



Phytochemical Constituents from the Rhizomes of *Osmunda japonica* Thunb and Their Anti-oxidant Activity

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Abstract – Eleven compounds (**1–11**) were isolated from the rhizomes of *Osmunda japonica*, and their structures were elucidated based on ¹H, ¹³C-NMR and LC-IT-TOF MS data. Of these compounds, all compounds (**1–11**) have been previously reported, although five (**6–9, 11**) have not previously been isolated from this plant. The antioxidant activities of isolated compounds (**1–11**) were measured by DPPH and ABTS assays, and compound **10** showed the high antioxidant activity.

Keywords – *Osmunda japonica*, Osmundaceae, Chemical constituents, Anti-oxidant

Introduction

Osmunda japonica (Osmundaceae) is a perennial herb, widely distributed throughout Taiwan, Japan, and Korea.¹ Its young leaves are edible, consumed as a vegetable in Korea, and its rhizomes have long been used in traditional Korean medicine for treating hemostasis and fever.² Previous phytochemical investigations of this plant resulted in the isolation of flavonoids and phenolic constituents.^{3,4} Anti-oxidant, anti-microbial and herbicidal effects of an MeOH extract of *O. japonica* have also been reported.^{5–8} As part of our ongoing research for bioactive compounds from indigenous plant in Korea, we investigated the MeOH extract of *O. japonica* and isolated eleven known compounds (**1–11**) (Fig. 1). Their structures were characterized by spectroscopic data and identified by comparing these data with those in the literature. All isolated compounds (**1–11**) were tested for antioxidant activity using DPPH and ABTS assays.

Experimental

General experimental procedures

TLC was performed using Merck pre-coated silica gel F₂₅₄ plates. Spots were visualized on TLC under UV light or by spraying with 10% H₂SO₄ in C₂H₅OH (v/v), and heating. Silica gel 60 (Merck, 70–230 mesh and 230–400 mesh) and RP-C₁₈ silica gel (YMC GEL ODS-A, 12 nm, S-75 µm) were used for column chromatography. All the compounds were purified on an Agilent A1200 series HPLC (Agilent Technologies) using a Phenomenex Luna C₁₈-100A column (25 cm × 3 mm, 5 µm particle size). NMR spectra were recorded on a Varian UNITY INOVA 500 NMR spectrometer operating at 500 MHz (¹H) and 125 MHz (¹³C); chemical shifts are given in ppm (δ). ESI-mass spectra were obtained on a Schimadzu LCMS-IT-TOF mass spectrometer. 2,2-Diphenyl-1-picrylhydrazyl (DPPH) and 2,2'-azinobis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS) were obtained from Sigma-Aldrich and used as supplied. Fluorescence analyses were performed using ELISA microplate reader (Infinite 200 pro, TECAN, Austria).

Plant materials – The rhizomes of *O. japonica* (2 kg) were collected at Wando-gun in Jeollanam-Do province in July 2015. This plant was identified by Professor Hui Kim (Mokpo National University, Korea). A voucher specimen (TKM-2081) of the plant was deposited in the herbarium at NIKOM, Jangheung, Korea.

Extraction and isolation – The rhizomes of *O. japonica* (2 kg) were extracted with 100% MeOH under reflux, and filtered. The filtrate was concentrated *in vacuo* to give a

