

경골 고평부 골절에서 자기 공명 영상을 이용한 골절 형태 및 연부조직 손상의 평가

전지용 · 박희곤 · 황성수

단국대학교 의과대학 정형외과교실

목 적: 경골 고평부 골절에서 단순 방사선 사진과 MRI에서의 골절 형태에 대한 정보를 비교하여 골절 형태와 동반된 연부조직 손상을 평가하여, MRI의 유용성을 알아보고자 하였다.

대상 및 방법: 경골 고평부 골절로 MRI를 시행하였던 68예를 대상으로 단순 방사선 사진과 MRI에서 Schatzker 골절형, 관절면의 함몰, 골절편의 전위를 비교하였고, MRI에서 슬관절부의 연부조직 손상을 조사하였다.

결 과: 단순 방사선 사진의 Schatzker 골절형이 MRI에서 변경된 경우가 7에 있었으며 관절면의 함몰은 단순 방사선 사진에서 평균 2.93 mm, MRI에서 평균 4.28 mm로 1.35 mm 증가되어 통계학적으로 의미가 있었다 ($p < 0.05$). 골절편의 전위는 유의한 차이가 없었다 ($p = 0.168$). MRI에서 인대 및 반월상 연골 손상은 58예 (85.3%)에서 발견되었다.

결 론: 경골 고평부 골절에서 MRI는 추가의 골절선이나 함몰을 발견할 수 있어 골절 분류가 바뀔 수 있고, 관절면의 함몰과 연부 조직 손상에 대한 정보를 제시하여 수술적 치료 계획을 세우는 데 많은 도움이 된다. 경골 고평부 골절 시 수술 전에 MRI를 시행하는 것이 보다 나은 골절 치료와 연부 조직의 치료를 위하여 반드시 필요하다고 생각한다.

색인 단어: 경골 고평부 골절, MRI, Schatzker 골절형

Evaluation of the Patterns of Fractures and the Soft Tissue Injury Using MRI in Tibial Plateau Fractures

Ji-Yong Chun, M.D., Hee-Gon Park, M.D., Sung-Su Hwang, M.D.

Department of Orthopedic Surgery, Dankook University College of Medicine, Cheonan, Korea

Purpose: To compare information about fracture type in MRI with simple radiograph in tibial plateau fractures and evaluate tibial plateau fractures type and accompanying soft tissue injury, and evaluate usefulness of MRI in tibial plateau fractures.

Materials and Methods: Compared MRI with simple radiograph about Schatzker classification, depression of articular surface and displacement of bone fragment from the 68 examples who checked MRI and we evaluated soft tissue injury around knee joint.

Results: There were 7 examples of Schatzker type change after MRI check. Average depression of articular surface in simple radiograph was 2.93 mm and 4.28 mm in MRI. It increased by 1.35 mm and it was meaningful statistically ($p < 0.05$). There was no significant difference between MRI and simple radiograph of displaced bone fragment ($p = 0.168$). There were 58 (85.3%) cases of soft tissue injury in MRI.

Conclusion: MRI can find additional fracture line or articular depression that can't be found in simple radiograph and gives more information about articular depression and soft tissue that is useful in surgical plans. I think preoperative MRI is necessary to better treatment of fracture & treatment of periarticular soft tissue injury in tibial plateau fracture.

Key Words: Tibial plateau fractures, MRI, Schatzker classification

통신저자 : 박 희 곤

16-5

Tel : 041-550-3950 • Fax : 041-556-3238

E-mail : heegon@chol.com

* 2007

Address reprint requests to : Hee-Gon Park, M.D.

Department of Orthopaedic Surgery, Dankook University Medical Center, 16-5, Anseo-dong, Cheonan 330-715, Korea

Tel : 82-41-550-3950 • Fax : 82-41-556-3238

E-mail : heegon@chol.com

서론

6,9,12,15,17,23)

가가

4,8,20)

가가

가

(computed tomography, CT)
(magnetic resonance imaging, MRI) 가

MRI

가

가

MRI

가

MRI

대상 및 방법

1. 연구 대상

1995 9 2005 12

Table 1. Cause of injuries

Cause/patients	Fracture pattern							Total (No.)
	I (6)	II (21)	III (4)	IV (5)	V (11)	VI (18)	Unclassified (3)	
Pedestrian injury	2	7	2	3	2	3	2	21
Driver injury	2	9			3	11	1	26
Fall from height	2	1			1	2		6
Slip down				2	5	1		8
Etc		4	2			1		7

MRI

68

19

76

49

가 46

가 22

가 26 (38%),

가 21 (31%),

8 (12%),

가 6

(9%), 가 7 (10%)

(Table 1).

