

A Case of Posterior Mediastinal Plasmacytoma Confounded by Community-Acquired Pneumonia

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Plasmacytomas are extramedullary accumulations of plasma cells originating from soft tissue. Mediastinal plasmacytoma is a rare presentation. A 67-year-old man recovered after antibiotic treatment for community-acquired pneumonia. However, on convalescent chest radiography after 3 months, mass like lesion at the right lower lung field was newly detected. Follow-up chest computed tomography (CT) revealed an increase in the extent of the right posterior mediastinal mass that we had considered to be pneumonic consolidations on previous CT scans. Through percutaneous needle biopsy, we diagnosed IgG kappa type extramedullary plasmacytoma of the posterior mediastinum.

Keywords: Plasmacytoma; Hematopoiesis, Extramedullary; Pneumonia; Diagnosis

Introduction

Extramedullary plasmacytomas (EMPs), a category of plasma cell malignancies, are characterized by localized monoclonal plasma cell proliferation forming a solitary lesion outside the bone marrow¹. These are associated with the upper aerodigestive tract in about 80% of cases, and manifest as multiple myeloma, primary amyloidosis, or monoclonal gam-

mopathy of unknown significance¹. Plasmacytomas may be primary or secondary to disseminated multiple myeloma and may arise from medullary or extramedullary sites¹.

The mediastinal involvement of EMP is rare, and diagnosis of plasmacytoma could be often delayed². However, because EMP can be the sequence of proceeding for multiple myeloma, these tumors need to be diagnosed early and treated to prevent further morbidity. We describe a case of posterior mediastinal plasmacytoma with delayed diagnosis due to clinical improvement after antimicrobial therapy for community-acquired pneumonia (CAP) with a review of the literature.

Case Report

A 67-year-old man was admitted to our hospital with febrile sensation and cough for 3 days. He had no other underlying chronic disease. He was an ex-smoker (20 pack-years) and did not have a history of alcohol abuse. His vital signs were as follows: blood pressure, 140/82 mm Hg; heart rate, 68 beats per minute; respiratory rate, 20 per minute; and body temperature, 38.5°C. Auscultation revealed coarse crackles in both lower lung fields.

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Chest radiography showed multiple pulmonary infiltrations in the right lung fields (Figure 1A). White blood cell count was $8,000/\text{mm}^3$ with 76.0% segmented neutrophils, 13.7% lymphocytes, and 1% eosinophils. C-reactive protein and procalcitonin were 23.34 mg/dL and 0.579 mg/dL, respectively. Other routine blood chemistry tests were all normal. Arterial blood gas analysis revealed pH 7.439, PCO_2 36.3 mm Hg, PO_2 52.4 mm Hg, and HCO_3^- 24.9 mmol/L.

A computed tomography (CT) scan of the chest was performed, and revealed multiple pulmonary consolidations, ground-glass opacities, and interstitial septal thickenings in both lower lung fields (Figure 2A, B). Based on these observations, we made a diagnosis of CAP and initiated antimicrobial therapy of intravenous ceftriaxone 2 g plus azithromycin 500 mg. After treatment of CAP, the clinical findings of the patient

stabilized, and the patient was discharged on hospital day 4.

After three months, we performed a routine check-up of the patient. The patient had no definitive symptoms. Follow-up chest radiography showed resolution of multiple pulmonary consolidations throughout most of the lung fields, but a mass-like lesion without the loss of right cardiac borders at the right lower lobe field was observed (Figure 1B). Follow-up CT scans of the chest revealed interval improvements in pneumonic consolidations in both lower lung fields, but an increased mass in the right posterior mediastinum at T6–7 level that we had considered to be pneumonic consolidations on the previous CT scans was visible (Figure 2C, D). This oval and elongated mass with mild enhancement of soft tissue density without any bone destruction was observed (Figure 3A, B). Positron emission tomography using 2-[fluorine-18] fluoro-