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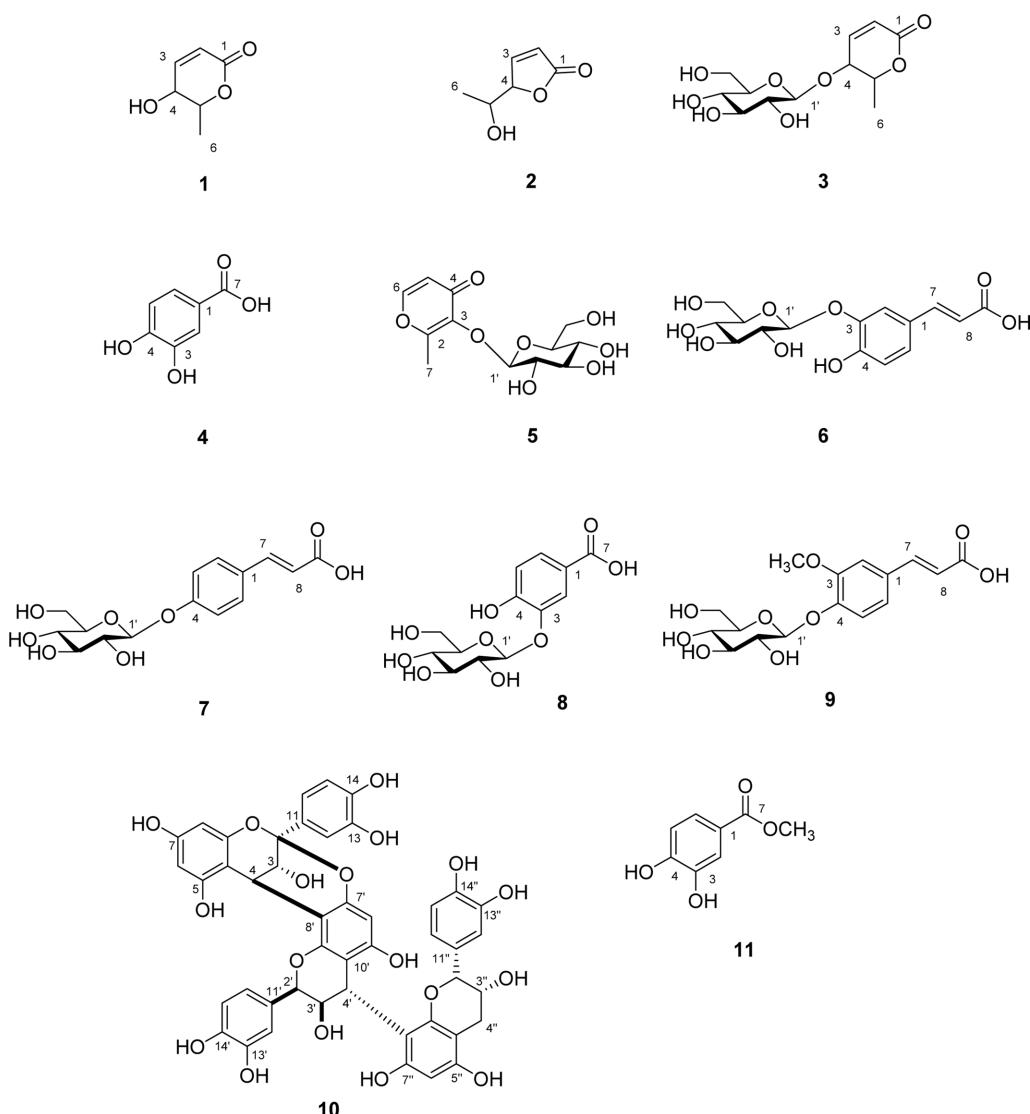


Fig. 1. The structures of **1 - 11** isolated from *O. japonica*.

MeOH extract (137 g), which was suspended in water (800 mL) and successively partitioned with *n*-hexane and H₂O to give 20 and 100 g, respectively. The H₂O soluble fraction (100 g) was chromatographed on a diaion HP-20 column, eluting with a gradient solvent system consisting of 100% water and 50% MeOH to give two sub-fractions (A and B). Fraction A (80 g) was separated over an RP-C₁₈ silica gel column with 0 – 25% MeOH as the eluent to give ten fractions (A1–A10). Fraction A5 (7 g) was separated over a RP-C₁₈ silica gel column with 0 – 20% MeOH as the eluent to give four fractions (A5-1 – A5-4). Subfraction A5-1 (300 mg) was purified with a RP-C₁₈ prep HPLC (0 – 5% MeOH, gradient, 40 min, 240 nm, 25 mL/min) to yield **2** (14 mg, *t*_R = 22 min) and **1** (8 mg, *t*_R = 27 min). Sub-fraction A5-2 (1.3 g) was subjected to column chromatography (CC) on silica gel (230 - 400 mesh, 20 g),