2. 연구 방법

Schatzker²²⁾

MRI

MRI

가

mm

100 : 115

MRI

1

1

2

MRI 1.5-T imager
(signa: GE medical system, USA)

(TR 2,000/TE 20)

T1 (TR 566/TE20)

(TR 2,000/TE 60)

meniscal view

T1

3 mm

1 mm, (field of view)

16×16 cm

student

t-test, paired t-test, p<0.05

가

Table 2. Schatzker's classification

Schatzker classification	No. of cases	
	Plain X-ray	MRI
I Pure cleavage fracture	6	6
II Cleavage combine with depression	19	20
III Pure central depression	6	4
IV Fracture of the medial condyle	5	5
V Bicondylar fracture	9	11
VI Tibial plateau fracture with dissociation of the tibial metaphysis and diaphysis	18	19
Unclassified	5	3
Total	68	68



Fig. 3. This fracture can't be classified by schatzker classification.

Table 3. Depression measurement

Tibial plateau depression	No. of patients	
	X-ray	MRI
Non-depressed	20	15
0~5 mm	34	33
6~10 mm	12	13
>10 mm	2	7

Table 4. Displacement measurement

Tibial plateau displacement	No. of patients	
	X-ray	MRI
Non-depressed	9	6
0~5 mm	37	32
6~10 mm	15	23
>10 mm	7	7

Table 5. Association between type of internal derangement and tibial plateau fracture pattern

Soft tissue injury Patients (%)	Fracture pattern (patients)						
	I (6)	II (20)	III (4)	IV (5)	V (11)	VI (19)	Unclassified (3)
ACL*	1	6	1	3	1	6	0
PCL [†]	2	6	2	0	3	8	1
MCL [‡]	2	7	1	0	0	9	0
LCL [§]	2	9	2	2	5	6	1
MM	2	5	2	3	0	6	0
LM [¶]	2	5	1	1	2	7	0

*Anterior cruciate ligament, [†]Posterior cruciate ligament, [‡]Medial collateral ligament, [§]Lateral collateral ligament, ^{||}Medial meniscus, [¶]Lateral meniscus

48 (70.6%) MRI
53 (77.9%)
MRI
가 5
5 mm
14 MRI 20 가
(mean=

2.93 mm) MRI (mean=4.28 mm)
가 (p=0.035) (Table 3).
가
59 (86.8%) 5 mm
가 22 (32.4%) MRI
30 (44.1%) 가 (Table 4).
(mean=4.15 mm) MRI
(mean=5.20 mm)
가 (p=0.168).

- MRI 58 (85.3%) MRI가 , MRI
- 18 (26.4%), 22 (32.3%), Schatzker , MRI
- 19 (27.9%), Schatzker , Holt ¹⁰⁾ Schatzker
- 27 (39.7%), AO 가 47.6% MRI ,
- 18 (26.4%) (Table 5). 10.3% (7) 가 MRI
- 고 찰
- 가 1
- 4,8,20) Schatzker
- 4 Schatzker
- 가 MRI가 가
- Moore Harvey¹⁸⁾ Kearns¹¹⁾ 가 MRI
- plateau view . Holt ¹⁰⁾ 가 MRI 34.6%,
- plateau view 가 37%
- 가 CT MRI 20.2%, 31.5%
- 가 1-4,8,10) MRI
- CT MRI
- CT 4,8,13,19) CT
- 가 MRI
- CT 가 MRI
- Barrow ¹⁾ 31 MRI 가 Chang ⁵⁾
- MRI가 CT Ruth²¹⁾ 27 CT
- MRI , AO/OTA 41-B 가 가
- MRI Yacoubian 22
- ²⁴⁾ MRI가 , 55%
- 가 , Holt ¹⁰⁾ 21
- MRI가 48% , Bennett Browner²⁾ 56% , Col-
- () 19% Colletti ⁷⁾ MRI 29
- ch¹⁶⁾ X-ray 66 Mink Deuts- 45%
- 가 55% , 21%
- MRI가 41% , 34%
- 28%