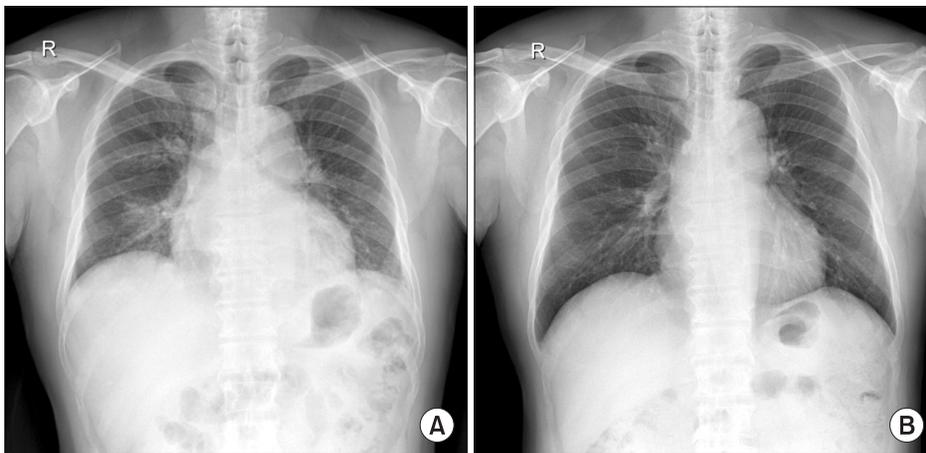


Figure 1. Chest radiography images of the patient. (A) Initial chest radiography showing multiple pulmonary consolidations. (B) A mass-like lesion without the loss of right cardiac borders on a routine follow-up chest radiography after 3 months.

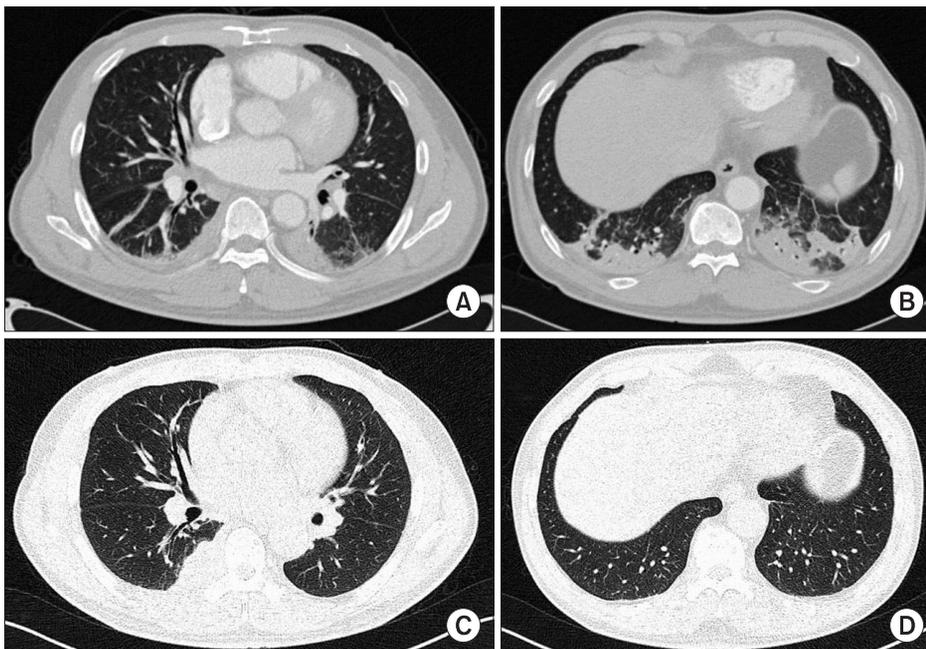


Figure 2. Computed tomography (CT) scan images of the chest. (A, B) Initial chest CT scan showing multiple pulmonary consolidations at both lung fields. (C, D) Follow-up chest CT scan revealing an increased mass in the right posterior mediastinum with improvements in other pneumonic consolidations at other lung fields.

2-deoxy-D-glucose (FDG) imaging and CT scans of the whole body except the brain revealed mild FDG uptake of maximum standardized uptake value 3.4 at the posterior mediastinal mass.

Percutaneous needle biopsy using ultrasound was performed. Lung ultrasound revealed an ill-defined, hypoechoic subpleural lesion measuring about 5.0 cm×2.7 cm at right paraspinal area of T6–7 level. And microscopic examination showed diffuse infiltrates of polymorphous and asynchronous plasma cells with large and eccentric nuclei, prominent nucleoli, and abundant cytoplasm (Figure 4A). Immunohistochemistry revealed the biopsy was positive for CD138, the cytoplasm was diffusely reactive for monoclonal kappa-light chain (Figure 4B). Based on these findings, the posterior mediastinal mass was diagnosed as a IgG kappa type plasmacytoma.