eluting with a solvent system of ethyl acetate/MeOH/H₂O(10:1:0~2:1:0.2) to give four sub-fractions (A5-2-1 – A5-2-4). Sub-fraction A5-2-3 (800 mg) was purified with a RP-C₁₈ prep HPLC (3% MeOH, isocratic, 35 min, 254 nm, 25 mL/min) to yield **3** (520 mg, *t*_R = 25 min). Sub-fraction A7 (60 mg) and A8 (40 mg) were purified with a RP-C₁₈ prep HPLC (8~11% MeOH, gradient, 35 min, 220 nm, 20 mL/min) to yield **4** (10 mg, *t*_R = 21 min). Fraction B (10 g) was separated over a RP-C₁₈ silica gel column with 0 – 20% MeOH as the eluent to give eleven fractions (B1 – B11). Sub-fraction B1 (1.0 g) and B2 (400 mg) were purified with a RP-C₁₈ prep HPLC (5% MeOH, isocratic, 40 min, 254 nm, 25 mL/min) to yield **5** (758 mg, *t*_R = 30 min). Sub-fraction B3 (60 mg) was purified with a RP-C₁₈ prep HPLC (10% MeOH, isocratic, 40 min, 289 nm, 22 mL/min) to yield **6** (11 mg, *t*_R = 28 min). Sub-

fraction B4 (1.3 g) and B5 (500 mg) were subjected to column chromatography (CC) over a silica gel (230 - 400 mesh, 20 g) eluted with a solvent system of $\text{CHCl}_3/\text{MeOH}$ (20:1~1:1) to give seven sub-fractions (B4-5-1–B4-5-7). Sub-fraction B4-5-3 (560 mg) was purified with a RP-C₁₈ prep HPLC (8% MeOH, isocratic, 40 min, 290 nm, 25 mL/min) to yield **7** (14 mg, $t_{\text{R}} = 26$ min) and **8** (265 mg, $t_{\text{R}} = 33$ min), respectively. Sub-fraction B4-5-4 (250 mg) was purified with a RP-C₁₈ prep HPLC (8% MeOH, isocratic, 40 min, 290 nm, 25 mL/min) to yield **9** (10 mg, $t_{\text{R}} = 27$ min). Sub-fraction B7 (2.0 g) was purified with a RP-C₁₈ prep HPLC (14% MeOH, isocratic, 40 min, 277 nm, 25 mL/min) to yield **10** (675 mg, $t_{\text{R}} = 28$ min). Sub-fraction B10 (123 mg) was purified with a RP-C₁₈ prep HPLC (12~20% MeOH, gradient, 35 min, 260 nm, 21 mL/min) to yield **11** (8 mg, $t_{\text{R}} = 30$ min).

Osmundalactone (1)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 6.91 (1H, dd, $J = 10.0, 2.5$ Hz, H-3), 5.94 (1H, dd, $J = 9.5, 1.5$ Hz, H-2), 4.31 (1H, m, H-5), 4.16 (1H, m, H-4), 1.44 (1H, d, $J = 6.5$ Hz, H-6); ¹³C NMR (CD_3OD , 125 MHz) δ 164.7 (C-1), 150.3 (C-3), 119.0 (C-2), 77.3 (C-5), 66.7 (C-4), 16.9 (C-6); LC ESI IT-TOF MS: m/z 127 [M-H]⁻.