58 (85.3%) . Bennett Browner²⁾
Schatzker 2 4

결 론

MRI 가
가 ,
MRI
가 , MRI
가

참 고 문 헌

- 1) Barrow BA, Fajman WA, Parker LM, Albert MJ, Drvaric DM, Hudson TM: Tibial plateau fractures: evaluation with MR imaging. *Radiographics*, **14**: 553-559, 1994.
- 2) Bennett WF, Browner B: Tibial plateau fractures: a study of associated soft tissue injuries. *J Orthop Trauma*, **8**: 183-188, 1994.
- 3) Brophy DP, O'malley M, Lui D, Denison B, Eustace S: MR imaging of tibial plateau fractures. *Clin Radiol*, **51**: 873-878, 1996.
- 4) Chan PS, Klimkiewicz JJ, Luchetti WT, et al: Impact of CT scan on treatment plan and fracture classification of tibial plateau fractures. *J Orthop Trauma*, **11**: 484-489, 1997.
- 5) Chang SH, Kang JD, Ha PS, Lee JH: Knee ligamentous Injuries combined with tibial condyle fracture: clinical study of 30 patients. *J Korean Surg Soc*, **23**: 722-732, 1988.
- 6) Cho HO, Kwak KD, Lim DH, Ahn SM, Kang KK: The efficacy of MRI in tibial plateau fractures. *J Korean Fracture Soc*, **17**: 122-132, 2004.
- 7) Colletti P, Greenberg H, Terk MR: MR findings in patients with acute tibial plateau fractures. *Comput Med Imaging Graph*, **20**: 389-394, 1996.
- 8) Dias JJ, Stirling AJ, Finlay DB, Gregg PJ: Computerized axial tomography for tibial plateau fractures. *J Bone Joint Surg Br*, **69**: 84-88, 1987.
- 9) Han SH, Yang BG, Kim CH, Ahn TW, Jeong ST: Treatment of the tibial condyle fracture. *J Korean Fracture Soc*, **11**: 214-225, 1998.
- 10) Holt MD, Williams LA, Dent CM: MRI in the management of tibial plateau fractures. *Injury*, **26**: 595-599, 1995.
- 11) Kearns: Radiologic view and quality in the assessment of tibial plateau fracture: Are we missing something? *J Orthop Trauma*, **3**: 167, 1989.
- 12) Kettelkamp DB, Hillberry BM, Murrish DE, Heck DA: Degenerative arthritis of the knee secondary to fracture malunion. *Clin Orthop Relat Res*, **234**: 159-169, 1988.
- 13) Kim JY, Cho WS, Kim RS, Kang BK: Application of computed tomography for tibial condylar fractures. *J of Korean Orthop Surgery*, **22**: 260-268, 1987.
- 14) Kode L, Lieberman JM, Motta AO, Wilber JH, Vasen A, Yagan R: Evaluation of tibial plateau fractures: Efficacy of MR imaging compared with CT. *AJR Am J Roentgenol*, **163**: 141-147, 1994.
- 15) Lansinger O, Bergman B, Korner L, Andersson GB: Tibial condylar fractures: A twenty-year-follow-up. *J Bone Joint Surg Am*, **68**: 13-19, 1986.
- 16) Mink JH, Deutsch AL: Occult cartilage and bone injuries of the knee: detection, classification and assessment with MR imaging. *Radiology*, **170**: 823-829, 1989.
- 17) Moon MS, Woo YK, Shim SS: Tibial plateau fracture. An analysis of the results of treatment in 37 patients. *J of Korean Orthop Surgery*, **24**: 8-14, 1989.
- 18) Moore TM, Harvey JP Jr: Reontgenographic measurement of the tibial plateau depression due to fracture. *J Bone Joint Surg Am*, **56**: 155-160, 1974.
- 19) Raffi M, Firooznia H, Golimbu C, Bonamo J: Computed tomography of tibial plateau fracture. *AJR Am J Roentgenol*, **142**: 1181-1186, 1984.
- 20) Rosen MA, Jackson DW, Berger PE: Occult Osseous Lesions documented by MRI associated with anterior cru-

- ciate ligament ruptures. Arthroscopy, **7**: 45-51, 1991.
- 21) **Ruth JT**: Fractures of the tibial plateau. Am J Knee Surg, **14**: 125-128, 2001.
- 22) **Schatzker J, McBroom R, Bruce D**: The tibial plateau fracture. Clin Orthop Relat Res, **138**: 94-104, 1979.
- 23) **Tscherne H, Lobenhoffer P**: Tibial plateau fractures: Management and expected results. Clin Orthop Relat Res, **292**: 87-100, 1993.
- 23) **Yacoubian SV, Nevins RT, Sallis JG, Potter HG, Lorich DG**: Impact of MRI on treatment plan and fracture classification of tibial plateau fractures. J Orthop Trauma, **16**: 632-637, 2002.