We subsequently investigated the possibility of multiple myeloma. Laboratory tests showed an inverse albumin/globulin ratio (total protein, 10.7 g/dL; albumin, 3.0 g/dL; A/G

ratio, 0.38). Serum hemoglobin, creatinine, and total calcium were 11.8 g/dL, 1.4 mg/dL, and 8.5 mg/dL, respectively. Immunofixation of serum showed monoclonal gammopathy of IgG-kappa type. In serum protein electrophoresis, the M spike level was 4.58 g/dL. Serum Ig determination revealed a markedly increased IgG level (6,993.1 mg/dL), and the level of β 2-microglobulin was 3,674.2 ng/mL. On bone marrow aspiration and biopsy, plasma cells were increased up to 7.8% of all marrow nucleated cells. Those findings were consistent with monoclonal gammopathy of undetermined significance (MGUS) and insufficient for diagnostic criteria of symptomatic multiple myeloma. The patient was finally diagnosed as a posterior mediastinal plasmacytoma (IgG-kappa type). The patient was referred to the hematology department for proper treatment. This report was approved by the Ethical Review Committee.

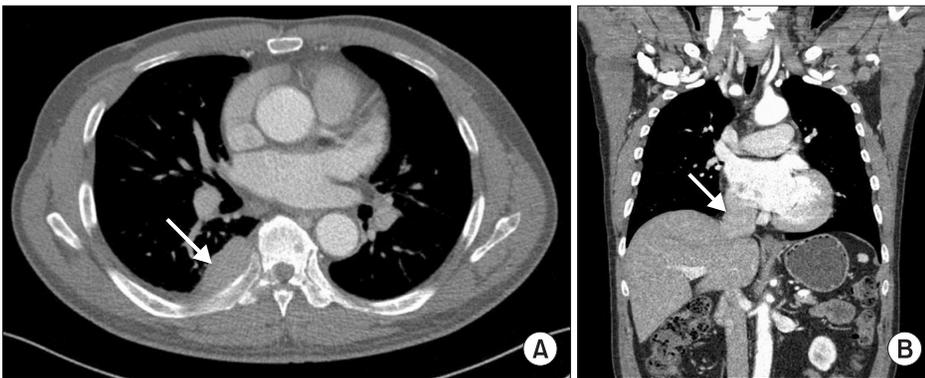


Figure 3. (A, B) Contrast-enhanced computed tomography (CT) scan images of the chest after treatment of pneumonia. Chest CT scan revealing oval and elongated mass (arrow) with mild enhancement of soft tissue density without any bone destruction.