3,5-Dihydroxy-γ-caprolactone (2)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.75 (1H, dd, $J = 5.0, 2.0$ Hz, H-3), 6.20 (1H, dd, $J = 5.5, 2.0$ Hz, H-2), 5.50 (1H, dt, $J = 5.0, 2.0$ Hz, H-4), 3.93 (1H, m, H-5), 1.25 (1H, d, $J = 6.5$ Hz, H-6); ¹³C NMR (CD_3OD , 125 MHz) δ 174.1 (C-1), 155.0 (C-3), 121.5 (C-2), 87.6 (C-4), 67.0 (C-5), 17.7 (C-6); LC ESI IT-TOF MS: m/z 127 [M-H]⁻.

Osmudarin (3)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.09 (1H, dd, $J = 10.0, 2.5$ Hz, H-3), 6.02 (1H, dd, $J = 9.5, 1.5$ Hz, H-2), 4.59 (1H, m, H-5), 4.50 (1H, m, H-4), 4.49 (1H, d, $J = 7.5$ Hz, H-1'), 3.90 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b), 3.68 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a), 1.47 (1H, d, $J = 6.5$ Hz, H-6); ¹³C NMR (CD_3OD , 125 MHz) δ 163.7 (C-1), 146.3 (C-3), 120.2 (C-2), 101.5 (C-1'), 77.9 (C-5), 76.8 (C-5'), 76.6 (C-3'), 73.5 (C-2'), 72.0 (C-4'), 70.1 (C-4), 61.4 (C-6'), 17.2 (C-6); LC ESI IT-TOF MS: m/z 289 [M-H]⁻.

Protocatechuic acid (4)—White amorphous powder; ¹H NMR (CD_3OD , 500 MHz) δ 7.43 (1H, d, $J = 2.0$ Hz, H-2), 7.40 (1H, dd, $J = 8.0, 2.0$ Hz, H-6), 6.79 (1H, d, $J = 8.0$ Hz, H-5); ¹³C NMR (CD_3OD , 125 MHz) δ 169.1 (C-7), 150.3 (C-4), 144.9 (C-3), 122.7 (C-6), 122.1 (C-1), 116.6 (C-2), 114.6 (C-5); LC ESI IT-TOF MS: m/z 153 [M-H]⁻.

Maltol-β-D-glucopyranoside (5)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 8.01 (1H, d, $J = 6.0$ Hz, H-6), 6.45 (1H, d, $J = 5.5$ Hz, H-5), 4.81 (1H, d, $J = 7.5$ Hz,

H-1'), 3.83 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b), 3.67 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a), 2.47 (3H, s, H-7); ¹³C NMR (CD_3OD , 125 MHz) δ 175.8 (C-4), 163.2 (C-2), 155.7 (C-6), 142.2 (C-3), 115.9 (C-5), 104.0 (C-1'), 77.1 (C-5'), 76.6 (C-2'), 74.0 (C-3'), 69.7 (C-4'), 62.1 (C-6'), 14.4 (C-7); LC ESI IT-TOF MS: m/z 287 [M-H]⁻.

Caffeic acid 3-O-β-D-glucopyranoside (6)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.43 (1H, d, $J = 16.0$ Hz, H-7), 7.12 (1H, d, $J = 2.0$ Hz, H-2), 7.10 (1H, d, $J = 8.0$ Hz, H-5), 7.06 (1H, dd, $J = 8.5, 1.5$ Hz, H-6), 6.31 (1H, d, $J = 16.0$ Hz, H-8), 4.77 (1H, d, $J = 7.5$ Hz, H-1'), 3.45 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b), 3.44 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a); ¹³C NMR (CD_3OD , 125 MHz) δ 168.3 (C-9), 147.6 (C-3), 147.2 (C-4), 144.0 (C-7), 129.3 (C-1), 121.0 (C-6), 118.0 (C-8), 116.5 (C-2), 115.2 (C-5), 102.0 (C-1'), 77.7 (C-5'), 76.2 (C-3'), 73.7 (C-2'), 70.2 (C-4'), 61.7 (C-6'); LC ESI IT-TOF MS: m/z 341 [M-H]⁻.

