

# Management of neurogenic bladder

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The number of patients with neuropathy is growing as the population ages. Not surprisingly, most of these patients suffer from lower urinary tract dysfunction (LUTD). Neurogenic LUTD, whether its cause is traumatic or degenerative, is one of the most complicated conditions to physicians. This is because there is a relative lack of quality information in this area. In addition, this field has been relatively underfocused and underfunded.

Dysfunction of the urinary bladder and urethral sphincter imposes detrimental impacts on patient life. Physicians should understand the active dynamics of the emptying and storage of the lower urinary tract. A better understanding of these urodynamics truly helps to attain two paramount treatment goals: kidney preservation and patients' quality of life (QoL). Physicians primarily aim for kidney preservation while patients seek medical help to

solve their QoL problems. There are indeed some dilemmas when these two issues are incompatible. In the evaluation and management of these patients, both aspects should not only be taken into discreet account but also be balanced.

Most patients with LUTD face various problems. Many practical issues need resolution, including catheter issues, QoL-related issues, and newer treatment agents. These issues will be able to be resolved through intensive basic and clinical research. *Korean Journal of Urology* is committed to making valuable contributions to the medical community by providing quality information on neurogenic LUTD.

## CONFLICTS OF INTEREST

The authors have nothing to disclose.

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