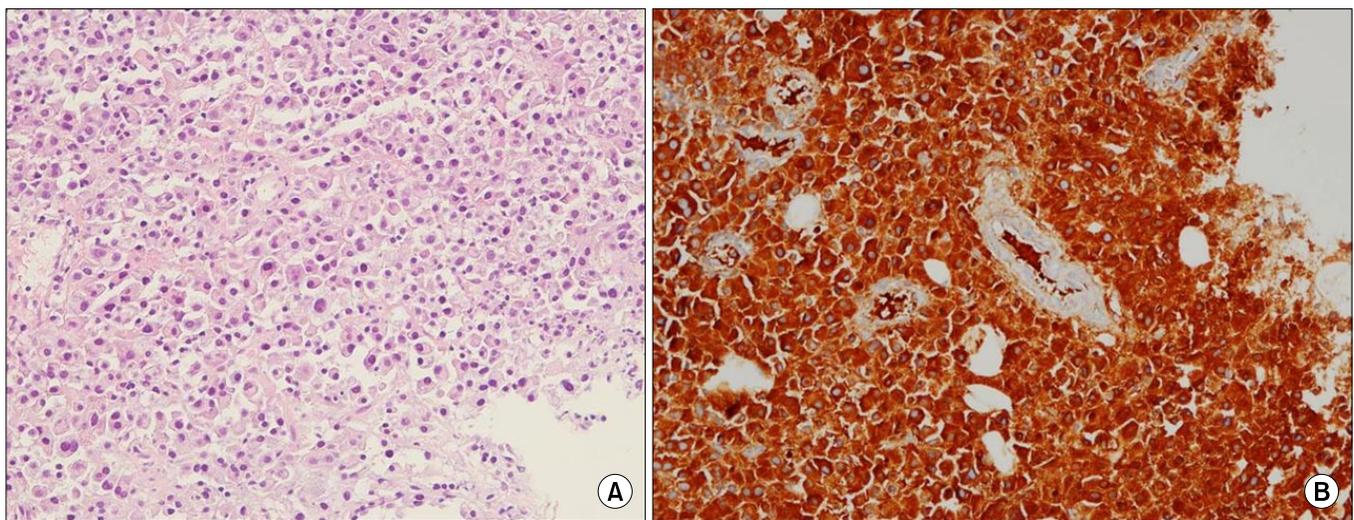


Figure 4. (A) Microscopic examination showing diffuse infiltrates of plasma cells with large and eccentric nuclei with prominent nucleoli and abundant cytoplasm (H&E stain, $\times 200$). (B) Immunohistochemistry showing tumor cells with diffuse reactivity to cytoplasmic monoclonal kappa-light chain reactivity ($\times 200$).

Discussion

EMPs result from monoclonal proliferation of plasma cells in soft tissues or organs outside the bone marrow, and constitute about 4% of plasma cell malignancies. Although most tumors (approximately 82%) occur in regions of the upper respiratory tract such as the oronasopharynx and paranasal sinuses, these tumors can also occur in the gastrointestinal tract, spleen, liver, lymph nodes, kidneys, thyroid gland, adrenal gland, ovary, testes, lung, pleura, pericardium, and skin¹. The posterior mediastinal plasmacytoma as occurred in our case is rare, and most studies are case reports³⁻⁵.

While EMP of the upper respiratory tract develops frequently in men (male-to-female ratio ranges from 3:1 to 5:1), no predilection for thoracic involvement according to sex has been reported⁶. The most common age of onset is 50 to 60 years, and clinical signs depend on the location of the tumor⁶.

EMP can occur as a primary tumor without any bone marrow plasmacytosis, or as a manifestation of multiple myeloma with extramedullary involvement¹. Before multiple myeloma enters into an aggressive phase, the disease is mostly contained within the bone marrow⁶. However, during the transformation phase, extramedullary manifestations can develop⁶. The incidence of EMP associated with multiple myeloma ranges from 7% to 17% in patients at the time of diagnosis, and 6% to 20% during the clinical course of the disease⁷.

Otherwise, EMP can be the sequences of proceedings for multiple myeloma. Moran et al.⁸ reported two cases of EMP presenting as a mediastinal mass, which preceded the onset of full-blown multiple myeloma. And the other report concerned that 10% to 30% of solitary EMP cases could be disseminated into multiple myeloma within the first 2 years⁹. Therefore, the presence of the EMP often provides a hint to the diagnosis of multiple myeloma.

In terms of posterior mediastinal manifestations of EMP, it should be differentiated from neurogenic tumor, lymphoma, and lymphangioma¹⁰. And EMP within thoracic cavity can present as lung nodule or mass, or as pulmonary consolidative patterns^{11,12}. In practice, EMP is highly indistinguishable from other thoracic disease and it is a great challenge to diagnose thoracic or mediastinal plasmacytoma.

In our case, we failed to detect underlying posterior mediastinal plasmacytoma at the time of initial admission because the patient had pneumonia that subsequently responded to antimicrobial therapy. Follow-up chest CT scans revealed an irregular enhancing mass at the right posterior mediastinum. Based on histology findings, we made a delayed diagnosis of posterior mediastinal plasmacytoma. In addition, we suggested that EMP could be the sequences of proceedings for multiple myeloma. In our case, patient was diagnosed as a EMP coexisted with MGUS according to International myeloma working guidelines published in 2009¹³. This case is rare because there are only three cases in PubMed which reported

plasmacytoma of posterior mediastinum without multiple myeloma³⁻⁵. Furthermore, this is the second case report ever with rare IgG kappa type of plasmacytoma in posterior mediastinum³.

The management of plasmacytoma is entirely different for both types of plasma cell dyscrasias. Most cases of primary EMP without multiple myeloma are treated with surgery and/or radiation therapy, and clinical responses are generally good⁶. However, if the diagnosis of EMP is concurrent with multiple myeloma, the prognosis is very poor and treatment includes chemotherapy or autologous hematopoietic cell transplantation which is directed towards the underlying disease¹⁴.

In conclusion, this case suggests that plasmacytoma can manifest as a form of posterior mediastinal mass. And, because this disease cannot be often differentiated from pneumonic consolidations, careful monitoring may be required in some patients who recover after antimicrobial therapy of pneumonia.

Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

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