Coumaric acid 4-O-β-D-glucopyranoside (7)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.60 (1H, d, $J = 8.0$ Hz, H-3, 5), 7.51 (1H, d, $J = 16.0$ Hz, H-2), 7.04 (1H, d, $J = 8.0$ Hz, H-2, 6), 6.39 (1H, d, $J = 16.0$ Hz, H-8), 4.91 (1H, d, $J = 7.5$ Hz, H-1'); ¹³C NMR (CD_3OD , 125 MHz) δ 176.0 (C-9), 159.7 (C-4), 141.2 (C-7), 131.5 (C-1), 130.1 (C-2, 6), 124.5 (C-8), 118.0 (C-3, 5), 102.0 (C-1'), 78.1 (C-5'), 77.8 (C-3'), 74.8 (C-2'), 71.3 (C-4'), 62.4 (C-6'); LC ESI IT-TOF MS: m/z 325 [M-H]⁻.

Protocatechuic acid 3-O-β-D-glucopyranoside (8)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.37 (1H, d, $J = 2.0$ Hz, H-2), 7.35 (1H, dd, $J = 8.0, 2.0$ Hz, H-6), 7.10 (1H, d, $J = 8.0$ Hz, H-5), 4.90 (1H, d, $J = 7.5$ Hz, H-1'), 3.60 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b), 3.42 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a); ¹³C NMR (CD_3OD , 125 MHz) δ 167.4 (C-7), 149.3 (C-4), 146.6 (C-3), 125.3 (C-6), 121.7 (C-1), 117.0 (C-2), 115.4 (C-5), 101.0 (C-1'), 76.2 (C-5'), 75.8 (C-3'), 73.5 (C-2'), 72.0 (C-4'), 59.9 (C-6'); LC ESI IT-TOF MS: m/z 315 [M-H]⁻.

Ferulic acid 4-O-β-D-glucopyranoside (9)—Colorless gum; ¹H NMR (CD_3OD , 500 MHz) δ 7.52 (1H, d, $J = 16.0$ Hz, H-7), 7.33 (1H, d, $J = 2.0$ Hz, H-2), 7.17 (1H, dd, $J = 8.5, 1.5$ Hz, H-6), 7.08 (1H, d, $J = 8.0$ Hz, H-5), 6.45 (1H, d, $J = 16.0$ Hz, H-8), 4.97 (1H, d, $J = 7.5$ Hz, H-1'), 3.81 (3H, s, 3-OCH₃), 3.65 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b), 3.44 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a); ¹³C NMR (CD_3OD , 125 MHz) δ 168.3 (C-9), 149.5 (C-3), 148.8 (C-4), 144.4 (C-7), 128.6 (C-1), 122.7 (C-6), 117.7 (C-8), 111.6 (C-2), 115.4 (C-5), 100.1 (C-1'), 77.5 (C-5'), 77.3 (C-3'), 73.6 (C-2'), 70.0 (C-4'), 61.1 (C-6'), 56.2 (3-OCH₃); LC ESI IT-TOF MS: m/z 355 [M-H]⁻.

