11 , 3 , 1998 7

The Journal of the Korean Society of Fractures
Vol.11, No.3, July, 1998

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= Abstract =

Operative Treatment of Clavicle Fracture

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Clavicle fracture is one of the most common fractures and can be treated by conservative methods with a high rate of union and operative treatment itself was regarded as a cause of nonunion.

But recently, we experienced some cases of delayed or nonunion following conservative treatment especially in high energy trauma patient.

So we tried to treat 35 cases of clavicle fractures by open reduction and internal fixation with or without bone graft and analyzed the results.

Results were as following.

- 1. The functional results were excellent in 16 cases(45.7%), good in 13 cases(37.1%), fair in 4 cases(11.4%) and poor in 1 case(0.28%), except 1 case of initial brachial plexus injury.
- 2. Of the 34 cases (except 1 case of nonunion), average time to union was 8.2 weeks in Knowles pin fixation and 8.4 weeks using plate with or without bone graft.

In the treatment of flesh clavicle fracture for early rehabilitation especially in young patients, open reduction and internal fixation is thought to be good method.

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Key Words Clavicle Fracture,

" S "

6,8,11,15,17)

8

1,18,13,26)

7,3,31)

가

가 1 35

1.

2.

가4 8,

2 (Table 1).

3.

Open Reduction & Internal Fixation

Table 1. CAUSE OF INJURY

	Causes	Cases(%)
Traffic Accident	passenger	8
	pedestrian	10
	autobicycle	3
Slip down		8
Fall down		4
Direct trauma		2
Total		35

Table 2. METAL USED IN OPERATION

Semitubular DCP	5
Reconstruction plate	10
Reconstruction plate and interfragment screw	3
Reconstruction plate and wire fixation	4
Intramedullary nailing (Knowles pin)	11
Intramedullary nailing (Knowles pin) and wiring	g 1
K-wire>DCP	1
Total	35

Table 3. PERIODS OF BONE UNION (Except of nonunion 1 case)

Duration(Week)	IM nail (Knowles pin)	Plate
- 6	1	1
6-8	6	13
8-10	4	6
10-12	1	1
12-		1
Average	8.2	8.4

: 13 cases

14 1

4. 10 , 10 3 2 2

5.

1/3 Knowles K-wire 1/3 가 가

35 22 , 12 , K-wire Knowles

S

(Reconstruction plate) 17 , 6 가 (Semitubular DCP)

(drilling) (spatula) 가 12 1 12 23 7 23 가 가

(Table 2). 1 arm sling

> 가 . Knowles 7-10

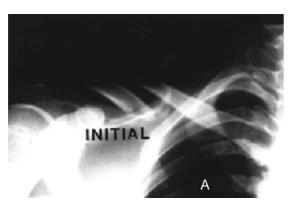
6.

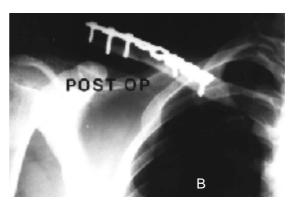
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5 6 3

Knowles 8.2

^{*}Additional Bone Graft





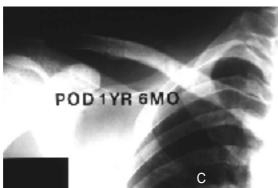
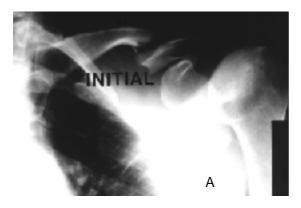
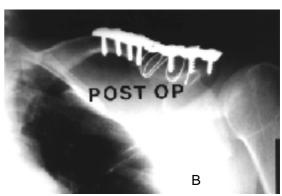


Fig 1-A. Rt. middle 1/3 displaced fx after to fall down

- B. Postoperative A-P view
- C. Postoperative 1 year 6 months film reveals complete union





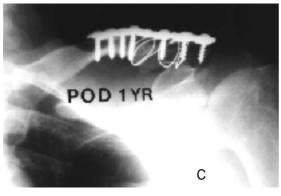


Fig 2-A. Lt. middle 1/3 displaced and comm. fx. by pedestrian injury.

- B. Postoperative AP view
- C. Postoperative 1 year film shows complete union

28

(Fig 2-C)

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8.4
K-wire
                                             K-wire
                                                                                                    가
                                                              8
                                                12.5
                                                                                                     가
                                                                             1,18,10)
   1
                 가
                                    24
            (Table 3).
                          5
                                                           (6,18,9). 1960
                                                                          Neer<sup>18)</sup>
                                                                           2,235
                                                                                          3 (0.1%)
                                                                                                         45
(Excellent), 가
                                                           2 (4.6%)
                                               (Good),
                                                                가
  가
                                    (Fair), 가
                                                                                            가
                     (Poor)
                     13 (37.1%),
가 16 (45.7%),
                                       4 (11.4%),
                                                                                      가
   1 (0.28%)
                                   29 (82.8%)
                                                                 가
                                                                                              (Plaster spica cast,
                                                           Figure of eight bandage, straps, slings, neglect)
     가3 ,
                                                                       가
                                                                                                   4,28)
                                                                                     가
                                                                                                       가
                                                                                             , Rowe <sup>27,25)</sup>
  23
1/3
                                   (Fig 1-A),
                                                     3
                                                (Fig 1-
                                                           1/3
B),
         8
                                                             가
   6
(Fig 1-C),
                                                                               가
  53
1/3
                                                                                          29,30)
(Fig 2-A),
                                                                             가
                                 (Fig 2-B),
                                                             , Johnson<sup>4,12)</sup>
                                     1
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, Paffen-

31)

, Zenni

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Jansen<sup>21)</sup>
                   1400
                              73
                                     K-
                                                                                8.2 ,
                                                            8.4 ,
                                                                                82.8%
   2 (3%)
                                 , Zenni
                                                 800
   25
                                            1
                                                                                                  18, 23, 19)
                                                                                                                2)
                                                                            3)
                                                               1%,
                                                                            가3.5%,
                                                                                                               가
                                                                                  3 (8.5%),
                                                                                                     1 (2.8%)
                    7)
                                        23
                                                                                    24
                                                               1
                                                                           K-
                                                                                12.5
                                  가
                                                            20,12,31)
                             Neviaser<sup>20,19)</sup>
                                 <sup>2,18,14,22)</sup>, K-
    2,18,31,16)
                                      1
                                        1
                                                     1/3
             Knowes pin
       가
                       가
                                          가
                                                                       가
  13
                                                                          가
                       Threaded pin
                        1)
8.5
                                                3)
94%
                                                8.6
    , Steinmanm pin
                                   82%
                        1
                                         Knowles pin
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