneurysm formation, clots, occlusion, or recurrent disease.³⁾⁸⁾ Surgical management is usually reserved for arterial aneurysms to avoid the risk of rupture.⁸⁾ Because of the same reason, bypass graft surgery or percutaneous coronary intervention have not generally been adopted in cases of severe CAD in BD, and the long-term results of those treatment strategies are not available.⁸⁾ We also elected only to remove the huge hematoma for the purpose of relieving the obstruction without bypass the occlusive RCA because of the abundant collaterals and the concern of development of surgical complications.

In conclusion, it is necessary to keep in mind the possibility of coronary artery involvement in young patients with BD presenting chest pain. The optimal treatment strategies should be selected according to the clinical situation.

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