

Descriptive Patterns of Radiating Pain for Lumbar Herniated Intervertebral Disc

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– Abstract –

Study Design and Objective : To evaluate the descriptive patterns of radiating leg pain due to lumbar herniated intervertebral disc, and the correlation between the patterns and various factors such as age, gender, occupation, education, duration of symptom, straight leg raising test, and degree of disc herniation on magnetic resonance imaging.

Materials and Methods : One hundred and three patients who had lower back pain and radiating leg pain were diagnosed with lumbar herniated intervertebral disc. We investigated the descriptions of their radiating leg pain, and standardized and classified 44 adjective words to 11 groups by the Korean McGill pain questionnaire. We analyzed the frequencies of each word and the correlation between the frequencies and the various factors.

Results : The pattern of pain descriptions tended to exhibit certain characteristic traits. The word 'flashing' was the most common (72.8%), followed by the word 'jerking' (62.1%). Descriptions of most patients included either the word 'flashing' or 'jerking' (92.2%). However, there was no significant relation between the frequencies of each word and any factors ($p > 0.05$, chi-square).

Conclusions : The pattern of patients' descriptions for radiating pain of lumbar herniated intervertebral disc is either the word 'flashing' or 'jerking'. This is a useful description to diagnosis and plan for the treatment of lumbar herniated intervertebral disc.

Key Word : Lumbar Herniated Intervertebral Disc, Radiating pain, Pain descriptions

(non-radicular pain)
(radiating pain)

(sciatica) (radicular pain)

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(referred pain)

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McGill
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 가 가 Dubuisson Melzack⁹⁾ 77% 가 Kim¹⁷⁾ 14,15,16)
 , Leavitt¹⁰⁾ 71 13 93.6% McGill⁴⁾ 가 ,
 가 가 가 가 가 가
 , 11-15 20 , 16 1-10 가 ,
 17~20 , 16 가 ,
 McGill 1983 Lee³⁾ 20 77
 가 (burning) (pricking) McGill
 가 10 41 17
 3 , 11 44
 가 75 (72.8%) 가
 가 64 (62.1%)
 가 12 (11.7%),
 가 10 (9.7%),
 가 5 (4.9%)
 (Pain drawing)¹³⁾, McGill (McGill) 44 (42.8%),
 Pain Questionnaire, MPQ⁴⁾, Oswestry 95 (92.2%)
 (Oswestry Low back Pain Disability Questionnaire) 92.2%

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McGill 11 44

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가 64 (62.1%) 가 가 75 (72.8%), 95 (92.2%)

(p>0.05).

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