Cinnamtannin B-1 (10)—Brown powder; ¹H NMR

(CD₃OD, 500 MHz) δ 7.31 (1H, d, *J*=2.0 Hz, H-12'), 7.19 (1H, dd, *J*=8.5, 2.0 Hz, H-16'), 7.03 (1H, d, *J*=2.0 Hz, H-12), 6.85 (1H, d, *J*=1.5 Hz, H-15"), 6.83 (3H, m, H-16, 15', 12"), 6.75 (2H, m, H-15, 16"), 6.10 (1H, s, H-6"), 6.01 (1H, d, *J*=2.5 Hz, H-6), 5.97 (1H, d, *J*=2.5 Hz, H-8), 5.80 (1H, s, H-6'), 5.70 (1H, s, H-2'), 4.56 (1H, t, *J*=1.5 Hz, H-4'), 4.39 (1H, s, H-2"), 4.15 (1H, d, *J*=3.5 Hz, H-4), 4.12 (1H, d, *J*=2.0 Hz, H-3'), 3.86 (1H, dd, *J*=4.0, 3.0 Hz, H-3"), 3.29 (1H, d, *J*=3.5 Hz, H-3), 2.83 (2H, t, *J*=4.0 Hz, H-4"); ¹³C NMR (CD₃OD, 125 MHz) δ 156.4 (C-7), 155.4 (C-9), 154.6 (C-7"), 154.4 (C-5', 5"), 154.2 (C-9"), 152.7 (C-5), 150.4 (C-9'), 149.7 (C-7), 145.3 (C-14), 144.9 (C-14'), 144.5 (C-13'), 144.3 (C-13"), 144.1 (C-13), 143.9 (C-14"), 131.8 (C-11"), 131.1 (C-11), 130.4 (C-11'), 119.9 (C-16'), 118.5 (C-16), 118.0 (C-16"), 115.3 (C-15), 114.7 (C-12'), 114.6 (C-12), 114.3 (C-15', 15"), 114.1 (C-12"), 107.4 (C-8"), 105.3 (C-10'), 105.0 (C-8'), 103.5 (C-10), 98.6 (C-10"), 98.5 (C-2), 96.9 (C-8), 95.1 (C-6"), 95.0 (C-6), 94.6 (C-6'), 78.9 (C-2"), 77.5 (C-2'), 71.2 (C-3'), 66.1 (C-3"), 65.8 (C-3), 36.9 (C-4'), 28.5 (C-4"), 27.5 (C-4); LC ESI IT-TOF MS: *m/z* 863 [M-H]⁻.

Protocatechuic acid methyl ester (11) Colorless oil; ¹H-NMR (CD₃OD, 500 MHz): δ 7.43 (1H, d, *J*=2.0 Hz, H-6), 7.41 (1H, dd, *J*=8.5, 2.0 Hz, H-2), 6.81 (1H, d, *J*=8.5 Hz, H-5), 3.84 (3H, s, 7-OCH₃); ¹³C-NMR (CD₃OD, 125 MHz): δ 167.6 (C-7), 150.5 (C-3), 145.0 (C-4), 122.4 (C-1), 121.4 (C-6), 116.2 (C-2), 114.6 (C-5), 51.0 (7-OCH₃); LC ESI IT-TOF MS: *m/z* 167 [M-H]⁻.

DPPH radical scavenging activity – Antioxidant activities of all compounds (**1 - 11**) were evaluated by DPPH and ABTS methods. Free radical DPPH (2,2-diphenyl-1-picrylhydrazyl) solution (100 μM) was incubated with each test compound (100 μL) for 30 min at room temperature, and absorbance was monitored at 517 nm using a Tecan Infinite 200 Pro (Tecan, Männedorf, Switzerland) microplate reader. DPPH radical scavenging activities of all compounds (**1 - 11**) were calculated as following formula: DPPH radical scavenging activity (%)=(1-absorbance of sample/absorbance of control) × 100.

ABTS radical scavenging activity – A solution of ABTS[2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid)] (7.4 mM) and of K₂S₂O₈ (2.45 mM) were mixed and incubated for 16 h in the dark. ABTS/ K₂S₂O₈ solution was diluted in 50% EtOH, mixed with each compounds (**1 - 11**) in different concentrations and distributed into 96-well plates. The stock solution was incubated for 20 min to an absorbance of 0.75 ± 0.05 at 734 nm (UVmini-1240 spectrophotometer, Shimazu, Japan). ABTS radical scavenging activities (%) of all compounds (**1 - 11**) were expressed as a percentage using the following

formula: ABTS radical scavenging activity (%)=(1-absorbance of sample / absorbance of control)×100.

Result and Discussion

The rhizomes of *O. japonica* (2.0 kg) were extracted with 100% MeOH under reflux and evaporated under reduced pressure to give a residue (137.0 g), which was dissolved in water (800 ml) and partitioned with solvent to give *n*-hexane (20.0 g) and H₂O (100.0 g) soluble portions. Purification of the H₂O-soluble fractions by multiple chromatographic steps led to the isolation of eleven known compounds (**1 - 11**), identified as osmundalactone (**1**)⁹ 3,5-dihydroxy-γ-caprolactone (**2**)⁹ osmundalin (**3**)¹⁰ protocatechuic acid (**4**)¹¹ maltol-β-D-glucopyranoside (**5**)¹⁰ caffeic acid 3-*O*-β-D-glucopyranoside (**6**)¹² coumaric acid 4-*O*-β-D-glucopyranoside (**7**)¹³ protocatechuic acid 3-*O*-β-D-glucopyranoside (**8**)¹⁴ ferulic acid 4-*O*-β-D-glucopyranoside (**9**)¹⁵ cinnamtannin B-1 (**10**)¹⁶ and protocatechuic acid methyl ester (**11**)¹⁷ by comparison of their spectroscopic data with previously reported values.

The imbalance between pro-oxidant and antioxidant homeostasis causes multiple diseases.¹⁸ Free radical scavenging is effective for disease prevention, and an important factor in antioxidant defense system.¹⁹ This study was designed to increase the practical value of Korean indigenous plant *O. japonica* by investigating the anti-oxidant activity of isolated compounds (**1 - 11**). Total antioxidant capacity was measured by DPPH and ABTS assays. DPPH is a stable nitrogen synthetic radical, commonly used to measure the hydrogen donating and free radical scavenging activities of sulfur-containing amino acids, aromatic amines. The ABTS assay can be applied to both water-soluble and lipid-soluble compounds, and is used for measuring the antioxidant activities in foods.²⁰ Compounds isolated from *O. japonica* showed comparable results on DPPH and ABTS assays. The SAR (Structure-activity relationship) analysis suggests that compound **11** possessing methoxy group at C-7 showed a better antioxidant effect than **4** and **8** (Table 1). Two phenylpropanoid glycosides, compounds **7** and **8** have similar chemical structures, except that methoxy moiety at C-3, but there was no significant difference shown in the anti-oxidant activity.

Compound **10** exhibited high scavenging activities in both assays. Recent studies have reported that cinnamtannin B-1 reduces endogenous ROS production stimulated by thrombin, modulates Ca²⁺ mobilization in human platelets,²¹ and significantly reduces the oxidant

Table 1. The antioxidant activities of *O. japonica* compounds (**1 - 11**)^a

Compound	IC ₅₀ (μM)	
	DPPH	ABTS
1	>1000	>1000
2	>1000	>1000
3	>1000	>1000
4	153.6 ± 4.21	227.7 ± 2.45
5	>1000	>1000
6	>1000	75.6 ± 1.54
7	237.8 ± 6.31	>1000
8	>1000	120 ± 3.72
9	256.3 ± 5.19	>1000
10	9.1 ± 0.14	16.1 ± 1.45
11	92.4 ± 4.52	107.2 ± 6.23
Ascorbic acid	3.9 ± 0.21	14.1 ± 2.8

^aEach value in the tables is represented as mean ± S.D. (n = 3).

action of H₂O₂ by the decrease in the oxidation of the redox sensitive dye CM-H₂DCFDA on CCK-8-evoked responses in mouse pancreatic acinar cells.²² In addition, our previous study have determined that cinnamatannin B-1 (**10**) is a major compound of *O. japonica*.² Therefore, a Korean indigenous plant *O. japonica* may be considered to be functional and effective material for treatment of various diseases.

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